Broadband dielectric spectroscopy on human blood

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1. Introduction

Blood is a highly functional body fluid, it delivers oxygen to the vital parts, it transports nutrients, vitamins, and metabolites and it also is a fundamental part of the immune system. Therefore the precise knowledge of its constituents, its physical, biological, and chemical properties and its dynamics is of great importance. Especially its dielectric parameters are of relevance for various medical applications [1], like cell separation (e.g., cancer cells from normal blood cells [2]), checking the deterioration of preserved blood [3], and dielectric coagulometry [4]. In addition, the precise knowledge of the dielectric properties of blood is prerequisite for fixing limiting values for electromagnetic pollution (via the conductivity in the specific absorption rate (SAR)) [5–8].

Early measurements of the electrical properties of blood contributed significantly to unravel the constitution of red blood cells (RBC). For example, the results by Höber [9] provided the first indications of a dispersion (i.e. frequency dependence), caused by the membrane of RBCs, in the radio frequency (RF) spectrum of the dielectric properties of blood. This relaxation process is nowadays identified as being of Maxwell–Wagner type [10,11] and termed β -relaxation in biophysical literature [12,13].

Various early works [14–21] were followed by measurements at very high frequencies [22-25]. Some of them revealed an additional dispersion with a relaxation rate near 18 GHz, which can be assigned to the reorientation of water molecules and which is named γ -dispersion. Furthermore, a third relaxation, termed α -relaxation and located in the low-frequency regime, ν <100 kHz was detected in some biological materials [26,27]. However, interestingly, an α -relaxation seems to be absent in whole blood [28] and only is found in hemolyzed blood cells [27]. This was speculated to be due to a higher ion permeability of the membranes in the latter case, shifting the relaxation spectrum into the experimental frequency window [27]. The origin of the α -relaxation is a matter of controversy; most commonly it is assumed to arise from counterion diffusion effects [13,29]. Finally, a dispersion with low dipolar strength located in the frequency regime between the β - and γ -dispersions was identified by Schwan [12]. The origin of the δ -dispersion and the possible role of bound water in its generation are controversially discussed [30-38].

Taking together all these results, it is clear that there are three main dispersion regions in the dielectric frequency spectrum of blood

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between some Hz and 50 GHz, termed β , γ , and δ [12,13]. This nomenclature should not be confused with that used in the investigation of glassy matter like supercooled liquids or polymers. Within the glass-physics community the terms α -, β -relaxations, etc. are commonly applied to completely different phenomena than those considered above (see, e.g., refs.[39] and [40]). In the present work we follow the biophysical nomenclature.

A lot of additional research has been done until the early 1980s [1,41–44] and a detailed review was given in 1983 by Schwan [13]. Later on, in the course of the upcoming debates about electromagnetic pollution, dielectric properties of body tissues and fluids received renewed interest as they determine the SAR, a measure for the absorption of electromagnetic fields by biological tissue [8,45–48]. But also various other important medical questions can be addressed by dielectric spectroscopy [1–4,49]. In the last two decades, a number of papers on dielectric spectroscopy on blood and erythrocyte solutions were published [35,50–57], most of them treating special aspects only.

On the theoretical side, a number of models for the description of cell suspensions have been proposed. Most models focus on the β -relaxation [12,14–17,21,58–64], including the often employed Pauly–Schwan model [12,58], discussed below. Some of them also account for the non-spherical shape of cells [14–17,61]. It seems clear that diluted solutions and whole blood with a hematocrit value of 86% have to be treated differently. The Bruggeman–Hanai model [20,59] was specially developed for highly concentrated suspensions. A recent summary of various models can be found in ref. [61].

Concluding this introduction, it has to be stressed that, after more than one century of research, many aspects of the dielectric properties of blood (e.g., the presence and origins of α - and δ -dispersions) are still unclear. It should be noted that, in addition to the three main dispersion effects, from a theoretical viewpoint a number of further relaxation features may show up in blood. For example, it is well known that RBCs are far from being of spherical shape and in principle for shelled ellipsoidal particles up to six relaxations can be expected [61]. Furthermore, the hemoglobin molecules within the RBCs should show all the typical complex dynamics as found in other proteins. Based on the available literature data (e.g., [13]), it seems that most, if not all, of these additional processes do not or only weakly contribute to the experimentally observed spectra. However, one should carefully check for possible deviations from the simple three-relaxation scenario mentioned above, which may well be ascribed to these additional processes.

Maybe the best and most cited broadband spectra of blood covering several dispersion regions are those by Gabriel et al. [46], taken at 37 °C, which are commonly used for SAR calculations and for medical purposes. However, even these data are hampered by considerable scatter and they are composed from data collected by different groups on different samples. Clearly, high-quality spectra covering a broad frequency range measured on identical samples are missing. A systematic investigation of the hematocrit and temperature dependence is essential to achieve a better understanding of the different dispersion contributions of blood. The present work provides the dielectric constant ε' , the loss ε'' , and the conductivity σ' of human blood in a broad frequency range (1 Hz to 40 GHz), by using a combination of different techniques of dielectric spectroscopy applied to identical samples. In addition, the temperature (280 K–330 K) and hematocrit value (0–86%) dependence is thoroughly investigated.

2. Models and data analysis

Dielectric spectroscopy is sensitive to dynamical processes that involve the reorientation of dipolar entities or displacement of charged entities, which can cause a dispersive behavior of the dielectric constant and loss. However, also non-intrinsic Maxwell– Wagner effects caused by interfacial polarization in heterogeneous samples can lead to considerable dispersion [10,11,65]. As mentioned above, biological matter shows various dispersions in the frequency regime 1 Hz to 40 GHz, which have different microscopic and mesoscopic origins and therefore have to be described differently.

2.1. Intrinsic relaxations

Intrinsic processes like, e.g., the cooperative reorientation of dipolar molecules are often described by the Debye formula [66]:

$$\varepsilon^*(\nu) = \varepsilon_{\infty} + \frac{\Delta\varepsilon}{1 + i2\pi\nu\tau}.$$
 (1)

The relaxation strength is given by $\Delta \varepsilon = \varepsilon_{\rm s} - \varepsilon_{\infty}$, $\varepsilon_{\rm s}$ and ε_{∞} are the limiting values of the real part of the dielectric constant for frequencies well below and above the relaxation frequency $v_{\rm relax} = 1/(2\pi\tau)$, respectively. This frequency is characterized by an inflection point in the frequency dependence of the dielectric constant and a peak in the dielectric loss. If taking into account an additional dc-conductivity contribution, the conductivity shows a steplike increase close to $v_{\rm relax}$. The Debye theory assumes that all entities do relax with the same relaxation time τ . In reality, a distribution of relaxation times often leads to a considerable smearing out of the spectral features [67,68]. Those can be described, e.g., by the Havriliak–Negami formula, which is an empirical extension of the Debye formula by the additional parameters α and β [69,70]:

$$\varepsilon^*(\nu) = \varepsilon_{\infty} + \frac{\Delta\varepsilon}{\left[1 + (i2\pi\nu\tau)^{1-\alpha}\right]^{\beta}}.$$
(2)

Special cases of this formula are the Cole–Cole formula [71] with $0 \le \alpha < 1$ and $\beta = 1$ and the Cole–Davidson formula [72,73] with $\alpha = 0$ and $0 < \beta \le 1$.

In most materials with intrinsic relaxations, the inevitable dc conductivity σ_{dc} arising from ionic or electronic charge transport cannot be neglected. Usually it leads to a $1/\nu$ divergence in the loss at frequencies below the loss peak and can be taken into account by including a further additive term $\varepsilon_{dc}^{*} = \sigma_{dc}/(\varepsilon_{0}\omega)$ in Eq. (2) (ε_{0} denotes the permittivity of free space, ω is the circular frequency).

