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Pulsed surface acoustic waves accelerate wound healing and reveal new parameter limits for cell stimulation in vitro

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ABSTRACT

The use of surface acoustic waves (SAW) in cell biology has gained high attention in the past years. Previous works show that SAW treatment of artificial wounds in vitro can accelerate wound healing by up to +135 %. However, little is known about the mechanobiology behind these effects, and a stimulation has only been proven for continuous SAW signals so far. We here show that the stimulation efficacy observed in previous studies is preserved for pulsed stimuli applied to MDCK-II cells in wound healing assays on SAW chips at a resonance frequency $f_{SAW} = 160$ MHz. Moreover, for a reproducible and reliable image analysis, we present the SegFormer-based deep learning algorithm *Neural Cell Edge Detector* (NeuCED) for the cell edge segmentation and image binarization, that allows an automated determination of the stimulation efficacy. With these tools, we explore a wider range of applicable SAW intensities up to $P_{in} = 21$ dBm (128 mW) with a maximum stimulation efficacy of $E = 201$ %. We show that the order of magnitude of the stimulation effect is reproducible under the variation of SAW signal characteristics power P_{in} , duty cycle D and pulse width τ , while the mean energy over time is constant. Below a distinct pulse duration limit $\tau = 100$ ms, no direct stimulation effect was observed. From a mechanobiological point of view, these findings and time scales might allow to narrow down the potentially triggered cellular mechanisms during the stimulation.

1. INTRODUCTION

The stimulation of cell growth is a key objective for clinical issues like surgery recovery, chronic wounds, and bone fractures. One of the therapeutic methods prescribed in these cases is ultrasound therapy: Especially low-intensity treatments up to $P = 100$ mW/cm² have been proven to have beneficial effects [1,2]. In physiotherapy, low-frequency, low intensity and/or pulsed ultrasound signals can be used to target possible non-thermal mechanisms in tissue healing [1]. Tajali et al. (2012) concluded that low-intensity pulsed ultrasound can stimulate the radiographic bone healing in fresh fractures [3]. The same type of ultrasound treatment in combination with cryotherapy improved the rehabilitation of patients after total knee replacement surgery [4]. Furthermore, consistent beneficial effects on the healing process of chronic wounds have been observed in patients treated with noncontact low-frequency ultrasound [5], while wound healing in female rats was stimulated by low-intensity pulsed ultrasound signals [6].

In vitro studies can help to explore new stimulation methods and to understand the biomechanics of cell stimulation [7]. A powerful tool to apply or mimic the application of ultrasound for adherent

44 cultured cells are surface acoustic waves (SAW). The generation of surface acoustic waves on a chip
45 for the stimulation, manipulation and non-invasive analysis of cells has become an established method
46 in cell biology over the past years [8]. Previous studies show that neurite outgrowth of neuroblastoma
47 cells and of primary neurons can be guided by acoustically modulated standing SAW in microchannels
48 [9,10]. In the field of stimulation, Stamp et al. showed that travelling surface acoustic waves at about
49 $f_{SAW} = 160$ MHz can accelerate SaOs-2 cell growth in wound healing assays by up to +17 % [11]. Another
50 cell line suitable for wound healing assays, that is widely used as model for epithelial studies, are MDCK
51 cells [12]. In 2020, Brugger et al. identified an optimal stimulation range between $P_{in} = 6$ to 12 dBm (4
52 to 16 mW) for MDCK-II cells, where wound healing was significantly accelerated by even up to +135 %
53 [13]. In these studies, cell proliferation was not enhanced by SAW, so that the stimulation effect was
54 explained by an accelerated cell migration into the wound. However, the cellular mechanisms that
55 respond to SAW stimulation and promote the migration of cells remain unclear. In the works listed
56 above, wound healing stimulation was only quantified for continuous SAW signals under variation of
57 the intensity, whereas other signal types and their parameters, like SAW pulses, were not yet studied.
58 Furthermore, the treatment of wounds with continuous high-power signals induces high temperatures
59 in the sample, reduced cell viability and did not evoke a stimulation effect in previous works [13]. An
60 understanding of the effects of different SAW signals on the wound healing behavior could help
61 unraveling the underlying mechanisms of SAW stimulation. In this context, Ambattu and Yeo also
62 recently stated that understanding the mechanotransduction mechanisms could advance the SAW
63 stimulation method in the clinical field [14]. Although in vivo systems are more complex than in vitro
64 2D wound healing models, an explanation of the stimulation effect in vitro could yield essential
65 information on the underlying cellular mechanisms triggered by acoustic stimulation in general.

