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# Impaired cell fusion and differentiation in placentae from patients with intrauterine growth restriction correlate with reduced levels of HERV envelope genes

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**Abstract** One leading cause of perinatal morbidity and mortality is intrauterine growth restriction (IUGR). Several causes for IUGR have been proposed involving cytotrophoblast dysfunction. Envelope genes of the human endogenous retrovirus (HERV)-W (Syncytin-1), -FRD (Syncytin-2), and -P(b) have fusogenic properties, whereas envelope genes of HERV-R, -V1, and -V2 have putative placental functions. All six HERV envelope genes and three known cellular receptors were analyzed for expression in human control and IUGR placentae (n=38) and in cultured cytotrophoblasts from control and IUGR (n=8) placentae. All envelope genes demonstrated downregulation in IUGR compared to control placentae tissues, which were confirmed with cultured cytotrophoblasts. Examination of the Syncytin-1 and Syncytin-2 receptors ASCT-1/-2 and MFSD2 showed that MFSD2 was significantly expressed lower in IUGR than in control placentae and cytotrophoblasts. A reduction of Syncytin-1 protein expression was

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D. L. Wachter Institute for Pathology, University-Clinic Erlangen, 91054 Erlangen, Germany confirmed for IUGR placentae with immunoblotting and paraffin tissue sections. Embedded placental IUGR tissues showed an overall disorganized syncytiotrophoblast layer with fewer nuclei. Cytotrophoblasts from IUGR placentae demonstrated a lower cell fusion index and nuclei per syncytiotrophoblast in vitro. Fusogenic and non-fusogenic envelope genes are dysregulated in IUGR placentae and may contribute to the etiology of growth restriction in utero.

 $\begin{tabular}{ll} \textbf{Keywords} & Placentogenesis \cdot Cell & fusion \cdot HERV \cdot IUGR \cdot \\ Syncytin-1 \cdot Trophoblast \\ \end{tabular}$ 

#### Introduction

The human placenta represents a temporary organ where cell fusions or syncytia are found. During days 6-11 at the time of human blastocyst implantation, villous cytotrophoblasts (CT) fuse to a multinuclear syncytiotrophoblast (SCT), which is followed by fusion of villous CT into the established SCT for enlargement and maintenance [1]. It is known that low oxygen levels play a role during placentogenesis of the first trimester. However, after the removal of the extravillous trophoblast plugs, which block the spiral arteries, the SCT becomes in direct contact with the normal oxygenated blood from the mother [2, 3]. This specialized SCT functions as the primary feto-maternal interface or barrier essential for nutrient, gas, and waste exchange [4]. Intrauterine growth restriction (IUGR) occurs with an incidence from 4% to 7% live births and remains one major perinatal problem, causing morbidity and mortality of mother and fetus [5, 6]. It is widely accepted that next to infections, maternal diseases, and chromosomal abnormalities, a lack of nutrients and oxygen could lead to IUGR, as

well as impaired fetal-placental angiogenesis [7, 8]. Previously, the measurement of chorionic villi surface areas demonstrated lower values for IUGR (~8.2 m²) compared to control placentae (~10 m²), resulting in a smaller interface between maternal and fetal tissues [9]. In addition, IUGR placentae showed an abnormal cellular development of trophoblasts, like lower amounts of CT and more apoptotic SCT [9–11].

Human endogenous retroviruses (HERVs) comprise approximately 8% of the human genome. HERV sequences have homologies to known retroviruses and originated from infections of germ cell lines followed by recombinations, insertions, mutations, and deletions within the host DNA. Over 30,000 HERV elements have been grouped into more than 80 families according to sequence homologies [12, 13]. The envelope (env) gene of HERV-W (chromosome 7q21.2), called Syncytin-1, was the first to be recognized as essential for mediating trophoblast cell fusion events [14, 15]. Interestingly, using cell culture with various oxygen levels from 1% to 20%, Syncytin-1 gene expression can be regulated [16–20].

Furthermore, the Na<sup>+</sup>-dependent transporters for neutral amino acids ASCT-2 (SLC1A5) and ASCT-1 (SLC1A4) were also demonstrated as essential for cell fusions, probably by serving as receptors for Syncytin-1 [21]. Recently, two more HERV env genes capable of inducing cell fusions have been identified: HERV-FRD or Syncytin-2 on chromosome 6p24.1 and HERV-P(b) at 14q32.12, which we presently propose to name Syncytin-3 due to its cell fusion ability (Fig. 1a, Supplemental Table 1a in ESM 1).

In addition to placenta, syncytial cells were also found in human endometrial and breast carcinomas, with Syncytin-1 overexpressed [22, 23]. Furthermore, a role for Syncytin-1 mediating fusions was demonstrated for both human endometrial and breast carcinoma cells in vitro. Cancer cell fusions in vitro and in vivo have also been demonstrated to occur between different cell types, e.g., tumor cells and bone marrow-derived cells where these fusions have been implicated in metastasis [24]. Syncytin-2 was detected in villous CT and shown to induce cell fusions using an in vitro cell culture assay with human cancer cells similar to Syncytin-1 [25, 26]. A placenta-specific receptor for Syncytin-2 was identified as a major facilitator superfamily domain containing 2 (MFSD2) gene, which belongs to the large family of putative carbohydrate transporters. MFSD2 was specifically expressed in human placentae and mainly in SCT [27]. The more widely expressed Syncytin-3 was also found fusogenic in cell culture, even with other species than humans [28]. A receptor for Syncytin-3 has not been identified to date.

In addition to the fusogenic Syncytin-1,-2, and -3 env genes, other HERV env genes were found expressed in human placentae. For example, HERV-R or ERV3 (endog-

enous retroviral sequence 3) mRNAs are abundant in human placental chorion [29] but also expressed in normal and malignant tissues [30]. Although the evolutionary conservation of the envERV3 implies a favorable function, the loss of envERV3 in new world primates and gorillas and the detection of a stop-codon polymorphism in humans leading to a truncated env protein have been proposed against an essential role for survival and reproduction [31, 32]. Recently, HERV-V1 and HERV-V2 along with their respective env genes envV1 and envV2 were located on chromosome 19q13.41 with only ~34 kb between both HERVs [33]. Both envV1 and envV2 were found highly identical with variations only at the C terminus. Recent expression analysis of envV1/V2 demonstrated exclusive expression in the placenta [28, 33].

