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# Experimental Studies on the Possible Influence of Invasive Oxygen Measurements on Tumour Radiosensitivity

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The effects of tissue damage associated with invasive  $pO_2$  measurements on radiation sensitivity were investigated using a xenografted squamous cell carcinoma model. For the tumour cure experiments, single dose irradiations were given following different regimens of polarographic  $pO_2$  measurements associated with different degrees of mechanical tissue damage. With a dose of 32 Gy, 57% of animals were cured. Following 3 tracks of needle measurements, 73% of tumours were locally controlled, and 75% were cured after 8 needle tracks. The polarographic measurements gave virtually identical oxygenation data for recurrent or cured tumours (both median  $pO_2$  1.0 mmHg), respectively. There was thus no evidence of decreased radiosensitivity associated with tissue damage after invasive  $pO_2$  measurements. The pre-therapeutic oxygenation status gave no evidence for a prediction of radiation response on an individual basis.

Invasive needle measurements of intratumoral  $pO_2$  are increasingly used in the clinical situation, as rapid in situ measurements of oxygenation are possible. For clinical practice, the measurements have been reported to be reliable and some studies have reported that oxygen electrode measurements can predict the outcome of radiotherapy (1–3).

However, the considerable concern over possible adverse effects of the measurements has been discussed (4–6). The present investigation was initiated to evaluate the effects of the tissue damage associated with invasive polarographic oxygen tension measurements on tumour radiosensitivity. The background of the investigation was the possible impact of hypoxia induced by tissue and vessel damage as a consequence of the needle insertions. The cure probability of tumours was assessed following single dose radiotherapy. Therefore, the significance of pre-therapeutic  $O_2$  partial pressure, as measured polarographically, could also be analysed by comparison with the radiation response.

## MATERIAL AND METHODS

### *Animals*

Nude mice (nu/nu of NMRI inbred background) were used for this study. The mice were derived from the

central animal laboratory of Essen University, where the breeding was performed under pathogen-free conditions. For the experiments, the animals were housed in laminar air flow units in the laboratory of the Department of Radiation Oncology. Animals had unlimited access to water (supplemented with chlortetracyclin (10 g/l) and K-sorbate (1.35 g/l) acidified to a pH of 3.0) and high caloric laboratory food. The animals were entered in the experiment at an age of 6 to 9 weeks. All experimentation had previously been approved by the regional animal ethics committee.

### *Tumours and transplantation*

A human squamous cell carcinoma established from a biopsy of a head and neck primary tumour (WAN) with a tumour volume doubling time of  $3.5 (\pm 0.2)$  days was used for this investigation.

Tumour chunks of 2 to 3 mm were transplanted into the s.c. tissue of the right hind leg of the nude mice. The tumour line was xenografted into nude mice and repeatedly characterized by means of DNA content, volume doubling time, and isoenzyme pattern of LDH and GPD (7). During the experimental period, no changes in these parameters were observed, confirming the human origin of the tumour.

### Assessment

The animals were assigned to treatment when the tumours reached a volume of 110 mm<sup>3</sup>. After irradiation the tumours were scored 2 to 3 times weekly until a recurrence was observed, or the experiments were terminated 80 days after the observation of the last recurrence at day 180 after the end of the treatment. Eight to 16 mice were used for each radiation dose point. Six radiation dose levels were given in order to construct a full dose response relationship. The dose yielding 50% local control rate (TCD<sub>50</sub>) with correction for censored data was estimated by fitting a logistic regression to the entire dose/response data (8). Values in parentheses represent 95% confidence intervals. For the irradiation with a fixed single dose (32 Gy about TCD<sub>50</sub>), 99 animals were irradiated after measuring 3 tracks and 40 animals after 8 tracks invasive measurements, respectively.