2.2. Maxwell-Wagner relaxations

The β -dispersion in biological matter is commonly accepted to be of Maxwell–Wagner type [12,14,44,47,48]. As shown by Maxwell and Wagner [10,11], strong dispersive effects mimicking those of intrinsic dipolar relaxations can arise in samples composed of two or more regions with different electrical properties (e.g., plasma, cytoplasma, and cell membranes in the case of RBCs). It should be noted that this dispersion can be completely understood from the heterogeneity of the investigated samples without invoking any frequency-dependent microscopic processes within the involved dielectric materials. If one of the regions in the sample is of interfacial type and relatively insulating, e.g., an insulating surface layer [65] or the membranes of biological cells [12,13], very high apparent values of the dielectric constant are detected at low frequencies. A straightforward approach for understanding the dielectric behavior of heterogeneous systems is an equivalent-circuit analysis. Here any interfacial layer can be modeled by a parallel RC element with the resistance R and capacitance C of the interfacial element much higher than the corresponding bulk values [65]. This leads to a relaxation spectrum where the low-frequency capacitance and conductance are dominated by the interface. For the calculation of $\varepsilon'(\nu)$ from the measured capacitance, usually the overall geometry of the sample is used instead of that of the thin interfacial layer (i.e., the assumed C_0 is much smaller than that of the layer). Thus, an artificially high dielectric constant is detected at low frequencies. At high frequencies, the interface

capacitor becomes shorted and the bulk properties are detected. This leads to the steplike decrease of $\varepsilon'(\nu)$ and increase of $\sigma'(\nu)$ with increasing frequency, typical for relaxational behavior. The increase of $\sigma'(\nu)$ arises from the fact that the bulk conductance usually is much higher than the interface conductance (the cell membrane in the case of RBCs), the latter being shorted by the interface capacitor at high frequencies.

Instead of an equivalent-circuit analysis [65], for biological matter it is common practice to treat the β -relaxation analogous to an intrinsic relaxation process, i.e., to fit it with the Debye equation or its extensions (Eqs. (1) and (2)). A variety of models have been developed to connect the obtained fitting parameters with the intrinsic dielectric properties of the different regions of the samples (see Section 2.5) and a lot of modeling work of experimental data was performed [12,14–17,20,57–64,74–79].

2.3. Electrode polarization

Blood exhibits strong ionic conductivity. At low frequencies the ions arrive at the metallic electrodes and accumulate in thin layers immediately below the sample surface [80–83]. The frequency, below which this effect sets in, critically depends on electrode distance and ionic mobility. In biological matter it is typically located in the kHz–MHz region. These insulating layers represent large capacitors leading to an apparent increase of $\varepsilon'(\nu)$ and decrease of $\sigma'(\nu)$ at low frequencies, quite similar to the Maxwell–Wagner effects discussed above. These non-intrinsic contributions can hamper the unequivocal detection of the parameters of the β -relaxation. Various experimental techniques have been applied to avoid the influence of electrode polarization (see, e.g., refs. [28,50,81]). An alternative way is the exact modeling of these non-intrinsic contributions. The most common models are a parallel RC circuit or a so-called constant-phase element, both connected in series to the bulk sample [81–83].

A parallel RC circuit corresponds to an additional impedance

$$Z_{\rm RC}^*(\nu) = \frac{R_{\rm RC}}{1 + i2\pi\nu R_{\rm RC}C_{\rm RC}},\tag{3}$$

which has to be added to the bulk impedance. $R_{\rm RC}$ and $C_{\rm RC}$ are the resistance and capacitance of the insulating layers, respectively. From the resulting total impedance, the total capacitance and conductance (and thus $\varepsilon'(\nu)$ and $\sigma'(\nu)$) can be calculated resulting in a behavior equivalent to a Debye-relaxation (this scenario corresponds to a conventional Maxwell–Wagner relaxation). Alternatively a "constant phase element", which is an empirical impedance function, given by $Z_{\rm CPE} = A(i\omega)^{-\alpha}$ (refs. [82,83]), can be used. When defining $\tau_{\rm RC} = R_{\rm RC}C_{\rm RC}$, Eq. (3) formally has the same mathematical structure as Eq. (1). Thus, in analogy to Eq. (2) a distributed RC-circuit can be introduced by writing

$$Z_{\rm RC}^*(\nu) = \frac{R_{\rm RC}}{\left[1 + (i2\pi\nu\tau_{\rm RC})^{1-\alpha}\right]^{\beta}}.$$
(4)

We want to emphasize, that in contrast to Eq. (3), which leads to a frequency dependence identical to that of a Debye relaxation, an equivalent-circuit evaluation using Eq. (4) does not lead to fit curves identical to those of a Havriliak–Negami relaxation: For the latter case, the relaxation time τ in Eq. (1) is assumed to be distributed. In the equivalent-circuit case, the corresponding quantity, determining, e.g., the loss peak position, is $\tau = R_b C_{RC}$ with R_b the bulk resistance [65]. However, the distributed quantity in the equivalent-circuit case is $\tau_{RC} = R_{RC} C_{RC}$, thus leading to different curve shapes.

2.4. Temperature dependence

The fitting of relaxation spectra directly provides the relaxation times (τ), the width parameters (α and β), the relaxation strengths ($\Delta \varepsilon$), the dielectric constant for $\nu \rightarrow \infty$ (ε_{∞}), and the dc conductivity (σ_{dc}) (see Section 2.1). For the temperature dependence of τ and σ_{dc} , thermally activated behavior

$$\tau = \tau_0 \exp\left(\frac{E_{\tau}}{k_{\rm B}T}\right) \tag{5}$$

and

$$\sigma_{\rm dc} = \frac{\sigma_0}{T} \exp\left(-\frac{E_{\sigma}}{k_{\rm B}T}\right),\tag{6}$$

can be assumed. σ_0 is a prefactor. E_{τ} and E_{σ} denote the hindering barriers for the relaxational process and the diffusion of the charge carriers (i.e., dissolved ions of the plasma in the present case), respectively. τ_0 is an inverse attempt frequency, often assumed to be of the order of a typical phonon frequency. Eq. (6), with the extra 1/T term, is derived by considering the difference of the forward and backward hopping probabilities of an ion between two sites in a potential that becomes asymmetric due to the external field [84]. Here the field drives the ionic motion. In contrast, for dielectric relaxations, within the framework of the fluctuation–dissipation theorem it is assumed that the dielectric measurement is sensitive to reorientational fluctuations, which are present even without field. Thus, τ in Eq. (5) is proportional to the inverse of the reorientation probability of a molecule experiencing a hindering barrier, which is just given by the exponential term.

The temperature dependence of the dielectric strength of dipolar relaxation mechanisms often can be characterized by the Curie law [85,86]:

$$\Delta \varepsilon = \frac{C}{T}.$$
(7)

Deviations from the Curie law are usually thought to signify dipole–dipole interactions.

For most dielectric materials, the broadening of the loss peak diminishes with increasing temperature, i.e., $\alpha \rightarrow 0$ and $\beta \rightarrow 1$ for high temperatures. This finding can be ascribed to the fast thermal fluctuations, which cause every relaxing entity "seeing" the same environment [39], thus leading to an identical relaxation time for each entity, which implies Debye-like behavior.

2.5. Cell models

Two commonly employed models for the description of the β -dispersion of cell suspensions and tissue will be introduced now and applied to the experimental data in Section 4.3.2. Both models are claimed to be applicable to high cell concentrations and thus are especially suited for the samples of the present work. Based on the Maxwell–Wagner model [10,11], the Pauly and Schwan model takes into account the membranes of cells [48,58]. Using appropriate approximations (e.g., a negligible membrane conductance) some simple relations are derived:

$$\Delta \varepsilon_{\beta} = \frac{9 p r C_{\rm m}}{4 \varepsilon_0 \cdot (1 + p/2)^2} \tag{8}$$

and

$$\sigma_{\rm dc\beta} = \frac{1-p}{1+p/2} \cdot \sigma_{\rm a}.$$
(9)

Eq. (8) allows the calculation of the membrane capacitance per area unit, $C_{\rm m}$, from the relaxation strength of the β -dispersion, $\Delta \varepsilon_{\beta}$, and the volume fraction p and radius r of the suspended particles. Via Eq. (9), the conductivity of the suspending medium (plasma in the case of blood), $\sigma_{\rm a}$, can be determined from the volume fraction and the measured dc conductivity of the suspension, i.e. the limiting low frequency conductivity of the β -dispersion, $\sigma_{\rm dc\beta}$. Moreover, resolving the expression for the β -relaxation time τ_{β} [58],

$$\tau_{\beta} = rC_{m} \frac{2\sigma_{a} + \sigma_{i} - p(\sigma_{i} - \sigma_{a})}{\sigma_{i}\sigma_{a}(2 + p)},$$
(10)

one can approximate the conductivity of the cell interior (cytoplasma), σ_i by

$$\sigma_{\rm i} = \frac{\sigma_{\rm a} r C_{\rm m}(2+p)}{\sigma_{\rm a} \tau_{\beta}(2+p) - (1-p) r C_{\rm m}}. \tag{11}$$

An alternative access to σ_i is provided by the following relation [58]:

$$\sigma_{\rm i} = \frac{2\sigma_{\rm a}^2(1-p) - \sigma_{\rm a}\sigma_{\rm \infty\beta}(2+p)}{\sigma_{\rm \infty\beta}(1-p) - \sigma_{\rm a}(1+2p)}.$$
(12)

Here $\sigma_{\alpha\beta}$ denotes the high-frequency plateau of the step in $\sigma'(\nu)$. Also the dielectric constant of the cytoplasma, ε_i , can be determined [58]:

$$\varepsilon_{\rm i} = \frac{2\varepsilon_{\rm a}^2(1-p) - \varepsilon_{\rm a}\varepsilon_{{}^{\infty}\beta}(2+p)}{\varepsilon_{{}^{\infty}\beta}(1-p) - \varepsilon_{\rm a}(1+2p)} \tag{13}$$

 $\varepsilon_{\infty\beta}$ is the limiting high-frequency dielectric constant of the β -relaxation (cf. ε_{∞} in Eq. (1)) and ε_{a} is the dielectric constant of the suspending medium (plasma).