The aim of this study was to determine if different expression levels of the three fusogenic Syncytin genes and the receptors ASCT-1, -2, and MFSD2, as well as envERV3, envV1, and envV2, contribute to the placental dysfunction in IUGR. In addition, isolated and cultivated CT from control and IUGR placentae were used to determine (1) if the same HERV env expression levels compared to primary placentas and (2) if dysregulated cell fusion occurred using normal cell culture conditions.

#### Materials and methods

Patient and tissue collective

The diagnosis of IUGR was based on elevated pulsatility index (PI) in the uterine arteries and/or early diastolic notches in both uterine arteries, elevated PI in umbilical arteries, elevated head/abdomen ratio, reduced amniotic fluid index and longitudinal measurements of reduced growth of the fetal abdominal circumference (<5 mm/ week), and cross-sectional records of the estimated fetal weight below the tenth percentile [34]. With the approval of the Ethics Committee at the University of Erlangen-Nuremberg, a total of 46 human placentae were obtained from 23 controls and 23 patients solely with IUGR and no other disease, like cancer, diabetes, preeclampsia, or HELLP-syndrome, after elective Cesarean section. The clinical data of the control cohort and patients with IUGR are presented in Table 1. A biopsy was obtained near the cord from every placenta. Placental tissues for RNA and protein analyses (19 tissues from control and 19 from IUGR placentae) were snap frozen in liquid nitrogen and stored at -80°C until further use. In addition, from the 19 control and 19 IUGR placentas, six probes of three control and three IUGR placentae were formalin fixed for immunohistochemistry analyses (see below). Besides the 19 control and 19 IUGR placentae, four additional control

Fig. 1 a Comparison of Syncytin-1, -2, and -3 with its SU and TM units divided by the putative protease site recognized by the consensus site RXR/KR or RR/KXR (X represents any amino acid). Numbers represent amino acid positions; with the N-terminal signal peptide, the immunosuppressive (squares), the transmembrane (dark), and cytoplasmatic domain (dashed). In addition, the putative disulfide sites (CW/YXC, CX<sub>6</sub>CC) are indicated. **b** Fifteen micrograms of cell lysates from four control and four IUGR placentae were analyzed on a 7.5-12.5% or 7.5-15% gradient SDS-PAGE and hybridized with a SUspecific Syncytin-1 (gp50<sup>SU</sup>), β-actin, and RPS14 antibodies. \* represents the Syncytin-1 precursor (gPr66-env) proteins. In addition, the membrane was stained with amido black to detect core histones for equal protein loading and transfer. Left numbers indicate the sizes in kilo-Dalton (kD). c Syncytin-1 (gp50) expression of control and IUGR placentae of immunoblots in Fig. 1b was quantified after normalization against core histones and either β-actin (black) or RPS14 (grey). Note the similar band intensities between β-actin and RPS14

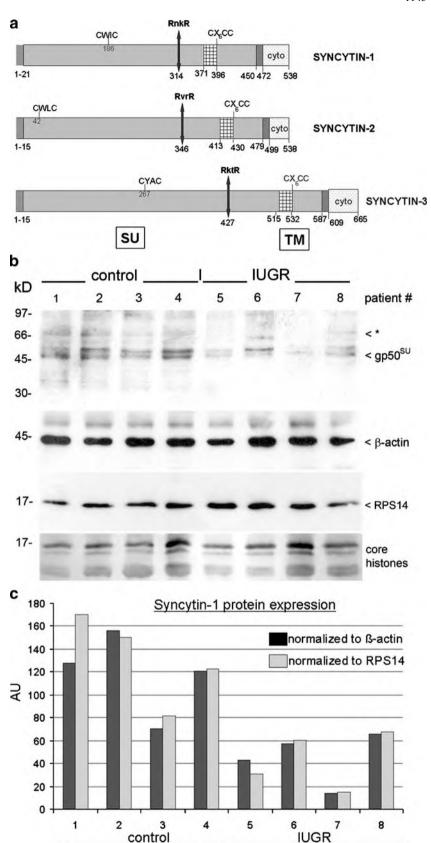


Table 1 Clinical characteristics

All pla trophob	centae + olasts	Birth weight (g)	Placenta weight (g)	Age mother (year)	Week of gestation (weeks week +	on and	Gravidity	Parity	Glucose child (mg/dl)	Glucose mother (mg/dl)
n=23	Control	2,800.05	567.27	30.29	37.15	37+1	2.00	0.47	86.33	86.13
	SEM	$\pm 226.12$	±26.35	$\pm 1.44$	$\pm 0.73$	$\pm 0 + 5$	$\pm 0.27$	$\pm 0.17$	$\pm 8.51$	$\pm 5.71$
n=23	IUGR	1,952.63	363.33	29.85	36.39	36+3	1.79	0.68	57.55	86.23
	SEM	$\pm 138.27$	$\pm 73.60$	±1.43	$\pm 0.69$	$\pm 0 + 5$	$\pm 0.22$	$\pm 0.21$	±5.33	±5.29
	P	0.000369**	0.01034*	0.829984	0.222	9610	0.616308	0.616308	0.015897*	0.971773

<sup>\*</sup>P<0.05 (significant)

and four IUGR placentae were used for CT fractionations (see below); thus, the total number of control placentae was 23 and of IUGR placentae was 23 (Table 1).

#### RNA extraction and cDNA synthesis

Total RNA was extracted from 50 to 100 mg of frozen placental tissues according to Strick et al. and Langbein et al. [23, 35]. For expression analysis, RNA was pre-treated with DNase I (Sigma-Aldrich, Germany), and cDNA was generated with the High Capacity cDNA Kit (Applied Biosystems (ABI), Germany) in a thermal cycler (ABI2720) for 2 h at 37°C.