66 We here choose a phenomenological approach to this issue and study the limits of applicable SAW
67 intensities, duty cycles and pulse widths of wound healing stimulation in vitro. With this approach, we
68 aim to close the gaps in our understanding of cellular behaviour under stimulation with different SAW
69 signals stated above. Also, we want to overcome the power limit of SAW stimulation and answer the
70 exciting question if a higher maximal power can stimulate stronger if the heat input problem of high-
71 power signals does not appear. Analogous to previous works, where the so far highest SAW-induced
72 stimulation effect was observed, we cultivate MDCK-II cells in wound healing assays using culture
73 inserts on a SAW chip. The exclusion of cells by an elastomeric barrier for wound healing studies is a
74 standardized method to realize 2D cell migration assays [15]. It also has some advantages over cell
75 removal methods like scratch assays by causing less damage to the cell monolayer and increasing the
76 reproducibility of the gap size [16]. For a faster and more reliable image analysis of these wound
77 healing assays, we employ a deep learning- algorithm (NeuCED: **Neural Cell Edge Detector**) based on
78 SegFormer [18]. The algorithm detects wound edges in phase contrast scans and converts them to
79 binary images for an automatic determination of the healing velocity. In contrast to previous works,
80 we here stimulate wound healing assays with pulsed instead of continuous SAW signals. Hereby, we
81 will answer the following questions: **1) Can we maximize the stimulation effect with pulsed signals at
82 higher SAW powers compared to previous studies? 2) What is the minimum necessary pulse width
83 of the SAW to stimulate wound healing assays?** Based on our results, we then discuss the cells'
84 viscoelasticity and time scales of mechanotransduction processes involved in acoustic cell stimulation
85 as possible key drivers of the stimulation mechanism.

86

87 2. RESULTS

88 In the following, we present the results of pulsed SAW stimulation of wound healing assays under
89 variation of the SAW power P_{in} , duty cycle D and pulse width τ . We first identify the here employed

90 SAW signal characteristics in the experimental setup. Second, we present the SegFormer-based deep-
 91 learning algorithm NeuCED (**N**eural **C**ell **E**dge **D**etector) for an automated image segmentation and
 92 determine the stimulation efficacy E of an exemplary wound healing assay stimulated at a high SAW
 93 power $P_{in} = 21$ dBm, $D = 10$ %, showing that high SAW powers can lead to high stimulation efficacies E
 94 $= 201$ %. Third, we observe that the stimulation effect is conserved under SAW power variation P_{in}
 95 within the here employed range as long as the mean energy \bar{E}_p of the pulse remains constant.
 96 However, a further variation of the pulse width τ reveals that significant stimulation effects can only
 97 be observed for pulse widths $\tau \geq 100$ ms.

98 All wound healing assays are performed on LiNbO₃ chips with a resonance frequency $f_{SAW} = 160$ MHz.
 99 For a detailed description of the materials and methods, see section 5 (Materials and Methods). The
 100 experimental design and dimensions of the interdigitated transducers (IDT) with a periodicity of
 101 $\Delta x = 25$ μ m are shown in Figure 1a-b. As a barrier for cell exclusion, we use Ibidi® culture inserts,
 102 creating well-defined gaps at a distance $x \approx 50$ μ m parallel to the IDT (Figure 1b).