The Pauly–Schwan model includes correction factors for high concentrations (e.g., the 1 + p/2 factor in Eq. (8)) and is claimed to be valid for all values of p (see, e.g., ref. [48]). Another model, especially developed for highly concentrated suspensions, is the one by Bruggemann [20] and Hanai [59,62,63] taking into account the polarization of particles in the presence of neighboring ones. The model leads to the equations

$$\varepsilon_{\rm p} = \frac{\varepsilon_{\rm a}(1-p) - \varepsilon_{\rm w\beta}k}{1-p-k}, \quad k = -\frac{\varepsilon_{\rm a}}{\varepsilon_{\rm w\beta}} \right)^{1/3} \tag{14}$$

and

$$\sigma_{\rm p} = \frac{\sigma_{\rm a}(1-p) - \sigma_{\rm dc\beta}k}{1-p-k}, \quad k = -\frac{\sigma_{\rm a}}{\sigma_{\rm dc\beta}} \right)^{1/3} \tag{15}$$

for the dielectric properties ε_p and σ_p of the particles. It should be mentioned that this model assumes homogeneous particles (i.e. without shell) and Eqs. (14) and (15) can be considered providing average values of the whole cell only.

One should note that the exact solution of the dielectric theory of suspensions of ellipsoidal particles leads to the prediction of six separate relaxation processes, namely two per ellipsoid axis, arising from the Maxwell–Wagner relaxation of the shell and of the particle interior [61]. For spheroids, i.e. ellipsoids with two equal semidiameters, which may be a good approximation of RBCs, still four relaxations are expected. Usually in the application of the Maxwell–Wagner model to cell suspensions, including the above treated models, various reasonable approximations are made (e.g., that the membrane thickness is much smaller than the cell radius) that lead to the prediction of a single relaxation only.

3. Materials and methods

To determine the complex dielectric permittivity and conductivity in a broad frequency range (from 1 Hz to 40 GHz), different measurement techniques were combined [87]. In the frequency range 1 Hz-10 MHz, high precision measurements were performed by means of a Novocontrol Alpha-A Analyzer. This frequency response analyzer directly measures the sample voltage and the sample current by the use of lock-in technique. The ac voltage is applied to a parallelplate capacitor made of platinum containing the sample material (diameter 5 mm, plate distance 0.6 mm). In our earlier measurements of various materials, platinum was found to minimize contributions from dissolved ionic impurities arising from the electrode material. The capacitor is mounted into an N2-gas cryostat (Novocontrol Quatro) for temperature-dependent measurements. For the measurements in the frequency range 1 MHz-3 GHz a coaxial reflection method was used employing the Agilent Impedance/Material Analyzer E4991A. Here the sample, again placed in the same parallel-plate capacitor, is connected to the end of a specially designed coaxial line, thereby bridging inner and outer conductors [88]. For additional measurements between 40 Hz-110 MHz, the autobalance bridge Agilent 4294A was used. Its measurement range overlaps with that of the other devices. In all the measurements described above, the applied ac voltage was 0.1 V. The Agilent "Dielectric Probe Kit" 85070E using the so called "performance probe" with an E8363B PNA Series Network Analyzer covered the high frequency range from 100 MHz to 40 GHz. It uses a so-called open-end coaxial reflection technique, where the end of a coaxial line is immersed into the sample liquid. The applied ac voltage was 32 mV. Calibration was performed with the standards Open, Short, and Water. As any contributions from parasitic elements are excluded by this technique, the obtained absolute values were used to correct the results obtained with the low-frequency techniques, discussed above, for contributions from stray capacitance.

Blood samples from a healthy person were taken at the hospital "Klinikum Augsburg". All blood samples were taken from the same person and various vital parameters of the blood samples were checked. All samples were taken before a meal, at the same time of the day. We did not find any significant difference in the measurement results obtained on samples taken at different days. To avoid clotting, the samples were prepared with EDTA (ethylenediaminetetraacetic acid). The influence of different coagulation inhibitors on the dielectric properties were tested and found to be insignificant. Besides the whole blood, which was measured as taken from the body, four other samples with different hematocrit values (*Hct*) were prepared. *Hct* is given by the ratio of volume fraction of the corpuscles (erythrocytes, leukocytes, and thrombocytes) of the blood and the total volume. The whole blood used in the present work was found to have Hct = 0.39. After centrifugation of the whole blood, the corpuscular parts could be separated from the plasma by pipetting. By remixing with the plasma obtained in this way, four additional samples were prepared: plasma (Hct < 5) and blood with Hct = 0.23, 0.57, and 0.86. The exact Hct values were determined by taking hemograms with a Beckman-Coulter Hematology Analyzer at the hospital. For each measurement run with the different devices fresh blood samples were used.

One may suspect that sedimentation of RBCs and other cells during the temperature-dependent measurement runs could influence the measurements. Covering the whole investigated temperature range with the different measurement devices did take about 2–3 h only. In the high-frequency measurements with the "open-end" coaxial technique, where relatively large amounts of material (about 25 ml) held in transparent test tubes were used, visible inspection revealed no indications of sedimentation even after much longer time. Nevertheless the sample material was thoroughly stirred before each frequency sweep at the different temperatures. The results did well match those at lower frequencies, where small sample amounts of about 0.01 ml contained in a platinum capacitor were used. With this capacitor, up to three separate temperature-dependent measurement runs were performed, using different devices and partly using different thermal histories. All the results did match very well. Finally, the measurements usually were done by first cooling the sample from room temperature and subsequently heating it up to the highest temperatures. The results from the cooling and heating runs, which were done at differently aged samples, did always agree within experimental resolution.

The integrity of the erythrocytes was retained during most of the dielectric measurements, which was checked by a comparison of the room temperature results before and after cooling or heating. However, as expected this was no longer the case when the samples were subjected to the highest temperatures investigated, extending up to 330 K. Therefore these measurements were performed at the end of each temperature-dependent measurement run.

If not otherwise indicated, the experimental data points shown in the plots of the present work have errors that are not exceeding the size of the symbols.

4. Results and discussion

4.1. Broadband spectra

Fig. 1 shows the broadband spectra of the different samples at body temperature (\approx 310 K), extending from 1 Hz to 40 GHz. The dielectric constant of the blood plasma (Fig. 1(a), circles) reveals a



Fig. 1. (a) Dielectric constant, (b) dielectric loss, and (c) real part of the conductivity of whole blood, blood plasma (Hct = 0.39), and blood samples with different hematocrit values as function of frequency, measured at body temperature (310 K). The lines are fits assuming a distributed RC equivalent circuit to account for the electrodes and, for samples with Hct ≥ 0.23, two Cole–Cole functions for the β - and γ -relaxations. For the plasma data, a single Cole–Cole function was used instead.

low-frequency plateau between 1 and 100 Hz, followed by a steplike decrease towards higher frequencies that passes into another plateau between about 1 MHz and 10 GHz. The behavior below about 1 MHz can be ascribed to electrode polarization (see Section 4.2 for a detailed discussion). At frequencies beyond about 1 GHz a further decrease of $\varepsilon'(\nu)$ indicates the beginning γ -dispersion arising from the reorientational motion of the water molecules (see Section 4.4). $\varepsilon''(\nu)$ shows a plateau at low frequencies, followed by a strong decrease above about 300 Hz and the γ -relaxation peak at ca. 20 GHz. Accordingly, the conductivity $\sigma'(\nu)$ exhibits a strong increase at low frequencies, followed by a plateau between 1 kHz and 1 GHz. At ν >1 GHz another strong increase at the end of the measured spectrum shows up, again corresponding to the γ -relaxation.