## Semi and absolute quantitative real-time PCR

Supplemental Table 1a in ESM 1 shows specific primers of the env genes Syncytin-1, -2, and -3, envERV3, envV1, and envV2 used for cloning PCR fragments into TopoTA vectors (Invitrogen). The DNA of the cloned env genes with known copy numbers was used as an external standard to generate a standard curve with the cycle threshold  $(C_T)$ value against the log of amount of standard (ABI7300). Quantitative real-time PCR (qPCR) with specific primers were then used to quantitate all env genes of placentae and trophoblasts (40 ng cDNA/well) with SYBR-green technology (Supplemental Table 1a in ESM 1). Amplification of 18S-rRNA (TF 5' GCAATTATTCCCCATGAACG and BR 5' GGCCTCACTAAACCATCCAA) and β-actin (TF 5' TCACCATTGGCAATGAGCGG and 5' BR: GATGTC CACGTCACACTT CAT) was used for normalization of the different samples using each 1 ng cDNA/well. The normalization with 18S-rRNA ( $C_T$ =12.7) and  $\beta$ -actin ( $C_T$ = 23.3) showed the same results in env gene expression. Importantly, a similar PCR efficiency (over 97%) between all env genes was needed in order for comparison. Similar standard curves of all env genes were obtained for the SYBR-green based qPCR with the following slopes and calculations (Supplemental Table 1b in ESM 1). The analysis of the Syncytin-1 and -2 receptors was performed

using semiquantitative TaqMan assays (Applied Biosystems) for ASCT-1 (exon 7-8), ASCT-2 (exon 1-2), and MFSD2 (exon 13-14) using placentae and trophoblasts with 50 ng cDNA/well. Co-amplification of 18S-rRNA (Applied Biosystems) and one control cDNA as internal control were used for a standard curve in semi-quantitation analysis.

#### Immunoblot analysis

Proteins were isolated from frozen placenta tissues according to Strick et al. [23]. Fifteen micrograms of cell lysates were resolved on a 7.5-12.5% or 7.5-15% acrylamide gradient SDS-gel, transferred to a NC membrane using a CAPStransfer buffer according to Strick et al. and Langbein et al. [23, 35]. In order to verify overall protein content per placenta lysate, membranes were stained after transfer with amido black (Sigma-Aldrich). The membranes were incubated with a Syncytin-1 SU-specific monoclonal antibody (clone 4F10; 1:1,000; Abnova, Tebu-Bio, Offenbach, Germany). A secondary peroxidase-labeled monoclonal antibody was used for detection (1:1,000; Sigma-Aldrich). Blots were stripped and incubated with β-actin monoclonal antibody (1:1,000; Cell Signaling, Frankfurt, Germany), or blots were incubated with RPS14 polyclonal antibody (1:1,000; Abcam, Cambridge, UK) for normalization. RPS14 is essential for the correct processing of 20S- to 18S-rRNA and therefore can be used for a direct comparison of real-time PCR (normalization against 18S-rRNA) and immunoblots. Normalizations of protein band intensities were first done against core histones and then either against  $\beta$ -actin or RPS14 using ImageJ<sup>®</sup>.

# Fractionation and cultivation of cytotrophoblasts

Human CT was isolated using the well-established trypsin-DNase-Dispase/Percoll method [20, 35–37] from four independent control and four IUGR placentae and cryopreserved in liquid nitrogen. We analyzed the specific Percoll gradient cell fraction (1.048 to 1.062 g/ml density) with the following results: (1) CT viability was routinely >85%

<sup>\*\*</sup>P<0.005 (highly significant)

using trypan blue exclusion; (2) using multiple FACS (FACSCalibur, BD Biosciences) analyses of each of the four control and four IUGR fractionated CT met specific requirements. For example, we determined that 10-13.3% of the fractions were HLA-A,B,C+(mononuclear blood cells, fibroblasts, and other rare cell types) and 86.6-90% HLA-A,B,C negative (Suppl. Fig. 1a in ESM 1). In addition, fractionated cells were 95.5-97.6% CK7+ (many epithelial cells) and 2.4-4.5% CD45+ (mononuclear blood cells) [CK7/PE (clone 5F282), Santa Cruz Bio., Heidelberg, Germany (1:20); HLA-A,B,C/PE (cloneW6/32), Biolegend, Uithoorn, Netherlands (1:10); CD45/FITC, Miltenyi Biotec, Berg. Gladbach, Germany (1:10)] (Suppl. Fig. 1b in ESM 1). Therefore, 86.6-90% of the fractionated cells were trophoblastic cells and 10–13.3% non-trophoblastic. A further FACS analysis using propidium iodide (Sigma; 50 μg/ml), specific for DNA content, resulted in 6.8–8.5% multinucleated fractured syncytial fragments. On the other hand, an estimation of fractured syncytial fragments with one or two nuclei could not be performed (Supplemental Fig. 1c in ESM 1). However, all fractured syncytial cellular fragments, non-adherent cells, and debris were removed initially after 4 h and then every 24 h with a media change [38]; (3) following the seeding of 300,000 viable cells per square centimeter (trypan blue negative) in Dulbecco's Modified Eagle's Medium supplemented with 10% fetal calf serum, 20 mM Hepes, 2 mM L-glutamine, penicillin/ streptomycin (100 U/ml, 100 µg/ml), and non-essential amino acids in a humidified 5% CO<sub>2</sub> environment at 37°C, CT were cultivated for 3 days. After 3 days of culturing, CT were routinely assessed by immunohistochemistry for CK7 and Vimentin (non-epithelial cells) [35]. In general control and IUGR CT were approximately 95% CK7+ and up to 5% Vimentin+.