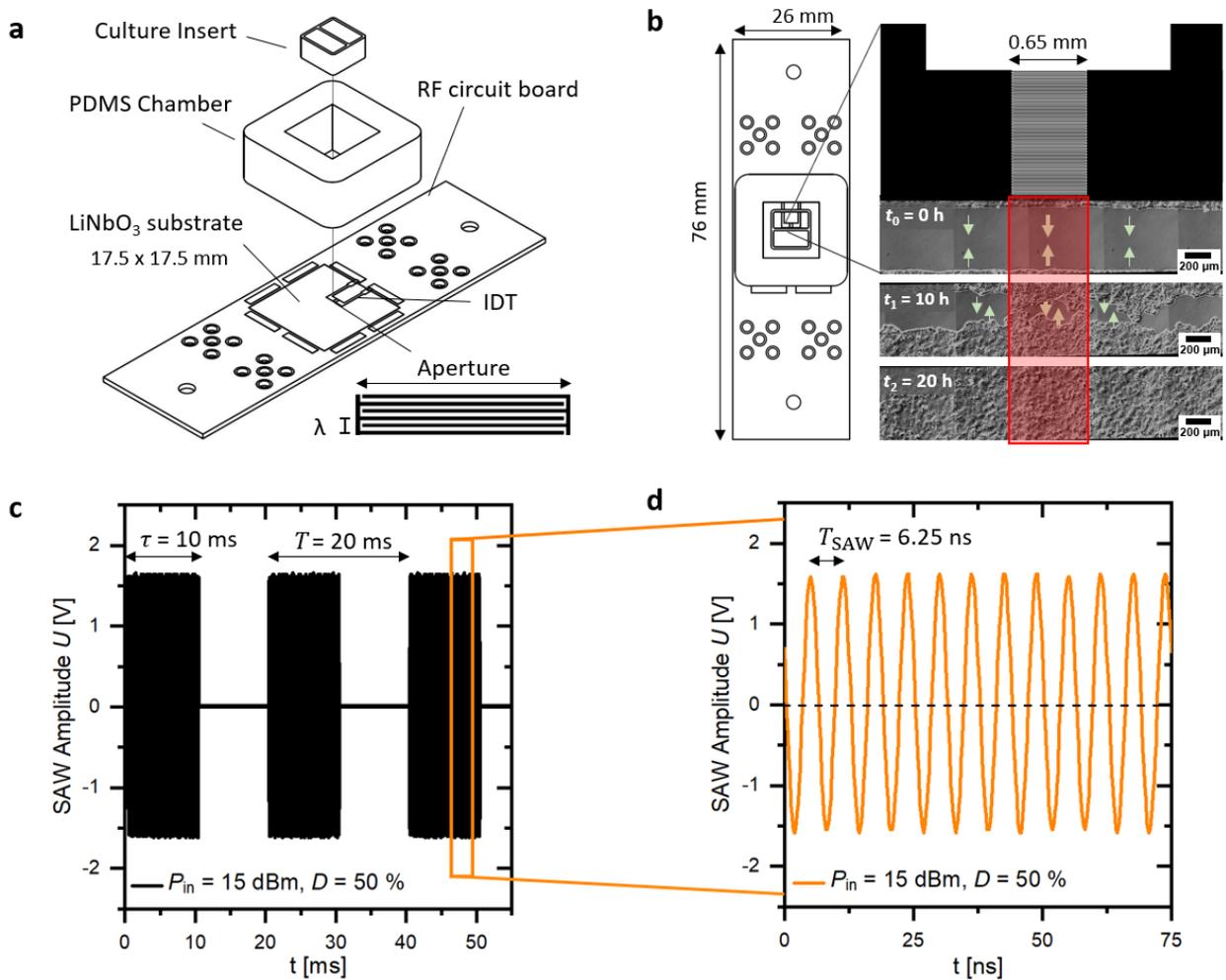


Figure 1 - Experimental setup and characteristics of the employed pulsed SAW signals. a) Exploded view of the wound healing assay setup on a SAW chip, b) top view with close-up scheme of the IDT and phase contrast images of the artificial wound, where red marks the sound path of the wave, c) oscilloscope records of an exemplary SAW signal at $P_{in} = 15$ dBm, $D = 50$ %, d) enlarged view of the oscilloscope signal, where the SAW period T_{SAW} is visible.

103 The red rectangle in Fig 1b marks the sound path in front of the aperture, where the SAW signal is
 104 generated. We monitor the wound healing process over at least $t = 20$ h until complete wound closure.
 105 Exemplary phase contrast images of the healing process of a SAW-stimulated wound can be seen in

106 Figure 1b. The oscilloscope records in Figure 1c-d demonstrate the characteristics of the SAW signals
 107 used for the wound healing stimulation, where Fig 1c displays an exemplary signal with the parameters
 108 $P_{in} = 15$ dBm, $D = 50\%$ and $\tau = 10$ ms. The duty cycle D of the pulse is defined as:

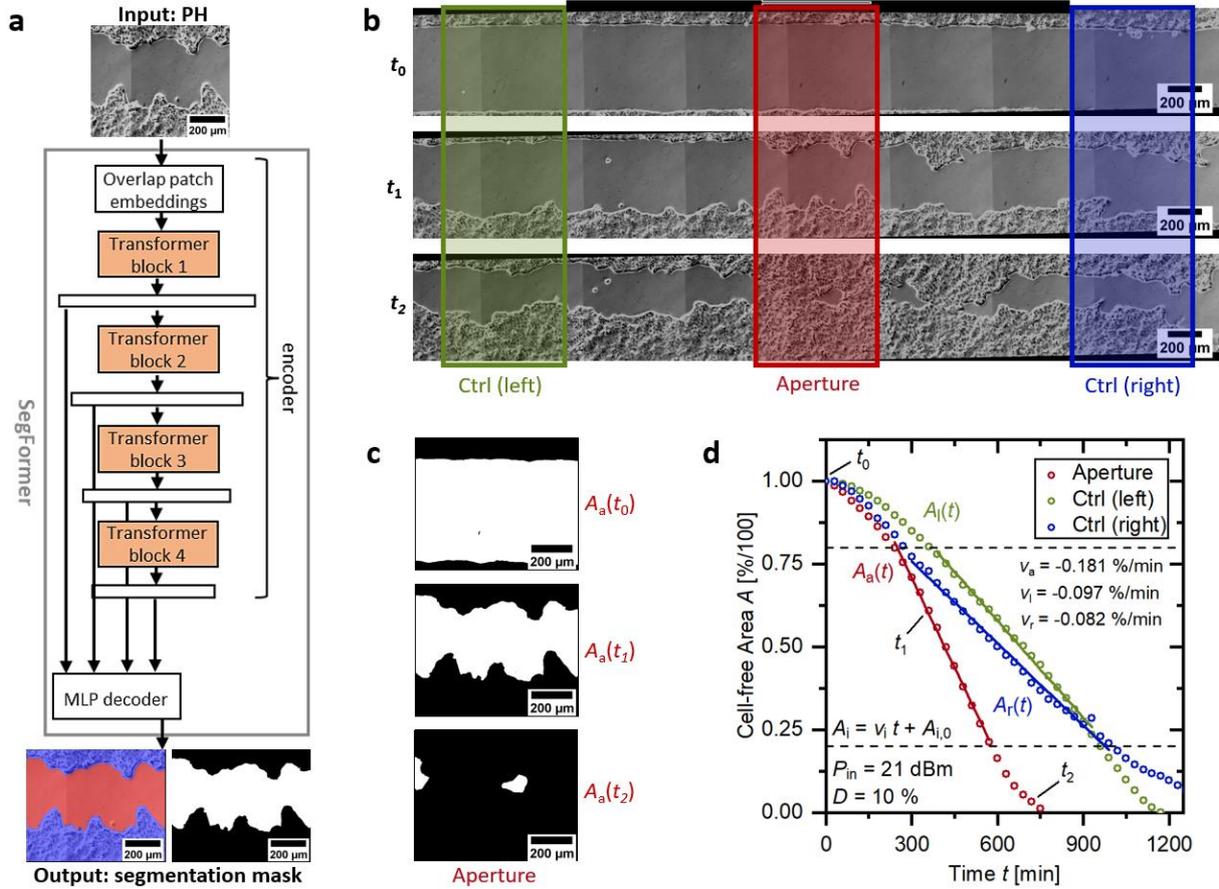
$$D = \frac{\tau}{T} * 100\% , \quad (1)$$