Just as the plasma, the dielectric spectra of the other samples also show a γ -relaxation and an electrode-polarization contribution, the latter leading to a strong increase of $\varepsilon'(\nu)$ below about 10–100 kHz and decrease of $\sigma'(\nu)$ below about 1–10 kHz. However, between these two features, a further process shows up, the well-known β -dispersion, located at about 1–100 MHz in $\varepsilon'(\nu)$. It is caused by the Maxwell-Wagner relaxation arising from the heterogeneity of the solute/cell system (see Section 2.2). It is evidenced by a steplike decrease in the dielectric constant at about 1-100 MHz, an s-shaped bend in the decrease of the dielectric loss around 1 MHz, and a steplike increase in the conductivity around 1 MHz. Comparing the different samples, it becomes evident that the absolute values of $\varepsilon'(\nu)$, $\varepsilon''(\nu)$, and $\sigma'(\nu)$ decrease with increasing hematocrit value over almost the whole frequency range. A detailed analysis of the β -dispersion will be provided in Section 4.3. The δ -dispersion, which is supposed to be located in the frequency range between the β - and γ -relaxation cannot be detected on this scale and will be treated in Section 4.5 below.

In the present work the complete broadband spectra are fitted by combining several relaxational dispersions and the electrode-polarization contribution. In addition, the dc conductivity has to be included in the fitting routine, since the blood plasma contains free ions that contribute to the conductivity. The lines shown in Fig. 1 are fits with the sum of two relaxational dispersions described by Eq. (2) (with $\beta = 1$) and the dcconductivity, which are assumed to be connected in series to the electrode impedance given by Eq. (4) (with $\beta = 1$). The fits were simultaneously performed for real and imaginary parts of the permittivity. A qualitative inspection of Fig. 1 reveals that an excellent match of the experimental spectra could be achieved in this way, which also is the case for the other temperatures investigated. In the following sections, we discuss the different contributions to the spectra and the resulting relevant fit parameters in detail. To serve for SAR calculations and medical purposes, the fit curves for all temperatures and hematocrit values investigated in the present work are provided in electronic form.

4.2. Electrode polarization and α -dispersion

To examine the contributions from electrode polarization to the spectra in more detail, as an example in Fig. 2 the spectra of whole blood at 310 K are shown in the low frequency range, 1 Hz-200 kHz. As demonstrated by the dash-dotted magenta line, the observed relaxation like feature cannot be satisfactorily fitted by assuming a simple RC equivalent circuit (Eq. (3)) in series to the bulk sample, which leads to a symmetric loss peak just like an intrinsic Debye relaxation (see Section 2.3). The deviations are strongest in ε'' below the peak frequency, where the measured $\varepsilon''(\nu)$ obviously varies far too weakly with frequency to be describable by the strongly increasing fit curve. Using a Debye relaxation function (Eq. (1)) with an additional conductivity contribution σ'_{dc} , which leads to a minimum in $\varepsilon''(\nu)$ below the peak frequency, also cannot account for the experimental data (dotted blue line). Replacing the Debye by a Cole-Cole function (Eq. (2) with $\beta = 1$; green line) only leads to a marginal improvement of the fits. Instead, a distributed RC equivalent circuit as described by



Fig. 2. $\varepsilon'(\nu)$ (a), $\varepsilon''(\nu)$ (b), and $\sigma'(\nu)$ (c) of whole blood (Hct=0.39) at 310 K and low frequencies (circles). The lines are fits using different functions: RC equivalent circuit (Eq. (3); dash dotted magenta line), distributed RC equivalent circuit (Eq. (4); red line), Debye function with additional dc-conductivity contribution (dotted blue line), Cole–Cole function, also with dc contribution (green line), and constant phase element (black dashed line).

Eq. (4) with $\beta = 1$ but $\alpha \neq 0$ (Cole–Cole case) was found to provide very accurate fits of the measured spectra (solid red line). The same can be said for the other blood samples with different hematocrit values investigated in the present work. A constant phase element in series with the bulk also very well accounts for the experimental data (black dashed line). However, in our further analysis we decided to use the distributed RC circuit instead because its parameters seem to have more physical signification than those of the constant phase element.

Good fits with this approach can also be achieved for the results obtained at different temperatures. As an example, Fig. 3 shows the dielectric quantities of whole blood in the frequency range, dominated by electrode polarization, for selected temperatures. The lines represent the fits of the complete broadband spectra (cf. Fig. 1) where a distributed RC circuit, Eq. (4), was used for the description of the low-frequency data. In all cases the agreement of fits and experimental curves are excellent. The onset of the electrode effects, i.e. the increase of ε' and the decrease of σ' when lowering the frequency, is found to shift to lower frequencies with decreasing temperature. This can be ascribed to the reduced mobility of the ionic charge carriers at low temperatures, which thus arrive at the electrodes for smaller frequencies only. As revealed by Fig. 1, for increasing hematocrit value the onset of the electrode effects shifts to lower frequencies, too. This is in accord with the well-known increase of the viscosity of blood with increasing hematocrit value, corresponding to a reduction of ion mobility.

The fits reveal a width parameter α close to 0.15 and nearly independent of temperature and hematocrit value (not shown), except for *Hct* = 0.86, where $\alpha \approx 0.20$ is found, slightly increasing with



Fig. 3. $\mathcal{E}'(\nu)$ (a), $\mathcal{E}''(\nu)$ (b), and $\sigma'(\nu)$ (c)of whole blood (Hct = 0.39) in the low-frequency regime dominated by electrode effects shown for selected temperatures (symbols). The lines represent fit curves as in Fig. **1** using a distributed RC equivalent circuit for the description of the electrode polarization.

temperature. α characterizes the distribution of relaxation times of the RC equivalent circuit that describes the electrode polarization (see Section 2.3). The deviations from Debye behavior may be explained, e.g., by the surface roughness of the electrodes [89–91]. The fits reveal electrode capacitances $C_{\rm RC}$ of the order of 10 μ F. $C_{\rm RC}$ is found to be only weakly temperature dependent and it shows a tendency to decrease with increasing hematocrit value. This can be ascribed to the mentioned reduction of the ionic mobility leading to a less effective formation of the insulating electrode layers. The fits do not reveal reliable information on the electrode resistance as no clear low-frequency plateau in $\sigma'(\nu)$ is seen (cf. Figs. 1 and 3).

From the presented results, it is clear that the electrode polarization is the dominant effect in the low frequency spectrum of blood. The equivalent-circuit description in terms of a distributed RC circuit provides nearly perfect fits of the experimental data. The typical deviations between fit and measured data are around 10% or less, which is negligible compared to the many decades the dielectric quantities vary with frequency. Thus the presence of an additional contribution from a possible α -relaxation seems unlikely but due to the mentioned deviations, a weak α -relaxation cannot be fully excluded. However, it should be noted that in earlier investigations also no indications for an α -relaxation in blood were found [28].

4.3. β -dispersion

4.3.1. Phenomenological evaluation

Fig. 4 shows the spectra of whole blood in the frequency range of the β -dispersion (10 kHz to 200 MHz) at different temperatures.

Except for the plasma, not containing any RBCs that would cause a β -process, all samples show a similar relaxational behavior and temperature dependence in this frequency regime (see Fig. 1). Just as for intrinsic relaxations, the permittivity curves in the β -dispersion regime shift to higher frequencies with increasing temperature. The lines in Fig. 4 again represent the fits of the complete broadband spectra (cf. Fig. 1) using a Cole–Cole function (Eq. (2) with $\beta = 1$) for the β -relaxation. As discussed in detail in Section 2.2, the β -relaxation is generated by the heterogeneity of the sample material, which is composed of plasma and RBCs. $\varepsilon'(\nu)$ exhibits the typical steplike decrease with increasing frequency (Fig. 4(a)). Its additional increase towards the lowest frequencies observed in Fig. 4(a) corresponds to the onset of the electrode-polarization effects (cf. Fig. 3), well taken into account in the fits by the distributed RC equivalent circuit (see Section 4.2). In $\varepsilon''(\nu)$ a loss peak is expected but only its high-frequency flank can be seen (Fig. 4(b)). Its low-frequency part is superimposed by the strong ionic dc conductivity, which leads to a contribution $\varepsilon''_{dc} = \sigma_{dc}/(\varepsilon_0 \omega)$. Thus, instead of a loss peak, only a slight shoulder at about 3 MHz is revealed.