Assessment of fused cells by May-Gruenwald-Giemsa and membrane staining

CT cultures at day 3 were analyzed microscopically for cell fusions using two methodologies: (1) May-Gruenwald-Giemsa staining (Sigma-Aldrich) and (2) wheat germ agglutinin (Alexa 594) plasma membrane stain along with the nuclear stain Hoechst 33342 (Molecular Probes, Karlsruhe, Germany) according to Strick et al. and Langbein et al. [23, 35]. Eight different visual fields from each CT culture from control (n=4) and IUGR placentae (n=4) were analyzed to determine the fusion index (FI) and the number of nuclei/SCT by two independent researchers. The FI was calculated according to the formula FI=[(N-S)/T]×100, where N represented the amount of nuclei in SCT, S the quantity of SCT, and T the total nuclei. Analysis was performed by microscopy (Zeiss, IM35) with different objective lenses (10× Neofluor 10/0.30 and 20× LWD

160/0-2). Images were acquired with a digital camera (Canon EOS400D) under the same camera adjustments (aperture and shutter speed) for control and IUGR and were processed identically with computer software (Photoshop CS3). The measurement of total human chorionic gonadotropin ( $\beta$ -hCG) as a biochemical differentiation marker was performed with an Immulite2000 (DPC) [39, 40].

Hematoxylin/eosin staining of paraffin-embedded placentae

Three control and three IUGR placentae probes were fixed in 10% formalin for 1 h, washed several times with ethanol (70–100%) for 5.5 h and xylol (2.5 h), and embedded into paraffin (2 h). Hematoxylin/eosin staining was performed by automation (Gemini, Shandon Varistain) following deparaffinization with xylol for 10 min, washed with ethanol and water, and then stained with hematoxylin gill #3 (3 min) and eosin (20 s). Eighteen microscopic regions with two to three villi (more than 36 villi per placenta) were analyzed as nuclei per millimeter. The calculation of nuclei per SCT in longitudinal cuts of anchoring and floating villi of control and IUGR placentae was performed for a total of 108 villi for control and 108 villi for IUGR.

Fast Red-hematoxylin staining (Zytomed Systems, Berlin, Germany)

Placentae probes were deparaffinized with xylol and rehydrated to 70% ethanol, washed in 0.1 M Tris-HCl pH 8.6, and pre-treated with Target Retrieval Solution (pH 9; Dako, Hamburg, Germany). Probes were blocked in Blocking Solution (Reagent I) for 5 min and incubated overnight at room temperature (RT) with 1:100 diluted Syncytin-1 SU-specific polyclonal antibody (Biozol, Germany). After washes with Tris-HCl pH 8.6, probes were blocked with PostBlock (Reagent II) for 30 min at RT, treated with two drops of Brij®, and incubated with AP-Polymer (Reagent III) for 30 min at RT. Probes were stained with filtered Fast Red staining solution (2 mg Naphtol-AS-MX-Phosphat, 0.2 ml N,N-dimethylformamide, 9.8 ml 0.1 M Tris-HCl pH 8.6, 10 µl 1 M Levamisole for inhibition of endogenous phosphatase activity, 10 mg Fast Red) for 20 min at RT (Zytomed Systems, Berlin, Germany). Probes were washed briefly under floating water and counterstained with a Hämalaun Mayer solution for 10 s. As a negative control, the same procedure was done without the primary antibody Syncytin-1. The fluorescent analyses were performed with filters at 670 nm. Probe analyses and image acquisition were performed as described in the May-Gruenwald-Giemsa and fluorescent membrane staining protocols.

## Statistical analysis

The nonparametric Mann–Whitney test for independent samples was performed using SPSS 16.0.2. (SPSS, Inc.). For all tests, a P<0.05 was considered as statistically significant. For each mean value, a standard error of the mean was calculated using SPSS 16.0.2.

#### Results

As expected the birth and placenta weight of IUGR newborns showed a significant difference as compared to the control cohort. Both cohorts had similar ages, gravidity, and parity; however, the glucose concentration of IUGR newborns was significantly lower (Table 1). Comparing the absolute expression of env genes by qPCR demonstrated that Syncytin-1 was expressed the highest in control placentae in the following order: Syncytin-1 > envERV3 > Syncytin-2 > envV2 > envV1 > Syncytin-3. Importantly, the expression levels were similar after normalization for 18S-rRNA (Table 2 and Fig. 2) and  $\beta$ -actin (data not shown).

Regarding only the fusogenic env genes (Syncytin-1, -2, -3), Syncytin-1 expression was 10- and 145-fold higher than Syncytin-2 and Syncytin-3 levels, respectively (Fig. 2, Table 2). In IUGR placentae, not only the order of expression was changed for envV1 and envV2 compared to control primary tissues (Syncytin-1 > envERV3 > Syncytin-2 > envV1 > envV2 > Syncytin-3), but a significant lower expression for Syncytin-1 (2.1-fold), Syncytin-2 (4.7-fold), envV1 (twofold), and envV2 (sixfold) was found (Fig. 2, Table 2). In general, all three fusogenic env genes together were 2.2-fold expressed lower in IUGR placentae (686.84 to 308.53 molecules/ng, P=0.000036) and all six env genes 1.7-fold lower (957.75) to 560.17 molecules/ng, P=0.012959) compared to control placentae (Table 2). Furthermore, a lowered protein expression of Syncytin-1 in IUGR placental tissue (n=4)compared to control placenta (n=4) was confirmed with immunoblot analysis using a Syncytin-1 SU-specific monoclonal antibody (Fig. 1b). Control placentae showed more processed Syncytin-1 SU-protein (gp50) and the Syncytin-1 precursor protein (gPr66) than the IUGR placenta extracts. Among all four IUGR placentae compared to four controls, Syncytin-1 protein (SU=gp50) levels following normalization against core histones and β-actin resulted in 62.1% less protein; and against core histones and RPS14 66.8% less protein (averaged normalized values; Fig. 1b, c).