109 where T is the period of the pulse and τ the pulse width. Figure 1d displays a closer view of the signal,
 110 so that the period $T_{SAW} = 6.25$ ns of the SAW becomes visible. We obtain the resonance frequency
 111 $f_{SAW} = 160$ MHz via the relation:

$$f_{SAW} = \frac{1}{T_{SAW}} = \frac{c_{SAW}}{\lambda_{SAW}} , \quad (2)$$

112 where $c_{SAW} = 3997$ m/s is the sound velocity of a wave propagating on LiNbO_3 [17].

113 The wavelength $\lambda_{SAW} = 25$ μm is set by the periodicity of the IDT structure and is roughly in the order
 114 of magnitude of a cell. The wavelength also determines the $1/e$ decay length $L_x^{1/e}$ of the SAW along
 115 the propagation direction x : $L_x^{1/e} = 12.5 \lambda_{SAW} = 331$ μm [18]. At the beginning of the wound healing
 116 process, the wound distance is $\Delta x \approx 500$ μm . Consequently, the upper cell front migrates within the
 117 decay length $L_x^{1/e}$ during the whole closing process and all cells in the aperture region are under SAW
 118 influence during the whole experiment.



algorithm NEUCED used for automated segmentation of the PH images, b) PH scans at three different time steps $t_0 = 0$ h, $t_1 = 6$ h and $t_2 = 12$ h during the closing process of the wound showing the three regions of interest (aperture and two control regions), c) binarized images of the aperture region at the exemplary time steps, d) exemplary graph of the wound healing processes of the three regions in the sample showing a visible stimulation effect, where the index i in $A_i(t)$ stands for aperture (a), control left (l) or control right (r).

119 In Figure 2, we depict an exemplary wound healing analysis under stimulation of a SAW at $P_{in} = 21$ dBm
 120 (128 mW) and $D = 10$ %. From the phase contrast scans of the wound (Fig 2b), we analyze three regions
 121 of interest: the aperture region (red) and two control regions (green and blue) on the edges of the IDT.
 122 Only the cells in the aperture region (sound path) are SAW-stimulated, while the other two regions
 123 serve as internal controls without SAW influence. A comparison of the wound healing velocity of the
 124 regions yields the stimulation efficacy of the sample. However, the determination of the velocity in
 125 each region requires the detection of the wound edges. In previous works, these edges were marked
 126 manually with the software *ImageJ* [11,13]. To substitute this time-consuming method and to enhance
 127 reproducibility, we exploited a SegFormer-based deep-learning segmentation algorithm [18] and
 128 integrated it into an automated cell edge detection tool, the Neural Cell Edge Detector (NeuCED, Fig
 129 2a).

130 The deep-learning based automated cell edge detector NeuCED is based on SegFormer [19], an
 131 efficient, accurate, and robust semantic segmentation framework which unifies Transformers [20–24]
 132 with lightweight multilayer perceptron (MLP) decoders. As shown in Fig. 2a, the input of NeuCED is a
 133 (grayscale) phase contrast image of the wound. SegFormer consists of two main modules: (1) a
 134 hierarchical Transformer encoder to generate high-resolution coarse features and low-resolution fine
 135 features; and (2) a lightweight MLP decoder to fuse these multi-level features to produce the final
 136 semantic segmentation mask (the output of NeuCED). For a detailed description of the SegFormer
 137 architecture see section 5 (Materials and Methods) and Xie et al. [19]. By using SegFormer we here
 138 demonstrate a highly accurate and very robust cell segmentation framework with a mean intersection
 139 over union performance of mIoU = 98.67 % on the test data set. For detailed information on
 140 performance and accuracy see SI, Table 1. As apparent from Fig 2a and 2c, the original phase contrast
 141 image is binarized into the cell-free background (white) and the area covered with cells (black). The
 142 binarization is accurate even if the transition between two stitched images of the scan is not perfectly
 143 uniform.