The dc conductivity also leads to the low-frequency plateau in $\sigma'(\nu)$ (Fig. 4(c)) while the shoulders observed around 3 MHz arise from the relaxation. Via the relation $\sigma' = \varepsilon_0 \varepsilon'' \omega$, the nearly Debye-like behavior of the β -relaxation (implying $\varepsilon''(\nu) \sim \nu^{-1}$ on the high frequency side of the peaks) leads to the nearly frequency independent $\sigma'(\nu)$ at $\nu > 10$ MHz. The low- and high-frequency plateaus of σ' are labeled as $\sigma_{dc\beta}$ and $\sigma_{\omega\beta}$, respectively. The steplike increase of $\sigma'(\nu)$ from $\sigma_{dc\beta}$ to $\sigma_{\omega\beta}$ can be qualitatively understood assuming a shorting of the cell membrane capacitances at high frequencies. Thus, at high frequencies the RBCs no longer obstruct the current path and an enhanced conductivity is



Fig. 4. $\varepsilon'(\nu)$ (a), $\varepsilon''(\nu)$ (b), and $\sigma'(\nu)$ (c) of whole blood (*Hct* = 0.39) in the β -dispersion region for selected temperatures. The lines represent fit curves as in Fig. 1 using the Cole–Cole function for the description of the β -relaxation.

detected. Therefore $\sigma_{\alpha\beta}$ can be regarded as good approximation of the intrinsic conductivity of the plasma, denoted as σ_a in Section 2.5 (in fact it is a mixture of plasma and cytoplasma conductivity, which we here assume to be of not too different magnitude). This is nicely corroborated by the approximate agreement of this plateau value with the conductivity of the pure plasma as seen in Fig. 1(c) for all *Hct* values (the small deviations for higher *Hct* values are due to the larger volume fraction of cytoplasma having somewhat lower conductivity; see Section 4.3.2). The absolute values of both conductivity plateaus revealed in Fig. 4(c) increase with increasing temperature, mirroring the thermally activated ionic charge transport in the plasma.

As mentioned above, the best fitting results of the β -relaxation were achieved by using a Cole–Cole function. Only for the highest hematocrit values, significant deviations of fits and experimental data were observed, which will be treated in Section 4.5. The temperature dependence of the width parameter α_{β} , the relaxation strength $\Delta \varepsilon_{\beta}$, and the relaxation time τ_{β} obtained from the fits are shown in Fig. 5. The present fitting of the complete broadband spectra, including the contributions from electrode polarization and the γ -relaxation, minimizes the influence of any additional processes on the obtained fit parameters.

The width parameter α (Fig. 5(a)), which for intrinsic relaxations usually is assumed to arise from a distribution of relaxation times [67,68], is almost temperature independent. As α assumes rather small values between 0.07 and 0.11, the β process shows nearly Debye-like behavior. The width parameter increases with increasing RBC content, i.e., the deviations from the Debye case become stronger. According to the Pauly-Schwan model (see Section 2.5, Eq. (10)) the relaxation time τ_{β} depends on the conductivity outside (σ_{a}) and inside of the cell (σ_i) and on the membrane capacitance (C_m). It is unlikely that the cell parameters σ_i or C_m should be influenced by the hematocrit value and thus a distribution of the outer plasma conductivity seems the most likely cause of the non-Debye behavior. But also an alternative explanation seems possible: $\alpha \neq 0$ implies a shallower high-frequency flank of the β -peak. This flank is essentially determined by the intrinsic plasma conductivity and corresponds to the high-frequency plateaus seen in Fig. 4(c). Thus $\alpha \neq 0$ implies an increase of $\sigma'(\nu)$ with frequency, which is typical for hopping conductivity as commonly found for ionic charge transport [92–95]. Finally, it has to be mentioned that additional relaxations arising from the other cell types in blood could also influence the observed β relaxation. As RBCs are by far the dominating cell species (e.g., volume fraction about 45% vs. $\sim 1\%$ of white blood cells), these contributions can be expected to be small. Nevertheless, it cannot be excluded that they may contribute to the observed deviations from Debye behavior.

As revealed by Fig. 5(b), the relaxation strength of the β -relaxation is nearly temperature independent. Thus, according to Eq. (8), the membrane capacity also can be assumed to be temperature independent. The strong drop of $\Delta \varepsilon_{\beta}$ at T>320 K, observed for all samples except for Hct = 0.86, is most likely due to the hemolysis of the RBCs at high temperatures. This assumption is supported by the fact that no such deviations can be found for the γ -relaxation (see Section 4.4), which is independent of the RBCs. However, it is not clear why the sample with the highest RBC content (black triangles in Fig. 5(b)) remains unaffected. Possibly, cell–cell interactions prevent hemolysis at high Hct.

Fig. 5(b) also reveals a decrease of the relaxation strength with increasing content of erythrocytes. This is a rather surprising result and cannot be explained within the proposed theories. Especially, it contradicts the increase of $\Delta \varepsilon_{\beta}$ with *p* predicted by Eq. (8). In literature, suspensions of erythrocytes and other cells using nonplasma solvents, like phosphate buffered saline, quite generally show a continuous increase of $\Delta \varepsilon_{\beta}$ with *Hct* [50,57,96–98]. However, blood samples (i.e. with the suspending medium being plasma) can show more complex behavior, especially for higher *Hct* values [56,99] and as shown in ref. [54], substitution of plasma by some other solute can strongly influence $\Delta \varepsilon_{\beta}$. In the framework of a simple equivalentcircuit picture, $\Delta \varepsilon_{\beta}$ is determined by a complex superposition of the membrane capacitances of all RBCs. Increasing the number of RBCs could lead to an increase or decrease of $\Delta \varepsilon_{\beta}$ depending on whether parallel or series connections of the cell capacitances (relative to the field direction) are prevailing. The latter seems to be the case in our blood samples. The reason is unclear but cell aggregation as, e.g., rouleaux formation may play a role here [54,99–101].

According to Eq. (10), the β -relaxation time should depend on σ_{i} , σ_{a} , and C_{m} . It was shown above that the membrane capacitance is nearly temperature independent. Thus, the conductivities should dominate the temperature dependence of τ_{β} . Indeed the Arrhenius representation of Fig. 5(c) reveals that $\tau_{\beta}(T)$ is in accord with the expected thermally activated behavior, typical for ionic conductivity. The hindering barriers E_{τ} , calculated from the slopes in Fig. 5(c) (cf. Eq. (5)), seem to slightly increase with growing *Hct* and barriers varying between 0.11 and 0.15 eV were obtained. However, due to the rather small temperature region that could be covered in these biological samples (compared, e.g., to supercooled liquids [39,40]), the significance of these values should not be overemphasized. In addition, Fig. 5(c) reveals a decrease of the relaxation times with increasing hematocrit value. In principle, such a behavior seems to be consistent with Eq. (10) but the observed variation by about a factor



Fig. 5. Temperature dependence of width parameter (a), relaxation strength (b), and relaxation time (c) as obtained from fits assuming a Cole–Cole-function for the description of the β -relaxation (cf Fig. 4). The lines in the Arrhenius plot of τ_{β} (c) are linear fits corresponding to thermally activated behavior, Eq. (5).

of three is stronger than expected. However, one should be aware that the relaxation time is directly proportional to $C_{\rm m}$ (Eq. (10)) while $C_{\rm m}$ itself is proportional to $\Delta \varepsilon_{\beta}$ (Eq. (8)). Thus it is clear that the observed rather strong *Hct*-dependent variation of τ_{β} is directly connected to that of $\Delta \varepsilon_{\beta}$ revealed by Fig. 5(b).

To compare the results on the β -relaxation parameters presented above with earlier publications only partly is possible, because (to the best knowledge of the authors) no such systematic (temperature and hematocrit dependent) and broadband research on human blood has been done before. Moreover, the available literature values deviate quite strongly from each other. For various erythrocyte suspensions, the reported values of the relaxation time τ_{β} are, for example, 254 ns (Hct = 0.07, room temperature) [50], 29 ns (Hct = 0.30, T = 298 K)[102], or 230 ns (*Hct*=0.47, *T*=310 K) [52,103]. In blood the following values were found: $\tau_{\beta} = 133$ ns (sheep blood, T = 310 K) [46], $\tau_{\beta} = 89 - 65$ ns (human blood, T = 288 - 308 K, Hct = 0.43) [25], and $\tau_{\beta} = 53.1$ ns (bovine blood, room temperature, Hct = 0.50) [13]. The values in the present work vary between 35.9 ns (*Hct* = 0.86, T = 330 K) and 274.1 ns (*Hct* = 0.23, T = 280 K). The literature results for the relaxation strength also show rather strong variation. In ref. [52], literature values between 1100 and 5000 were reported. Fricke found, dependent on *Hct*, $\varepsilon_s \approx \Delta \varepsilon = 900 - 4000$ for dog, rabbit, and sheep blood [96]. For human blood, Pfützner published values between approximately 2000 and 6000 (Hct = 0.10 - 0.90) [99]. In the present work we have obtained $\Delta \varepsilon \approx 3300 - 13800$ (for Hct = 0.86, T = 330 K and Hct = 0.23, T = 320 K, respectively). Even less data are available for the width parameter α_{β} , because often other fitting functions were used. But mostly they are around 0.1 [46,52,104], similar to the values in the present work.