Fractionated CT from control (n=4) and IUGR placentae (n=4) were cultured for 3 days and then analyzed for HERV env expression. Control placental CT demonstrated

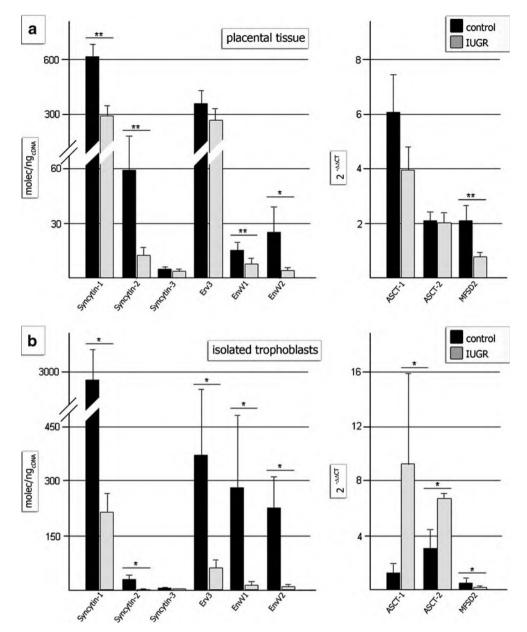
 Table 2
 Gene expression of all six env in control and IUGR placentae and isolated trophoblasts

		Syncytin-1	Syncytin-2	Syncytin-3	Sum of Syncytin-1+2+3	envErv3	envV1	envV2	Sum of all env
Placenta	lacenta tissues								
n = 19	Control	623.84	58.53	4.37	686.84	365.32	14.59	24.63	957.75
	SEM	±65.46	±17.86	±0.88	±74.44	±70.87	±3.85	±13.46	±114.74
n = 19	IUGR	292.68	12.32	3.42	308.53	269.32	7.46	4.05	560.17
	SEM	±49.54	±4.05	±1.14	±53.20	±58.99	±2.92	±1.47	±89.40
	P	0.000283**	0.000188**	0.310719	0.000036**	0.212005	0.002476**	0.02527*	0.012959*
Isolated	Isolated trophoblasts								
n=4	Control	2,827.00	29.00	3.50	2,859.25	550.00	414.13	230.48	4,053.85
	SEM	$\pm 676.81$	±11.72	±0.64	±687.03	$\pm 184.02$	±199.70	±85.55	$\pm 1,019.62$
n=4	IUGR	219.50	1.25	2.25	223.00	72.75	14.90	7.98	318.55
	SEM	±51.21	$\pm 0.25$	±1.03	±50.81	±21.51	∓6.65	±3.13	±45.60
	Ь	0.020921*	0.017249*	0.374857	0.020921*	0.020921*	0.020921*	0.020921*	0.020921*

All values are in molecules per nanogram total cDNA  $^*P{<}0.05$  (significant)

\*P<0.005 (hi¤hlv significan

Fig. 2 Bar graphs representing data from Tables 2 and 3. Shown are absolute molecules per nanogram cDNA calculated by qPCR for the six different HERV env genes and three receptors using semiquantitative real time PCR. a Placental tissues from control and IUGR; b fractionated trophoblasts from control and IUGR placentae analyzed at day 3 of culturing. \* Significant, \*\* highly significant differences



that Syncytin-1 and envERV3 were expressed the highest among all env genes in the following hierarchy: Syncytin-1 > envErv3 > envV1 > envV2 > Syncytin-2 > Syncytin-3 (Table 2, Fig. 2 with 18S-rRNA and  $\beta$ -actin; data not shown). Comparing expression levels to primary control tissues showed differences. For example, Syncytin-1 and envERV expression was 4.5- and 1.5-fold higher in cultured control CT compared to control placentae, respectively (Table 2). In addition, control CT had higher envV1 (28.5-fold) and envV2 (9.6-fold) levels compared to control placentae. Syncytin-2 and -3 CT expression values were comparable to primary control tissues (Table 2, Fig. 2).

Although the hierarchy of env gene expression in isolated CT from IUGR placentae was almost similar to CT from control placentae (Syncytin-1 > envErv3 > envV1

> envV2 > Syncytin-3 > Syncytin-2), env expression values were lower; for example, Syncytin-1 and envErv3 were 12.88- and 7.56-fold lower compared to control CT, respectively. Except for Syncytin-3, the env expression differences between control and IUGR fractionated CT were similar but more dramatically decreased than between control and IUGR primary tissues. (Table 2). Syncytin-1, -2, -3 together were 12.8-fold lower expressed in IUGR CT (2,859.25 to 223.00 molecules/ng, P=0.020921) and all six env genes 12.7-fold lower (4,053.85 to 318.55 molecules/ng, P=0.020921) compared to control CT (Table 2).

Analyzing the ratios of the Syncytin-1 receptors ASCT-1 and -2 were not significantly different between the control and IUGR placentae; however, the Syncytin-2 receptor MFSD2 was significantly 2.7-fold downregulated in IUGR

placentae (Table 3, Fig. 2). In contrast, in isolated IUGR CT cultivated for 3 days, a significant higher expression level was found for ASCT-1 (9.8-fold) and ASCT-2 (2.2fold) than in control CT (Table 3). Similar to primary placentae, the Syncytin-2 receptor MFSD2 demonstrated a significant reduction of expression in IUGR CT compared to control CT (Table 3, Fig. 2). In addition, β-hCG levels as a marker for CT differentiation were determined from each CT culture supernatant after 3 days and revealed 80.2-fold higher concentrations for control CT when compared to IUGR CT (Fig. 3b). Comparing the mean fusion index of isolated CT from control placentae (n=4) and IUGR placentae (n=4) showed a significant ~20% lower fusion level in IUGR CT (83.16% to 63.24%). A simultaneous analysis of the mean amount of nuclei per SCT after 3-day cultures demonstrated a non-significant higher nuclei number for isolated CT from control placentae (n=4; 10.7 nuclei per SCT) compared to IUGR placentae (n=4; 8.55 nuclei per SCT; Fig. 3).