### Anaesthesia

Details of the experimental set-up used for both the irradiations and the invasive pO<sub>2</sub> measurements have been published previously (9). Briefly, the mice were positioned concentrically to the midpoint of the experimental set-up, breathing an anaesthetic gas mixture through openings in the distributor. Enflurane (Ethrane®) was circulated using a membrane pump and was mixed with air as carrier. Further details of the narcotic procedure can be found in Ang et al. (10). A decrease in body temperature during narcosis was avoided by surrounding the animal body gently with a perspex tube. In addition, two thermostatically controlled fan heaters were positioned at a distance of 40 cm to the set-up during irradiation.

### Polarographic measurements of pO<sub>2</sub>

Polarographic intratumoral oxygen partial pressure (pO<sub>2</sub>) measurements and irradiations were performed under identical conditions (tumour size, positioning of animals, depth and duration of anaesthesia, avoidance of body temperature drop). The invasive pO<sub>2</sub>-measurements were performed using a computerized system (KIMOC 6650, Eppendorf, Hamburg). The details of this technique have been previously described (11). Briefly, the intratumoral pO<sub>2</sub> was registered with a polarographic needle, 300 µm in diameter. Forward movements of the needle (500 µm) were immediately followed by a backward step of 200 µm, in order to minimize tissue compression artefacts (12). Tumour oxygenation measurements were performed either along 3 tracks within one individual tumour or along 8 tracks, respectively (see Fig. 1). Data of the same histology, tumour size, and number of tracks were pooled for analysis. More than 900 individual pO<sub>2</sub> data points (924–3790) have been obtained for statistical evaluations. Negative values in the range from –1 to 0 mmHg, which are

thought to appear due to the accuracy of the system, were treated as belonging to the lowest class reading (0–2.5 mmHg). Values below that range (i.e. < –1 mmHg), which usually appear because of bending of the needle, were not observed in our investigations. The drift was < 0.4%/min. The raw data of the pO<sub>2</sub> measurements were exported from the KIMOC device into a personal computer and analysed using standard statistical software. The significance of differences between the various regimens of measuring pO<sub>2</sub> (3 vs. 8 tracks) was assessed by means of the Kolmogorov-Smirnov 2-sample test (13).

### Irradiations

Tumour-bearing legs of mice were irradiated with 15 MeV photons generated by a linear accelerator (Mevatron) at a dose rate of 2.5 Gy/min. The focus isocentre distance was 100 cm with field sizes of 3 × 2 cm<sup>2</sup> at the isocentre. The remaining body of the animals was shielded effectively by a 12 cm thick Lipowitz's metal shielding block from the direct beam and mainly exposed to scattered radiation. The whole body dose of mice was 8% of the total tumour absorbed dose.

The field homogeneity was repeatedly checked using LiF (Lithium Fluoride) thermoluminescent dosimeters. The dose variation was found to be less than 4% over a length of 6 mm in the centre of the collimated fields, which corresponds to the size and position of the tumours at time of treatment.

## RESULTS

### Single-dose irradiation

The radiation dose-response curve for the single-dose irradiation of tumours, which were not pO<sub>2</sub> measured, is presented in Fig. 2. The TCD<sub>50</sub> derived under unclamped air breathing conditions was 32.0 Gy (28.3–36.2 Gy).

With a dose of 32 Gy given to tumours, which were not measured invasively before irradiation, 8 out of 14 animals (57%) were cured. Following 3 tracks of needle measurements, 73 out of 99 animals (73%) were locally controlled with 32 Gy, while 30 out of 40 animals (75%) were cured after 8 needle tracks, respectively.

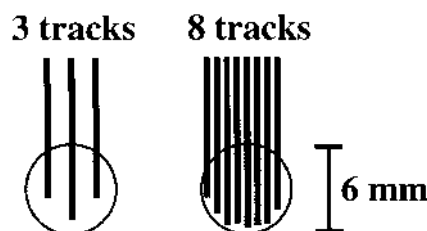


Fig. 1. Different regimens of polarographic oxygen tension measurements for tumours transplanted on the legs of animals.