4.3.2. Application of cell models

As mentioned in Section 2.5, by using appropriate models it should be possible to determine intrinsic cell parameters as the membrane capacitance or the conductivity of the cytoplasma from the parameters of the β -relaxation. Using the fitting parameter $\Delta \varepsilon_{\beta}$ and Eq. (8), the membrane capacitance $C_{\rm m}$ can be calculated. As discussed in the previous section, the experimentally determined dielectric strength decreases with increasing Hct, in contrast to the increase predicted by Eq. (8). The use of Eq. (8) therefore would imply a strongly *Hct*dependent membrane capacitance (see Table 1 for the results at 310 K). This can hardly be interpreted in a physical way. Literature values vary between 0.17 μ F/cm² [102] and 3 μ F/cm² [54]. However, most authors assume a membrane capacity of about $1 \mu F/cm^2$ [52,96,97,105,106], whereas some report Hct-dependent membrane capacities [51,56]. Possible reasons for the unexpected behavior of $\Delta \varepsilon_{\beta}(Hct)$ and thus of C_{m} (Hct) were discussed in the previous section. It seems that Eq. (8) is not able to account for the observations in "real" blood samples, in contrast to suspensions of erythrocytes in common solvents.

Using Eq. (9) should allow for the calculation of the conductivity of the suspending medium σ_a from the dc conductivity $\sigma_{dc\beta}$ of the blood samples. σ_a also can be directly determined from the dc conductivity of the plasma, measured in the present work $(1.7 \times 10^{-2} \Omega^{-1} \text{ cm}^{-1} \text{ at } 310 \text{ K})$. The calculated values are provided in Table 1. While being nearly *Hct*-independent as expected, they differ from the directly

Table 1

Membrane capacitance C_{m} , plasma conductivity σ_a , conductivity of the cell interior σ_b and dielectric constant of the cell interior ε_i at 310 K as determined from Eqs. (8), (9), (12), and (13) respectively.

Hct	$C_{\rm m}\left(\frac{\mu F}{cm^2}\right)$	$\sigma_{a}\left(\frac{10^{-2}}{\Omega cm}\right)$	$\sigma_i \left(\frac{10^{-2}}{\Omega cm} \right)$	\mathcal{E}_{i}
0.23 0.39 0.57 0.86	$11 (\pm 3) 4.9 (\pm 1.4) 3.5 (\pm 1.1) 1.2 (+0.4)$	$\begin{array}{c} 0.79 \ (\pm \ 0.15) \\ 0.63 \ (\pm \ 0.15) \\ 0.74 \ (\pm \ 0.15) \\ 0.78 \ (+ \ 0.15) \end{array}$	$\begin{array}{c} 0.75 \ (\pm 0.08) \\ 0.50 \ (\pm 0.08) \\ 0.78 \ (\pm 0.09) \\ 0.83 \ (+ 0.11) \end{array}$	$36.9 (\pm 3.0) 41.5 (\pm 2.5) 42.0 (\pm 2.5) 44.7 (+2.0)$

measured value by a factor of about two. Again cell aggregation causing a lowering of the experimentally observed $\sigma_{dc\beta}$ may explain this finding.

Via Eq. (11), the conductivity of the cell interior σ_i can be calculated from σ_{a} , C_{m} , and the measured β -relaxation times. However, as C_{m} determined from Eq. (8) shows an unphysical Hct dependence (Table 1), also an unreasonable *Hct* dependence of σ_a would result. An alternative determination of σ_i is provided by Eq. (12). Using the experimentally determined σ_a and $\sigma_{\infty\beta}$ at 310 K we arrive at the values for σ_i listed in Table 1. Literature results are distributed around $0.6 \times 10^{-2} (\pm 0.1) \Omega^{-1} \text{ cm}^{-1} [41, 42, 54, 56, 57, 98, 105 - 107]$. Deviating results were reported by Cook [24,25] (ca. $1.0 \times 10^{-2} \Omega^{-1} \text{cm}^{-1}$) and Asami [108] (ca. $0.32 \times 10^{-2} \Omega^{-1} \text{ cm}^{-1}$). Our values for σ_i are by about a factor 2-3 smaller than the measured conductivity of the plasma, $\sigma_a \approx 1.7 \times 10^{-2} \Omega^{-1} \text{cm}^{-1}$. It seems reasonable that the conductivity of the cytoplasma should be lowered by the presence of the large hemoglobin molecules and their bound water shells within the RBCs (about 37% volume fraction [41]), if compared to the conductivity of the outer plasma (see following discussion of Fig. 6 for a quantitative treatment). Indeed such behavior was found previously [42,54,56]. The reported ratios between about 1.5 and 2.7 are consistent with our findings. Obviously, Eq. (12) is able to provide reasonable estimates for σ_{i} . It is based on the determination of $\sigma_{\infty\beta}$, which is read off at high frequencies, where the cell membranes are shorted and thus cell aggregation has no effect on the results.

In Fig. 6(a) the temperature dependence of σ_i is shown in the Arrhenius type of presentation $(\log(\sigma_i T) \text{ vs } 1000/T)$ commonly used for ionic conductivity (cf. Eq. (6)). For comparison, also the dc conductivity determined from fits of the spectra of pure blood plasma (cf. Fig. 1) is included. In the determination of $\sigma_i(T)$ via Eq. (12), for σ_a the plasma dc conductivity was used and $\sigma_{\infty\beta}$ was calculated from the fit parameters of the β -relaxation shown in Fig. 5. As the β -relaxation shows slight deviations from Debye behavior, $\sigma'(\nu)$ exhibits a



Fig. 6. Temperature dependent conductivity (Arrhenius plot) (a) and dielectric constant (b) of the cell interior calculated from Eqs. (12) and (13), respectively. For comparison, in (a) also data for pure plasma are provided. The solid line in (a) indicates approximately linear behavior implying thermally activated charge transport (Eq. (6)). The dashed line shows an approximate description of the blood data (except for Hct=0.39) using the same energy barrier as for the plasma.

slight increase in the region of its high-frequency plateau (see, e.g., Fig. 4(c)). As an estimate of $\sigma_{\infty\beta}$, we used the value of $\sigma'(\nu)$ at a frequency 1.5 decades above the peak frequency. Except for whole blood, the temperature dependence of σ_i is nearly independent of Hct and seems to follow thermally activated behavior (dashed line in Fig. 6(a)). The deviations at the two highest temperatures are directly related to similar problems in the β -relaxation parameters (Fig. 5). As discussed in Section 4.3, this may arise from an onset of hemolysis of the RBCs. Interestingly, the energy barrier of 0.17 eV, deduced from the slope of the linear fit curve of the plasma data (solid line) is in good accord with the results on the blood samples (dashed line). Nevertheless, the absolute values of the conductivity of the cytoplasma are about a factor of 2-3 lower than those of the plasma. As mentioned in the previous paragraph, this can be explained by the presence of the hemoglobin molecules within the cell. For a quantitative estimate one can use Maxwell's mixture equation for the effective conductivity $\sigma_{\rm eff}$ of a suspension of particles with volume concentration p[10]:

$$\frac{\sigma_{\rm eff} - \sigma_{\rm s}}{\sigma_{\rm eff} + 2\sigma_{\rm s}} = p \frac{\sigma_{\rm p} - \sigma_{\rm s}}{\sigma_{\rm p} + 2\sigma_{\rm s}}.$$
(16)

Here σ_s and σ_p are the conductivities of the solute and the particle, respectively. If we regard the hemoglobin molecules as insulating particles (i.e., $\sigma_p = 0$) suspended in plasma with the same conductivity as the extracellular plasma, we arrive at the following ratio of solute conductivity ($\sigma_s = \sigma_a$) and effective conductivity ($\sigma_{eff} = \sigma_i$) [41]:

$$\frac{\sigma_a}{\sigma_i} = \frac{1+p/2}{1-p}.$$
(17)

Using p = 0.37 [41], a ratio of about two is obtained, which is in quite reasonable agreement with the findings of Fig. 6(a). The energy barrier of 0.17 eV for charge transport within the intra- and extracellular plasma is of the same order of magnitude as the one deduced from $\tau_{\beta}(T)$ (0.11–0.15 eV, see previous section). This seems reasonable as the temperature dependence of τ_{β} should be mainly governed by the conductivity of inner and outer plasma (Eq. (10)). In any case one should bear in mind that the absolute values of the energy barriers have rather high uncertainty due to the restricted temperature range.