A comparative analysis of paraffin-embedded placentae from control and IUGR patients revealed similar results to isolated and cultivated CT concerning the SCT formation and nuclei/SCT amount. Nuclei of SCT in anchoring and floating villi from IUGR placentae had a more disorganized appearance than control placentae, where nuclei looked more like a "string of beads" (Fig. 4). A calculation of nuclei per SCT in 36 villi total per placentae revealed that IUGR placentae (n=3) had significantly 25.6% less nuclei present than control placentae (n=3; control:  $51.5\pm1.66$ nuclei/mm and IUGR  $38.3\pm1.16$  nuclei/mm; P=0.00000003; Fig. 4). A further analysis of deparaffinized probes from control and IUGR placentae for Syncytin-1 expression and villi characteristics was performed with a Syncytin-1 polyclonal antibody (SU-specific) and Fast Red-hematoxylin (Fig. 5). A comparison of Syncytin-1 expression revealed an overall stronger signal in the control placentae than IUGR placentae, supporting our immunoblot

**Table 3** Gene expression of the cellular receptors of Syncytin-1 and -2

		ASCT-1 $(2^{-\Delta\Delta CT})$	ASCT-2 $(2^{-\Delta\Delta CT})$	MFSD2 $(2^{-\Delta\Delta CT})$
Placenta tiss	sues			
n = 19	Control	6.02	2.06	2.05
	SEM	±1.34	±0.28	±0.54
(n=19)	IUGR	3.94	2.01	0.76
	SEM	$\pm 0.84$	$\pm 0.34$	±0.12
	P	0.310719	0.686145	0.002222**
Isolated trop	phoblasts			
n=4	Control	1.15	3.00	0.67
	SEM	±0.65	±1.25	±0.33
n=4	IUGR	11.23	6.71	0.18
	SEM	±6.63	±0.29	$\pm 0.08$
	P	0.020921*	0.043308*	0.043308*

Syncytin-1 analysis (Fig. 1b). Syncytin-1 showed an intense membrane staining at the villi and appeared more concentrated at the apical site of the SCT.

#### **Discussion**

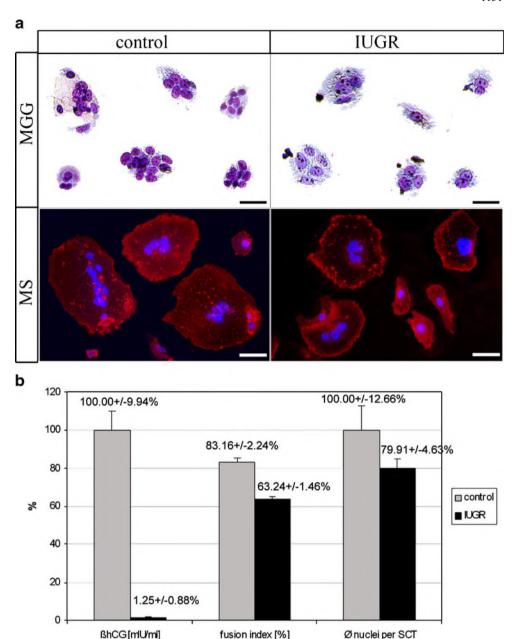
Gene expression analysis comparing six env genes in control term placentae demonstrated Syncytin-1 with the highest and Syncytin-3 with the lowest expression levels (Table 2). Syncytin-1, -2, and -3 genes were previously demonstrated to induce cell fusions in vitro [15, 25, 28, 41]. Although similar in function, this study demonstrated great variations between their expression levels in primary placental tissues where Syncytin-1 was tenfold higher expressed than Syncytin-2 and 145-fold higher than Syncytin-3. Another study also found a lower expression of Syncytin-2 compared to Syncytin-1 in human placenta, but only with a  $\sim$ 2.7-fold difference [42]. The differences in expression of the three fusing env genes after 3-day cultivation of control CT were more dramatic than in control placental tissue where Syncytin-1 was 97.5-fold higher expressed than Syncytin-2 and 807.7-fold more than Syncytin-3, which could be explained by fractionation of CT.

As shown with Syncytin-1 transfections, Syncytin-1 antibodies, and specific siRNAs, Syncytin-1 is considered the cardinal gene for cell fusions [15, 22, 23, 43, 44]. Syncytin-1 was detected in villous and extravillous CT and SCT, but Syncytin-2 was only detected in villous CT by immunohistochemistry, supporting that Syncytin-2 plays a possible role in the initial part of CT fusion [26, 41]. The different expression pattern of Syncytin-2, but also of its receptor MFSD2, which is specifically expressed in trophoblasts supports their role in the CT to SCT fusion or with the in-fusion process maintaining the organization of the syncytiotrophoblast [1, 27]. Syncytin-3 was also

<sup>\*</sup>P<0.05 (significant)

<sup>\*\*</sup>P<0.005 (highly significant)

Fig. 3 a Fractionated CT from control and IUGR placentae were cultivated for 3 days and analyzed for spontaneous cellcell fusion (SCT) by May-Grunwald-Giemsa (MGG) staining and microscopy. Note the different amounts of nuclei per SCT. In addition, CT were stained with a specific cell membrane stain (MS) of wheat germ agglutinin with Alexa 594 and nuclear Hoechst 33342 stain. Bars represent 50 µm. **b** Histogram of β-hCG, fusion index, and mean number nuclei per SCT in % of control trophoblasts (n=4) and IUGR trophoblasts (n=4). Absolute values for β-hCG were control. 4,077.50±405.52 mIU/ml SEM; IUGR 50.86±36.18 mIU/ml SEM (P=0.02092); and for mean nuclei per SCT control 10.7±1.35 SEM; IUGR 8.55± 0.49 SEM (P=0.11384). The Pvalue for the fusion index was P=0.001566