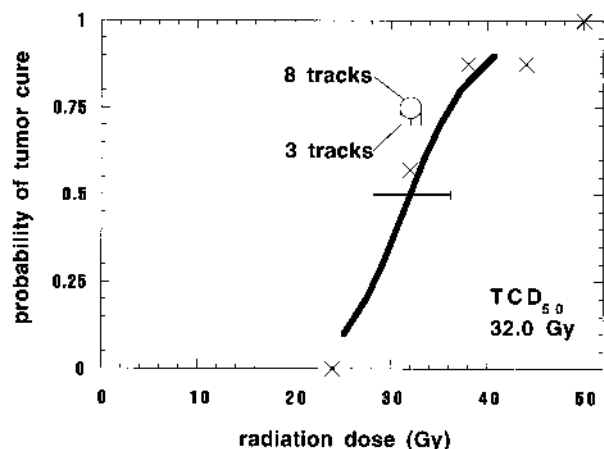


Fig. 2. Dose/response curve of the WAN tumour for single-dose irradiation.

#### *pO<sub>2</sub> measurements*

The xenografted squamous cell carcinoma (WAN) investigated revealed a significant amount of hypoxic readings under ambient conditions, as assessed polarographically. In tumour volumes of 110 mm<sup>3</sup>, more than 80% low-class pO<sub>2</sub> values in the range from 0 to 2.5 mmHg occurred. Details of the results of pO<sub>2</sub> measurements are presented in Table 1.

A stratification of pre-irradiation pO<sub>2</sub> readings by response to 32 Gy single dose is summarized in Table 1.

Briefly, no significant differences in the oxygenation status of the recurrent or cured tumours could be detected. After 3 tracks the cured tumours showed a median pO<sub>2</sub> of 1 mmHg, while the recurrent tumours also had a median pO<sub>2</sub> of 1 mmHg.

Comparing the oxygenation data derived with 3 tracks or 8 tracks, respectively, virtually identical pO<sub>2</sub> values were observed. No increase in resolution or statistical power of the data was seen with more tracks and consequently more data points.

#### DISCUSSION

The computerized pO<sub>2</sub> histogram (KIMOC 6650; Eppendorf, Germany) is increasingly used in the clinic to measure tissue oxygenation invasively. The available data show a wide range of pO<sub>2</sub> values even in identical histological types, with a trend towards low pO<sub>2</sub> values in most patients (2, 14). Since the polarographic system investigates a small volume of the tumour and is unable to distinguish between viable hypoxic (stem cells) and necrotic areas irrelevant for the risk of recurrence, there remains controversy on the relevance of the system (15, 16). However, some clinical studies indicate a correlation between initial pO<sub>2</sub> values with local control or survival (1, 3, 17).

The present investigation was initiated to evaluate the effect of tissue damage associated with invasive intratumoral needle measurements on radiation response. As a high resolution of the experiment was necessary, a large group of animals ( $n = 139$ ) was irradiated with a radiation dose, which corresponded to the TCD<sub>50</sub> level of unmeasured animals. At this dose level the dose/response curve is steep, which should be associated in principle with an increased resolution of the assay. The TCD<sub>50</sub> for unmeasured tumours was 32 Gy; in other words, this radiation dose led to a 50% probability of local control. With the identical radiation dose, 73% of animals were cured after 3 tracks of needle measurements and 75% were locally controlled after 8 needle tracks, respectively. Clearly, no decreased radiation sensitivity was observed. However, the situation might be different in a tumour which is better oxygenated. In that situation the impact of induced hypoxia as consequence of vessel damage on radiation sensitivity might be more pronounced. In our study a slightly enhanced radiation response was noticed for the measured tumours, regardless of the measurement regimen. The reason for this is most likely the tumour cell kill associated with the measuring procedure.

Very few studies have investigated adverse effects of probe tracks in tumours (5, 6). In transplantable tumours neither effect of probe progression on tumour growth nor incidence of metastases was observed (5). Furthermore, the survival of mice was not changed after pO<sub>2</sub> measurements compared with controls (5).