The dielectric constant of the cell interior ε_i was calculated using Eq. (13). The results for 310 K are listed in Table 1 and the temperature dependence is shown in Fig. 6(b). One should be aware that ε_i is the dielectric constant at frequencies below the onset of the γ -relaxation. As expected, the obtained values are smaller than the dielectric constant of the suspending medium ($\varepsilon_a \approx 73-67$ for T=290-310 K, respectively), deduced from the fits of the spectra of pure plasma (see Fig. 1 for 310 K). This difference is reasonable because the main contribution to the ε' of the plasma arises from the highly dipolar water molecules (ε_s of water \approx 74 at 310 K [109]) and the additional constituents of the cytoplasma (mainly hemoglobin) should lower its permittivity. In literature, ε_i values ranging around 40–70 were reported [41,106–108]. The calculation of ε_i by Eq. (13) should provide the same results for each hematocrit value. However, as revealed by Table 1 and Fig. 6(b), the calculated ε_i increases by about 20% with increasing Hct, pointing out the limits of the model. Similar behavior was also reported in ref. [107]. The decrease of ε_i with increasing temperature revealed by Fig. 6(b) is consistent with Curie behavior (Eq. (7)) expected for the dielectric strength (and thus approximately also for the static dielectric constant) of dipolar materials. Here one should be aware that ε_i represents the static dielectric constant of a γ -like relaxation of the cell interior that will take place at higher frequencies and in fact this relaxation contributes to the actually observed γ -relaxation of blood (see Section 4.4). The uncertainty of the data in Fig. 6(b) is too large to allow for a

quantitative evaluation in terms of Eq. (7). Overall, Eq. (13) seems to lead to reasonable values of the dielectric constant of the cytoplasma. It is based on the determination of the plasma dielectric constant (experimentally determined) and $\varepsilon_{\alpha\beta}$, which is not influenced by possible cell aggregation effects.

An alternative determination of the dielectric properties of the RBCs is provided by the Hanai–Bruggemann model, Eqs. (14) and (15), which was especially proposed for highly concentrated suspensions. From Eq. (15) the cell conductivity was calculated, leading, however, to negative values. Using Eq. (14), the dielectric constant ε_p of the cell is found to vary between 34 (Hct = 0.57) and 42 (Hct = 0.39) at room temperature. Those values are slightly smaller than the ones calculated from the Pauly–Schwan theory. This is a reasonable result since the Hanai–Bruggemann model does not account for the shelled structure of the cells and thus the obtained values represent the average of cell membrane and interior. The dielectric constant of the membrane can be expected to be much lower than that of the cytoplasma (in contrast to its capacitance, which is high due to its small thickness), which leads to the reduced values of the total dielectric constant.

4.4. γ -dispersion

The dielectric spectra of bulk water exhibit a strong relaxation feature near 18 GHz (at room temperature) [110], which is also observed in electrolytic solutions [111]. It is commonly ascribed to the reorientational dynamics of the dipolar water molecules (but also alternative scenarios are discussed; see, e.g., ref. [112]) and denoted as α -relaxation within the nomenclature of dipolar liquids and glass formers. The same relaxational process also arises from the free water molecules in blood samples. Fig. 7 shows real and imaginary part of the permittivity (a, b) and the real part of the conductivity (c) of whole blood in the frequency range 1 to 40 GHz at different temperatures. The lines represent fits of the broadband spectra as shown in Fig. 1, using a Cole–Cole function for the γ -relaxation. In $\varepsilon'(\nu)$ (Fig. 7(a)), the onset of the typical relaxation steps is seen but their high frequency plateaus, $\varepsilon_{\infty\gamma}$, are located beyond the investigated frequency range. Thus, exact values for $\varepsilon_{\infty\gamma}$ could not be determined and in the fitting procedure a lower limit of 2.5 was used leading to values between 2.5 and 6. The lowfrequency plateau $\varepsilon_{s\gamma}$ of the γ -dispersion decreases with increasing temperature. The relaxation steps and loss peaks (Fig. 7(b)) show a strong temperature-dependent frequency shift due to the slowing down of the molecular dynamics with decreasing temperature. We find the Cole–Cole formula (Eq. (2) with $\beta = 1$) to provide the best fits of the γ -relaxation. Fig. 7(c) shows the conductivity spectra with the corresponding rise and the onset of the high frequency plateau. The low-frequency plateau of $\sigma'(\nu)$ corresponds to the combined conductivity of plasma and cytoplasma as discussed in Section 4.3.2. The γ -dispersion shows similar behavior for the other investigated samples.

The fitting parameters of the γ -relaxation, α_{γ} , $\Delta \varepsilon_{\gamma}$, and τ_{γ} are provided in Fig. 8. The width parameter (a) shows a tendency to increase with increasing *Hct*. This seems reasonable as a higher number of RBCs should lead to stronger disorder in the system and therefore the distribution of relaxation times should broaden. The observed decline of α_{γ} with increasing temperature, corresponding to an approach of Debye behavior, is a common phenomenon in dipolar liquids [39,113]. It can be explained by the growing thermal fluctuations of the environment of the water dipoles. At very high temperatures, each dipole "sees" the time average of the quickly fluctuating environment, which is the same for every dipole, leading to Debye behavior [39].

The hematocrit dependence of the relaxation strength (Fig. 8(b)) shows the expected tendency: increasing *Hct* values cause a decrease of the volume fraction of plasma and thus of water in the sample, causing the reduction of the γ -relaxation strength. The temperature dependence of $\Delta \varepsilon_{\gamma}$ can be well parameterized by a Curie-law, Eq. (7), (solid lines) with some deviations for *Hct* = 0.23 only. The obtained



Fig. 7. $\varepsilon'(\nu)$ (a), $\varepsilon''(\nu)$ (b), and $\sigma'(\nu)$ (c) of whole blood (*Hct* = 0.39) in the γ -dispersion region for selected temperatures. The lines represent fit curves as in Fig. **1** using the Cole–Cole function for the description of the γ -relaxation.

Curie constant, *C*, increases smoothly from 13,400 to 19,800 with decreasing *Hct*. The dashed line in Fig. 8(b) corresponds to $\Delta \varepsilon(T)$ of pure water, calculated from the I.U.P.A.C. (International Union of Pure and Applied Chemistry) standard values for the static permittivity ε_s of bulk water [109] (see also [114]) via $\Delta \varepsilon = \varepsilon_s - \varepsilon_\infty$ assuming $\varepsilon_\infty = 4$ [115,116]. The relaxation strength of water matches the general trend revealed by the other curves in Fig. 8(b). However, obviously it shows a somewhat stronger temperature dependence. This may indicate weaker interactions between the water molecules in blood than in pure water, which can be rationalized by the presence of the other constituents of blood (e.g., proteins or salt ions).

Fig. 8(c) shows the temperature dependence of the relaxation times τ_{γ} in an Arrhenius plot. The observed linear increase is in accord with thermally activated behavior, Eq. (5). As an example, a linear fit of the data at Hct = 0.39 is shown (solid line). From its slope an energy barrier of 0.19 eV is obtained. There seems to be a slight increase of energy barriers with growing Hct value (from 0.18 to 0.20 eV). However, this variation is too small to be considered significant, especially when taking into account the rather small temperature range that could be investigated in the present experiments due to the restricted robustness of blood to stronger temperature variations. The present results agree reasonably with those reported by Cook [24] who found values for au_{γ} of whole blood varying between 11.9 and 7.0 ps at three temperatures between 298 and 308 K. Gabriel et al. [46] reported 8.4 ps at 310 K, about 30% higher than our result of 6.5 ps. The dashed line in Fig. 8(c) represents $\tau(T)$ of pure water as measured by Kaatze [110]. Obviously the γ -relaxations in the investigated blood samples exhibit nearly identical dynamics as the main relaxation of pure water. Water shows some small deviations



Fig. 8. Temperature dependence of width parameter (a), relaxation strength (b), and relaxation time (c) as obtained from fits assuming a Cole–Cole function for the description of the γ -relaxation (cf Fig. 7). The dashed line in (b) shows literature data for pure water (using the LU.P.A.C. standard data for $\varepsilon_s(T)$) [109]. The solid lines in (b) are fits with a Curie-law, Eq. (7). The line in the Arrhenius plot of τ_{γ} (c) is a linear fit of the curve for *Hct*=0.39 (whole blood) corresponding to thermally activated behavior, Eq. (5). The dashed line shows the curve for pure water [110].

from Arrhenius behavior, which seem to be absent in blood but these differences are of limited significance. However, one may speculate that the non-Arrhenius behavior of water arises from increasing cooperativity of the molecular motions at low temperatures as often invoked to explain corresponding findings in glass forming liquids [117,118]. In blood, its other constituents can be expected to lead to a reduction of the direct interactions between the water molecules and thus to less cooperativity. In addition, there are speculations of a first-order phase transition in supercooled water [119], which may lead to critical power-law behavior even in the normal liquid state, thus also explaining the deviation from Arrhenius behavior in Fig. 8(c). Both scenarios are consistent with the different temperature dependence of $\Delta \varepsilon(T)$ of water and blood discussed in the previous paragraph.