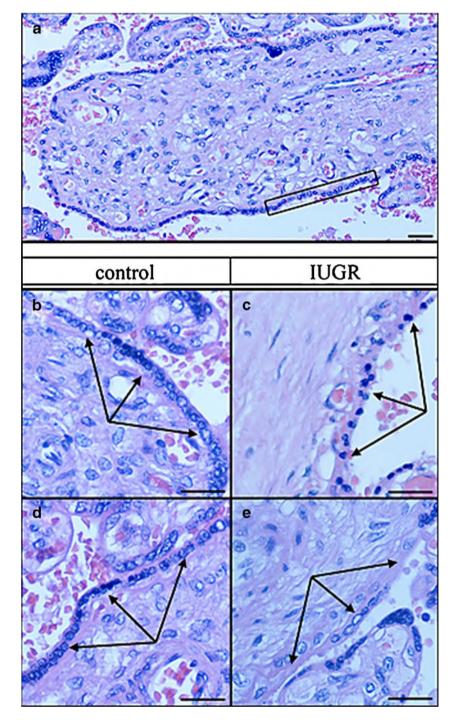


detected in other tissues than placentae, and to date, it is unclear which role Syncytin-3 plays in CT fusions and which placental cells express Syncytin-3. However, in vitro experiments showed that villous CT and possibly SCT express Syncytin-3 [28]. All of the above support that the different expression levels of the three Syncytin genes points to distinct functions during the cell fusion process in time, cell type, or localization of the placenta.

In previous studies, Syncytin-1 expression was found decreased in placentae from preeclampsia and HELLP patients associated with IUGR [17, 35, 45]. In this investigation, we determined significantly lower Syncytin-1 levels at the RNA and protein levels solely in IUGR placentae compared to control placentae (Table 2 and Figs. 1, 2, and 5). Importantly, Syncytin-2 expression levels

were also decreased in IUGR placentae. Calculating the absolute number of all three fusogenic Syncytins, a significantly 2.2- or 12.8-fold more molecules of Syncytin-1/-2/-3 per nanogram of total cDNA were found in control placentae compared to IUGR placentae and control CT compared to IUGR CT, respectively (Table 2). These differences in fusogenic Syncytins could be linked to IUGR etiology. For example, lower expression of Syncytin-1 and -2 in IUGR placentae and CT could be the cause for the significantly lower cell fusion index in IUGR CT (Fig. 3). Although substantially reduced levels of Syncytin-1 and -2 in IUGR CT were detected, we only observed a ~20% decrease of the IUGR CT cell fusion index and nuclei/SCT along with an equivalent 25.6% lower nuclei amount in paraffin-embedded IUGR placentae (Figs. 3, 4).

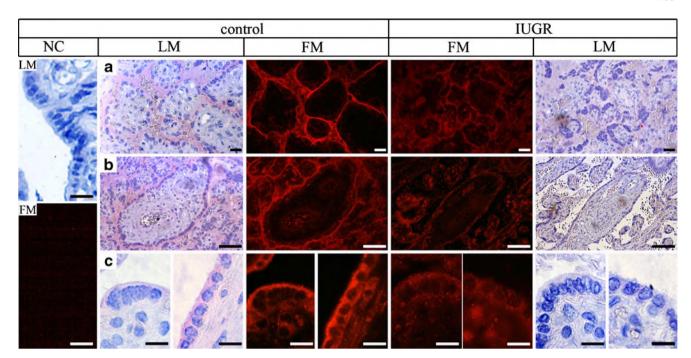
Fig. 4 Paraffin-embedded placentae from control and IUGR patients were stained with hematoxylin and eosin. a Example of villi of a control placenta with the SCT layer. *Rectangle* that displays 500 μm in length was used for counting SCT nuclei. b, d Zoom of control SCT and c, e zoom of IUGR SCT. Note the different nuclei organization and quantity (*arrows*). *Bars* represent 100 μm



In addition, the more disorganized appearance of the SCT layer in the paraffin-embedded IUGR villi could ultimately contribute to an aberrant nutrient—gas exchange at the IUGR maternal-fetal membrane. These results demonstrate that IUGR CT can still mediate cell fusions (index of 63.24%) despite greatly reduced amounts of fusogenic Syncytin-1 and -2. It is important to note that Syncytin-3 concentrations remained unchanged between control and IUGR placentae and CT and therefore seem not to play a role in the molecular etiology of IUGR. In addition to

fusogenic Syncytins and their receptors, several other mechanisms and proteins have been proposed to be involved in CT fusion like (1) a phosphatidyl serine flip [46], (2) connexin 43 [47], (3) cadherin 11 [48], (4) CD98 and the ligand galectin 3 [49], and (5) caspase 8, which plays a role in a small time window just shortly before cell fusion [50, 51].

The regulatory mechanisms of Syncytin-1 and -2 gene expression are still under investigation. Many regulatory elements critical for the transcriptional regulation have been



**Fig. 5** a–c Paraffin-embedded placentae from control and IUGR patients were deparaffinized and incubated with Syncytin-1 polyclonal antibody against the SU-domain, stained with Fast Red–Hematoxylin, and visualized with light microscopy (*LM*) and fluorescence micros-

copy (FM) at 670 nm. Note the decreased Syncytin-1 protein signal in IUGR tissue. Bars represent 50 (A, B) and 100  $\mu$ m (C). Negative control (NC) for Fast Red staining was performed in the absence of the primary (Syncytin-1) antibody

proposed for HERV-W, e.g., the CCAAT motif and the octamer protein binding site of the promoter region in the 5'-long terminal repeat (LTR) [52]. Upstream of the 5'LTR are binding sites for the transcription factor Glia Cell Missing a (GCMa) which enhances Syncytin-1 expression as demonstrated in the choriocarcinoma cell lines BeWo and JEG-3 [53]. Recently, an estrogen response element was identified in the 5'LTR of HERV-W, which was important for the upregulation of Syncytin-1 after estradiol treatment [23]. On the other hand, mutations of the ecdysone receptor response element enhance the basal promoter activity, which could be a silencer for Syncytin-1 transcription [52]. It has also been demonstrated that Syncytin-1 transcription was regulated by CpG-methylation in the 5' LTR of HERV-W [54]. Therefore, it is possible that in IUGR placentae, hypermethylation of CpGs in the LTR of HERV-W could reduce Syncytin-1 expression, a regulation which could also involve other HERV genes (Ruebner et al., manuscript in preparation). Hypoxia is also a known regulator of Syncytin-1 expression and β-hCG secretion [20]. In this report we determined that cultured control and IUGR CT at ~20% oxygen showed differences in HERV env gene expression levels and which were also comparable to levels in their respective primary placentae (controls and IUGR).