In a histological study on xenografts Steinberg et al. (6) described aggregates of erythrocytes from microvessel rupture within the needle track. In some tumours the tumour vessel perforation resulted in large extravasations with a diameter of up to ten times that of the needle itself. However, the implantation site at the lateral thorax might have lead to an overestimation of the needle-induced damage, as breathing movements might have increased the damage of the inserted needle.

In contrast to the present paper, the number of measurements have in some studies been variable within groups of animals or patients and are subject to criticism (4). Oedema and haemorrhage associated with other modes of invasive measurements might lead to a modification of tumour hypoxia. Our data give no evidence that the numbers of tracks (3 vs. 8) affect the validity or resolution of the pO<sub>2</sub> readings concerning the radiation response.

The experimental tumour investigated in this study was characterized by a large proportion of low pO<sub>2</sub> readings. About 80% of all readings were observed to be  $\leq 2.5$  mmHg where the sensitizing effects of oxygen are less than half maximal (19). This finding is at the low end of reported values for both murine and xenografted human tumours (18–20).

The applied anaesthetic might be a factor participating toward the low oxygen tensions. Data on both normal

**Table 1***Results of pO<sub>2</sub> measurements of the WAN-tumour stratified by response to 32 Gy single-dose radiation treatment*

Status of animals	Mean pO <sub>2</sub> ( $\pm$ S.D.)	Median pO <sub>2</sub> ( $\pm$ S.D.)	% $\leq$ 25 mmHg ( $\pm$ S.D.)	% $\leq$ 5 mmHg ( $\pm$ S.D.)	No. of readings
3 tracks					
All (99)	2.5 $\pm$ 5.3	1.0 $\pm$ 6.3	84 $\pm$ 12.2	88 $\pm$ 12.9	3540
Cured (73/99)	2.7 $\pm$ 4.9	1.0 $\pm$ 6.5	83 $\pm$ 11.2	87 $\pm$ 11.8	2616
Recurrent (26/99)	1.8 $\pm$ 6.5	1.0 $\pm$ 5.9	87 $\pm$ 14.8	90 $\pm$ 15.7	924
8 tracks					
All (40)	3.2 $\pm$ 2.7	1.0 $\pm$ 0.3	82 $\pm$ 11.5	86 $\pm$ 10.3	3790
Cured (30/40)	3.4 $\pm$ 2.9	1.1 $\pm$ 0.3	82 $\pm$ 11.7	85 $\pm$ 10.4	2821
Recurrent (10/40)	2.6 $\pm$ 2.1	0.9 $\pm$ 0.3	85 $\pm$ 11.1	87 $\pm$ 10.3	969

Data were derived with 3 or 8 tracks, respectively. Values in parentheses represent the number of animals.

S.D. = Standard deviation.

tissues and tumours show that anaesthetics may affect the radiation response by modification of oxygenation (21–23). The data on the effect of the commonly used enflurane narcosis on radiation response are limited. Neely et al. (24) measured inner retinal oxygen tension in cats in general enflurane narcosis under normoxic conditions. Enflurane anaesthesia did not cause hypoxia of the inner retina in cats breathing 21% inspired oxygen, indicating a limited effect of the drug on oxygenation status of tissues. Furthermore, in murine lip mucosa, no significant effect of enflurane on the radiation response could be observed for fractionated irradiation (25). However, low pO<sub>2</sub> values have also been described in the clinical situation (26–28).

In view of the patient numbers needed for clinical trials, a major challenge is the selection of patients who might actually benefit from sensitizing methods. Our experimental design allows an approximation of the predictive potency of pO<sub>2</sub> readings on an individual basis. As the observed dose response curves are frequently not as steep as could be expected with inbred strains and identical tumour size, differences in the oxygenation could be a reason for the differences in radiation response, which determines the incidence of cure following radiation.

In our study we also attempted to correlate results of radiotherapy with the oxygenation status as assessed polarographically. Within the limited range of pO<sub>2</sub> values observed, the pO<sub>2</sub> readings did not predict the cure probability of a single-dose irradiation on an individual basis.

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