144 Fig 2b shows an exemplary wound healing process of a sample treated with a pulsed SAW at
 145 $P_{in} = 21$ dBm and $D = 10$ % at the time steps $t_0 = 0$ h, $t_1 = 6$ h and $t_2 = 12$ h. The binarized images of the
 146 aperture region (red) after segmentation with NeuCED are displayed in Fig 2c. To determine the wound
 147 healing velocity, we analyze the reduction of the normalized cell-free area A as a function of time t at
 148 a step: $\Delta t = 30$ min, which is shown in Fig 2d. The area $A = 1.0$ is the cell free area in the first frame
 149 right after the removal of the culture insert and $A = 0$ represents a fully closed wound. At the beginning,
 150 the cells are not immediately polarized in the migration direction after the culture insert removal and
 151 at the end, wound closure can be slowed down by uneven collisions of the cell fronts along the wound.
 152 Therefore, we approximate the linear decline of the cell-free area only between $A = 0.2$ and $A = 0.8$
 153 using a linear regression model, so that the wound healing velocity v_i of a region of interest is given by
 154 the slope:

$$A_i = v_i t + A_{i,0} \quad (3)$$

155 In the here displayed sample, a clear stimulation effect is visible: $|v_a| > |v_r|$ and $|v_a| > |v_l|$. Moreover,
 156 the stimulation already becomes visible from the image sequence of the wound healing in Fig 2a. The
 157 final stimulation efficacy E of the sample is determined by:

$$E = \frac{v_a}{\frac{1}{2}(v_r + v_l)}, \quad (4)$$

158 which yields a final stimulation efficacy of $E = 201$ % for the sample stimulated at $P_{in} = 21$ dBm. Brugger
 159 et al. observed a mean stimulation efficacy $E = 235 \pm 80$ % at $P_{in} = 9$ dBm [13], which is in the same

160 order of magnitude. This shows that a pulsed SAW stimulation of wound healing assays at high powers
 161 can be as effective as a continuous stimulation at moderate powers.

162 The median stimulation efficacy of all control samples (wound healing assays on SAW chips, but
 163 without a SAW signal) is $E_{m,ctrl} = 1.04$ ($N = 24$). In general, it is possible that deviations in the wound
 164 healing velocity along the wounds can occur due to uneven distributions or polarization of cells, leading
 165 to statistical variations. For the following investigations, we therefore tested at least $N = 6$ samples per
 166 each SAW parameter and applied statistical tests to prove the significance of our results. The median
 167 of all SAW-treated samples (independent of the detailed parameter set) with a significant stimulation
 168 effect in this study is $E_m = 1.54$ ($N = 24$). The median wound healing velocities in the aperture regions
 169 of the SAW samples and, respectively, of the control samples are: $\bar{v}_{a,SAW} \approx 0.16$ %/min = 48 $\mu\text{m}/\text{h}$ and
 170 $\bar{v}_{a,ctrl} \approx 0.10$ %/min = 30 $\mu\text{m}/\text{h}$ for an initial wound width of $\Delta x \approx 500$ μm . In control samples, a
 171 complete wound closure was achieved after about $t_m \approx 17$ h.

172 In the following, we investigate the influence of pulsed SAW signals on wound healing assays at
 173 different powers P_{in} . We define the mean energy \bar{E}_p of such a pulsed signal:

$$\bar{E}_p = P_{in} \frac{D}{100\%} = const. \quad (5)$$

174 The condition $\bar{E}_p = const.$ ensures that there are no temperature effects involved in the power variation
 175 experiments. The temperature difference for a sample treated with a pulsed SAW at $P_{in} = 21$ dBm - the
 176 highest power used in this study - does not exceed $\Delta T = 0.2$ K (cf. SI Fig 1a). Moreover, the
 177 temperature in the thermal image (cf. SI Fig 1b) is distributed homogeneously around the IDT without
 178 local differences between the three regions.