In addition to the three fusogenic Syncytins, the env genes of HERV-R (envERV3), HERV-V1, and -V2 were analyzed in placentae and isolated CT. EnvERV3 presented

the second highest expression level in control placentae and control CT. Although we found that envERV3 expression levels remained similar between control and IUGR placentae, a significantly lower expression was detected in IUGR CT compared to control CT following a 3-day cultivation period (7.5-fold lower, P=0.020921; Table 2). This difference in expression could be explained by the fact that envERV3 was not detected in isolated normal undifferentiated CT, but highly expressed in SCT after cultivation, thus showing cell type specificity [55, 56]. Therefore, reduced envERV3 expression is linked with aberrant cell fusion capabilities of IUGR CT to SCT. On the other hand, the similar envERV3 expression between control and IUGR placenta tissues could be due to other cell types than CT, which contribute to envERV3 expression. Although, envERV3 is not considered a fusogenic env gene by ex vivo studies, in the choriocarcinoma cell line BeWo, Forskolin treatment upregulated envERV3 in conjunction with β-hCG and cell fusion [57]. EnvERV3 transfections led to increased cAMP levels which in turn also upregulated β-hCG [58, 59]. In addition, transfected envERV3 had an effect on the cell cycle regulators cyclin B and p21 causing growth inhibition. Taken together, envERV3 was proposed necessary for the final differentiation process of CT cell fusion to SCT [57]. Therefore, it is possible that downregulation of envERV3 like Syncytin-1 could contribute to IUGR, esp. linked with a reduction of both β-hCG and cell fusion.

Although envV1 and envV2 were significantly expressed lower in IUGR compared to control placentae, both env genes were highly upregulated in isolated CT from control placentae, placing them to the third and fourth highest after Syncytin-1 and envERV3. EnvV1 and envV2 were exclusively detected in placentae; they were not fusogenic by in vitro assays [28]. Considering the preservation of envV1 and envV2 in evolution, envV2 was shown conserved in all simians, whereas envV1 was intact in chimpanzee and rhesus macaque [33], and in view of the high expression of envV1 and envV2 in cultivated CT, a beneficial role for placentogenesis similar to Syncytin-1 and -2 can be proposed.

HCG is a glycoprotein hormone comprising two subunits, an alpha and a beta joined noncovalently. However, different hCG species exist, e.g., intact hCG, α-hCG, βhCG, hyperglycosylated hCG, nicked hCG, and β-hCG fragments. While hCG is made by the SCT, hyperglycosylated hCG is made by extravillous CT, and all have been analyzed in the literature with different antibodies [60, 61]. It is known that elevated serum hCG levels were noted in the first and second trimester of IUGR [62, 63]. For example, Lepage et al. [63] found high maternal hCG in ~22% second-trimester pregnancies with complications, like spontaneous miscarriage, hypertensive disorder, or SGA, but also in ~11% of control pregnancies. In addition, some SGA/IUGR infants were complicated with Down syndrome, which resulted in extremely high hCG levels. In contrast, none of the analyzed placentas in our study had other obstetric complications than IUGR and no Down syndrome. A previous study about IUGR and β-hCG levels in the third trimester unraveled that additional factors could play a role [64]. For example, toxemia resulted in elevated levels of hCG, whereas IUGR without toxemia had normal β-hCG levels. In contrast to our present results and Langbein et al. [35], Newhouse et al. [65] found higher syncytialization and β-hCG secretion of IUGR CT compared to control CT. The IUGR cohort of Newhouse et al. [65] mostly consisted of patients with normal Doppler (66%), whereas our IUGR cohort had exclusively abnormal Doppler, in line with different IUGR clinical groups according to Mandruzzato et al. [34]. Interestingly, the lower syncytialization and β-hCG expression of the PE/ IUGR cohort from Newhouse et al. [65] was similar to Langbein et al. [35]. In summary, we propose that different types and levels of hCG has to be more specified and warrant comparing similar clinical sub-groups of IUGR along with other obstetric complications. Thus, in particular, β-hCG levels could represent a marker for IUGR severity.

Lastly, regarding ASCT-1 and -2, the two putative receptors of Syncytin-1, no significant differences in expression between control and IUGR placentae were

found. The expression analysis of placentae from patients with pre-eclampsia also showed no alteration for ASCT-2 [17]. In contrast to the placental tissues, a significant upregulation of ASCT-1 and -2 expressions was found in cultivated IUGR CT compared to control CT (Table 3). The increase of the receptor expression in isolated IUGR CT could point to a compensation for the lower Syncytin-1 expression. Glucose is transported by the two main families GLUT (facilitated diffusion glucose transporters) and SGLT (sodium-dependent glucose transporters), where the transporter GLUT-1 was found not reduced in IUGR SCT [66]. On the other hand, increased or decreased glucose consumption has been discussed regarding IUGR placentae, as well as an altered glycolytic pathway [67]. Interestingly, we determined a significant 1.5-fold reduced serum glucose concentration in IUGR compared to control newborns (Table 1). In addition, the placenta-specific receptor for Syncytin-2 MFSD2 was significantly downregulated in IUGR placentae and CT (Table 3). MFSD2 is a putative placental carbohydrate transporter, and the significant downregulation found in IUGR placentae and CT could be responsible for the significant lower glucose content in the newborn IUGR children (Table 3). In conclusion, understanding the developmental process of placentogenesis, esp. the role of HERV env in fusion and other aspects, will be important for unraveling pathological processes of the placenta.

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