4.5. Further dispersions

In Section 4.3 it was shown that fits using the Cole–Cole function provide a reasonable description of the β -relaxation region. However, there are some minor deviations of fits and experimental data

especially for the higher hematocrit values. This is demonstrated in Fig. 9(a) where dielectric-constant data for the blood samples with the highest and lowest hematocrit values are shown. In contrast to the 23% sample, the fit of the spectrum of the highly concentrated sample clearly is of inferior quality. Similar deviations were previously also observed in Cole-Cole fits of data on disk-shaped rabbit-erythrocyte suspensions [57]. A close inspection of the spectrum at Hct = 0.86(Fig. 9(b)) seems to indicate that it may be composed of two separate relaxation steps. However, one could suspect an experimental artifact because in the β -dispersion region the spectrum is composed of results from two different experimental methods with the transition close to 10 MHz (see Section 3). To exclude this, in Fig. 9(b) additional data extending from 100 kHz to 50 MHz obtained with a different apparatus (autobalance bridge Agilent 4294A) are shown, which exactly reproduce the two other data sets. Thus, a fit using the sum of two separate relaxation contributions was performed (solid line in Fig. 9(b)). It provides an excellent description of the spectrum revealing relaxation times of 16 ns and 146 ns. A very similar fit using two Cole-Cole functions was shown by Asami and Yamaguchi [74] to provide a good description of data on human erythrocyte suspensions.

In blood there are various possibilities for additional relaxational processes, in addition to those considered for the explanation of the α -, β -, and γ -relaxation: (i) the reorientation of protein-bound water molecules, (ii) the hemoglobin β -relaxation (i.e., the tumbling motion of the protein molecules), (iii) the motion of polar protein subgroups, (iv) the Maxwell–Wagner relaxation of the cell interior, or (v) the additional Maxwell–Wagner relaxations due to the non-spherical cell shape, to name just the most likely ones. Most of them can be simply excluded based on the very large amplitude of $\Delta \varepsilon_s \approx 1000$ of the additional relaxation suggested by the fit shown in Fig. 9(b): (i) Bound water cannot have a larger $\Delta \varepsilon$ than free water. (ii) The hemoglobin β -relaxation in aqueous solution was found to have a $\Delta \varepsilon$ of the order of 100 [12,13,33]. It seems unreasonable that it should be higher in the hemoglobin/cytoplasma solution of the cell interior.



Fig. 9. (a) Comparison of $\varepsilon'(\nu)$ of the blood samples with the lowest (Hct=0.23) and highest hematocrit value (Hct=0.86) in the frequency range of the β - and δ -dispersions. The lines represent fit curves as in Figs. 1 and 4 using the Cole–Cole function for the description of the β -relaxation. (b) $\varepsilon'(\nu)$ for Hct=0.86 (triangles: same data as in (a), crosses: measurement with a different experimental setup). The solid line in (b) shows an alternative fit with two Cole–Cole functions for the β -relaxation. The two separate relaxation steps are indicated by the dashed lines. The inset shows a magnified view of the high-frequency region.

(iii) Polar protein subgroups can be expected to have smaller relaxation strength that the main tumbling relaxation. (iv) In principle, the capacitance of the cell interior should also be shorted at high frequencies and, indeed, the Maxwell-Wagner model of shelled particles predicts a corresponding relaxation [61]. However, for any reasonable choice of parameters this capacitance is too small to lead to any considerable contribution to ε' and this additional relaxation usually is considered negligible [12,13,33]. Thus, the non-spherical shape of the RBCs seems to be the most likely cause of the additional relaxation observed in Fig. 9(b). Already in ref. [12] deviations from simple relaxation behavior of erythrocyte suspensions were ascribed to the non-spherical form of RBCs and also Asami and Yamaguchi [74] explained their results in this way. As mentioned in Section 2.5, the Maxwell-Wagner model for suspensions of spheroid particles predicts up to four relaxations [61] (two of them arise from the cell interior and can be neglected). However, the found relaxation-time ratio of the order of 10 is too high to be explainable by this model, at least if assuming a reasonable ratio of the two semi-diameters of the spheroids [61,120]. The spectra on rabbit erythrocytes, mentioned above, also could not be described by the Maxwell-Wagner model for spheroid particles [57]. However, one should be aware that RBCs only roughly can be approximated by spheroids and most likely their biconcave shape plays a role in the found discrepancies.

An additional δ -dispersion between β - and γ -relaxations is often invoked to explain a slow continuous decrease of $\varepsilon'(T)$, observed in the region from several 10 MHz to about 3 GHz in various biological materials, including protein solutions [12,30,33,121,122] and blood [12]. It has been ascribed to various mechanisms as the dynamics of protein-bound water molecules or polar subgroups of proteins. Indeed such a dispersion is also found in our present results on blood and becomes most pronounced for the high hematocrit values (see inset of Fig. 9 for an example). However, it can be completely described by the broadband fits promoted in the previous sections (line in inset), especially if including a second relaxation in the β -relaxation region as shown in Fig. 9(b). Thus in our blood samples the apparent dispersion in this region arises from the superposition of β - and γ -relaxations and we find no evidence for a δ -relaxation. However, the presence of a small δ -relaxation is not completely excluded by this finding.

5. Summary and conclusions

In the present work, we have provided dielectric spectra of human blood for an exceptionally broad frequency range and at different temperatures and hematocrit values. A combination of models for the different dispersion regions enabled nearly perfect fits of the broadband spectra. The obtained fit curves represent an excellent estimate of the dielectric properties of blood for a wide range of parameters. They are provided for electronic download in the supporting information and can be employed for SAR calculations and other application purposes. The different dispersion regions have been analyzed in detail. The observed electrode-polarization effects are accounted for by an equivalent circuit model assuming a distribution of relaxation times. While our analysis of the low-frequency region cannot completely rule out the presence of an α -dispersion in blood, we can satisfactorily describe our low-frequency data without invoking such a relaxation. This finding agrees with earlier results stating the absence of an α -relaxation in blood [28]. The analysis of the β -relaxation using standard cell models partly leads to unreasonable results for the intrinsic dielectric properties. This most likely can be ascribed to cell aggregation playing an important role in "real" blood samples, in contrast to suspensions of erythrocytes prepared by standard solutes, often reported in literature. Cell aggregation seems to be important especially for the dielectric behavior at the low-frequency side of the β -relaxation. In contrast, using only parameters determined at frequencies beyond the β -peak frequency, leads to reasonable estimates of the conductivity and dielectric constant of the cell interior. In addition, we find strong hints that the β -relaxation is in fact composed of two separate relaxation processes, which we ascribe to the marked deviations of the RBCs from spherical geometry.

We observe clear dispersion effects in the region between the β - and γ -relaxations, which often is ascribed to a so-called δ -relaxation. However, our analysis of the broadband spectra including electrode polarization, β -dispersion, and γ -relaxation leads to excellent fits in this region, which thus is revealed to be a superposition of different contributions and not due to a separate relaxation process. Thus, while there clearly is dispersion in blood between the β - and γ -relaxations, there is no evidence for a δ -relaxation. Finally, detailed information on the γ -relaxation caused by reorientational molecular motions in pure water. However, some minor differences arise, which seem to indicate less cooperative motions of the water molecules in blood samples.

Overall, the dielectric spectra of blood are of astonishing simplicity if considering the complexity of blood, being composed of a variety of different constituents. In fact we have described our broadband spectra without assuming any intrinsic frequency dependence in the complete range from 1 Hz up to about 1 GHz and only the γ -dispersion arising from the tumbling motion of the water molecules is of intrinsic nature. Of course, there is the strong β -relaxation, which may be regarded as quasi-intrinsic but as it is of Maxwell–Wagner type, in a narrower sense it should be considered as artificial. However, of course for many applications (e.g., the calculation of SAR values) the overall dielectric properties and not only the intrinsic ones are of essential importance and we hope our work will serve for these purposes in the future.

Acknowledgements

We gratefully acknowledge the help of Dr. W. Behr, Dr. K. Doukas, and Prof. Dr. W. Ehret at the "Klinikum Augsburg" in the taking and preparing of the blood samples.

Appendix A. Supplementary data

Fit curves of the broadband spectra and fit parameters for all samples and temperatures investigated in the present work are available for electronic download.

Appendix B. Supplementary data

Supplementary data to this article can be found online at doi:10. 1016/j.bbagen.2011.05.012.

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