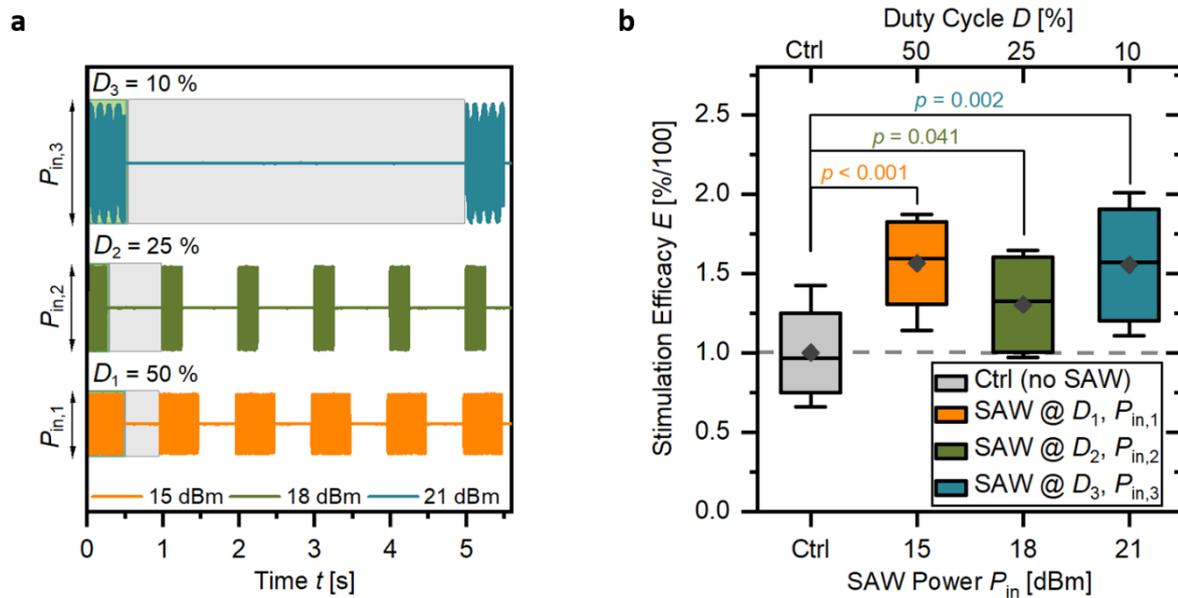


Figure 3 – Power variation of SAW pulses and the resulting wound healing stimulation efficacy. a) Oscilloscope records of the employed SAW signals at different powers $P_{in,1}$ to $P_{in,3}$ under the condition $P_{in} \cdot D \approx const.$, b) box plot of the stimulation efficacy of wound healing assays under influence of these SAW signals. Each mean data point consists of $N = 6$ individual samples; the error bars represent the maximum and minimum value. There were no statistical outliers. The box size represents the standard deviation SD , and the horizontal bar shows the median. A student's independent sample t test yields the significance of the stimulation compared to control samples ($N = 11$) without SAW treatment at a significance level $\alpha = 0.05$. All SAW parameters induce a significant stimulation effect compared to the control samples.

179 According to Eq 5, if the SAW power is doubled (e.g., from $P_{in} = 15$ dBm to $P_{in} = 18$ dBm) the duty cycle
180 D must be reduced by half (e.g. from $D_1 = 50$ % to $D_2 = 25$ %) to keep \bar{E} constant. This relation is
181 visualized by oscilloscope records in Fig 3a.

182 We then tested the influence of the different SAW power and duty cycle combinations ($i = 1, 2, 3$) on
183 wound healing assays under the condition from Eq 5.

184 The absolute wound healing velocities for (P_i, D_i) , following the analyzation scheme in Fig 2, reveal a
185 significant acceleration of wound healing in the aperture regions of SAW-treated samples. The cells in
186 the internal control regions grow at the same speed as the cells in non-treated control samples.
187 However, an interpretation of the absolute velocities is not always ideal, because it does not consider
188 unavoidable variations in cell behavior, chip surface conditions and manual handling between different
189 samples, different chips and different days of experiments that can occur regardless of the
190 experimental protocol's consistency. For the final results shown in Fig 3b, we therefore normalized the
191 absolute data of each sample to its internal control according to Eq 4. The resulting wound healing
192 efficacies are shown in Fig 3b. In total, we analyzed $N = 6$ samples for each SAW parameter set (P_i, D_i) ,
193 and additionally $N = 11$ samples without SAW treatment as external controls. The mean stimulation
194 efficacy of the control samples is $E = 1.00 \mp 0.24$, which was expected because without SAW
195 treatment, there should not be any differences between the wound healing velocities in the aperture
196 and the internal control regions. Interestingly, we obtain higher mean stimulation efficacies for all
197 samples treated with SAW from $P_{in} = 15$ to 21 dBm. The maximum efficacy $E = 1.56 \mp 0.24$ is reached
198 for $P_{in} = 15$ dBm, $D = 50$ %. We performed an independent samples student's t test at a significance
199 level $\alpha = 0.05$ to test the hypothesis that wound healing in all SAW-treated samples is stimulated
200 compared to the control samples. The normality of the data set was proven previously by a Shapiro
201 Wilk test (SI, Table 2a). All SAW-induced wound healing efficacies exhibit a p value $p < \alpha$, which verifies
202 the significance of the stimulation for all the here employed SAW parameters D and P_{in} . However, we
203 did not detect any significant difference between different parameters (SI, Table 2b). This indicates
204 that the mean energy \bar{E}_p of the SAW signal, rather than the total employed power or duty cycle, is an
205 important condition for the stimulation mechanism.

206 In the following, we investigate if in addition to the conservation of the mean energy other conditions
207 for successful SAW-stimulated wound healing in our study. Based on the previously found maximum
208 mean stimulation efficacy for the parameter set $P_{in} = 15$ dBm and $D = 50$ %, we performed additional
209 experiments under systematic variation of the pulse width τ . For the power variation in Fig 3, we had
210 employed the pulse widths $\tau_2 = 250$ ms and $\tau_{1,3} = 500$ ms. Here, we test the hypothesis that wound
211 healing stimulation is possible for all pulse widths if the mean energy is still conserved. Exemplary
212 oscilloscope records of the SAW signals with different selected pulse widths are shown in Fig 4a.

213 Analogous to the power variation experiments, the results of the pulse width variations are
214 summarized by a box plot in Fig 4b. Each mean data point consists of $N = 6$ samples; the control sample
215 size is $N = 13$. Normality was tested for this distribution (SI, Table 3a) and we performed a t test under
216 the hypothesis that no stimulation of wound healing is possible for any of the here employed pulse
217 widths τ . For $\tau < 100$ ms, no significant stimulation effect occurs at a significance level $\alpha = 0.05$ ($p > \alpha$).
218 However, we must reject the hypothesis for $\tau \geq 100$ ms ($p < \alpha$). From a critical pulse width $\tau_c = 100$ ms,
219 we observe a significant stimulation effect with an efficacy of at least $E(100 \text{ ms}) = 1.51 \mp 0.19$. For
220 detailed parameters of the t test results see SI, Table 3b.

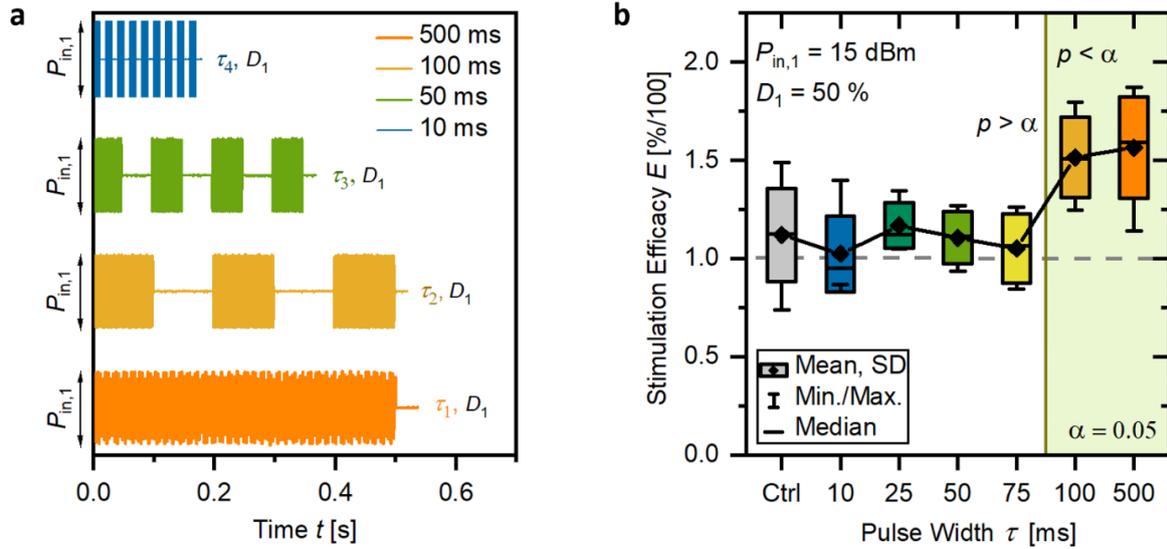


Figure 4 – Variation of the SAW pulse width τ and the resulting wound healing stimulation efficacy. a) Oscilloscope records of selected SAW signals under variation of the pulse width τ ($P_{in,1} = 15$ dBm and $D_1 = 50\%$), b) mean wound healing stimulation efficacies for the pulse width variations: Each mean data point consists of $N = 6$ samples (control: $N = 13$). The whiskers of the box plot represent the maximum and minimum efficacies, the box size the standard deviation and the horizontal line the median. A t test shows that only pulse widths above $\tau \geq 100$ ms induce a significant stimulation effect at a significance level $\alpha = 0.05$ compared to the control.

221 Although the stimulation efficacy E , which is used as measure for a stimulation effect in this study, is
 222 not significant for $\tau < 100$ ms, we observe an interesting behaviour of the absolute wound healing
 223 velocities for the pulse width variations (cf. SI, Fig 2c and d): For $\tau < 100$ ms, the absolute velocities can
 224 also be significantly enhanced in front of the aperture in comparison to the external control samples.
 225 Nevertheless, wound healing is also significantly accelerated in the internal control regions of these
 226 samples, which leads to the observed stimulation efficacy of $E \approx 1.0$ in Fig 4b. As mentioned above,
 227 deviations between samples that are not related to SAW effects can lead to misinterpretation of the
 228 data if the absolute velocities are not normalized to the internal control regions. In this case, however,
 229 the absolute data could indicate an additional effect, that could be related to SAW but affects all
 230 sample regions, which we will include in our following discussion.

231

232 3. DISCUSSION

233 From the results in Fig 3 and 4, we can derive that SAW stimulation of wound healing assays is limited
 234 by the signal's energy and time parameters. These findings complement our knowledge about the
 235 limits of SAW parameter sets leading to successful stimulation of wound healing. In previous works,
 236 we found that the SAW intensity, and therefore energy, plays an important role for wound healing
 237 stimulation with continuous SAW: Brugger et al. tested different powers from $P_{in} = 3$ dBm up to 21
 238 dBm and found a significant range of stimulation efficacies only for $P_{in} = 6, 9$ and 12 dBm [13]. This
 239 shows that under variation of the total energy, the stimulation effect is not conserved and reaches a
 240 maximum in a moderate energy range. The experiments in our study were conducted at a mean energy
 241 that is equal to a 12 dBm continuous signal to test if there are other SAW parameter limits to the
 242 stimulation effect under optimum conditions. We can conclude that treatments of wound healing
 243 assays with continuous signals and signals with long pulse widths ($\tau = 250$ to 500 ms, Fig 3) induce a
 244 significant stimulation effect up to $E = 201\%$ (and $E = 235\%$, respectively, for continuous signals [13]).
 245 However, no significant increase in stimulation efficacy is observed for shorter time scales ($\tau < 100$ ms

246 = τ_c , Fig 4). Still, for these time scales, the absolute wound healing velocities can be enhanced in the
247 whole sample. Consequently, while our underlying high-frequency SAW signal is constant at $f_{\text{SAW}} = 160$
248 MHz, we here discovered an additional dependency of the cells' behaviour on the overlaying square
249 wave's pulse frequency $f_p = 1/\tau$. From our point of view, this observation could be either directly linked
250 to 1) time scales of the mechanotransduction process in cells as response to mechanical stimuli, like
251 membrane aberrations and calcium mobilization (see section 3.2), or 2) to the viscoelastic properties
252 of the cell layer (see section 3.3), which are especially important for responses of epithelial cells to
253 external mechanical stimuli [25]. However, for the interpretation of mechanic effects, we must first
254 discuss side effects of surface acoustic wave generation like electric fields and acoustic streaming that
255 could contribute to the cells' behaviour (see section 3.1).

256

257 3.1 Mechanic vibration as key driver of SAW stimulation

258 Besides mechanical vibration, the generation of surface acoustic waves induces an electrical field and
259 acoustic streaming. Although electrical fields can also direct cell migration [26], Brugger et al. showed
260 that the electrical field generated by the here used IDT voltage itself does not induce wound healing
261 stimulation [13]. For the stimulation with pulsed signals and therefore pulsed acoustic streaming,
262 microbubbles could play a role. Studies on acoustic tweezing cytometry show that it is possible to
263 measure and mechanically stimulate cells using integrin-anchored microbubbles [27,28]. However, we
264 did not observe any generation of microbubbles in the PH images during live cell imaging, and it is
265 unlikely that bubbles were able to target the necessary sites or number of cells to evoke a stimulation
266 effect as high as observed here. As for the influence of shear forces, the shear stress of the acoustic
267 streaming was quantified in previous reports for the here used SAW chip design and is between
268 $\tau_s \approx 0.1 - 0.3 \text{ dyne/cm}^2$ [13]. We additionally re-verified the magnitudes of these shear stresses
269 employing particle image velocimetry (PIV) measurements (see SI Fig 2a) and, additionally, tracked the
270 velocity of microbeads in front of the aperture at $P_{\text{in}} = 15 \text{ dBm}$, $D = 50 \%$ over the course of a SAW
271 pulse (SI Fig 2b). According to different reports in literature, a streaming-induced stimulation of wound
272 healing and cell migration was observed for significantly higher shear stress: For $\tau_s > 0.5 \text{ dyne/cm}^2$, a
273 higher JNK (Jun kinase) and ERK (extracellular signal-regulated kinase) activity in endothelial cells was
274 observed [29]. These proteins belong to the MAP kinases, which play an important role in cell migration
275 [30,31]. Their activation can also lead to an accelerated wound healing of bone stem cells [32]. At even
276 higher shear stress $\tau_s = 17 \text{ dyne/cm}^2$, Hsu et al. also showed that the migration of cells can be
277 accelerated and is dependent on different streaming patterns of laminar flow which influence focal
278 adhesion dynamics [33]. However, these shear stresses are much higher than the shear stress
279 generated on our SAW chips in the here employed SAW power regime. Obviously, we cannot fully
280 exclude that pulsed shear forces or pulsed electrical fields have the same effect (i.e. no effect) on the
281 cells as continuous forces and fields. But from the fact that we were able to reproduce almost the same
282 stimulation efficacies as in previous works, we deduce that the stimulation mechanism here is most
283 likely the same as in other reports and can be ascribed to the mechanical parts of the SAW.

284 High-intensity continuous SAW can lead to higher temperatures in a sample. As mentioned above, for
285 the here employed pulsed SAW powers the increase in temperature is very low ($\Delta T \leq 0.2 \text{ K}$, cf. SI Fig
286 1). Previous studies already proved that pulsed SAW signals are a useful tool to reduce temperature
287 effects and maintain cell viability while also maintaining the amplitude of the applied wave for cell
288 culture applications [10]. In the context of wound healing stimulation, Brugger et al. showed that SAW
289 treatment of wounds with a continuous $P_{\text{in}} = 21 \text{ dBm}$ signal reduces the proliferation rate and does not
290 induce a stimulation effect compared to moderate SAW powers [13].

291

292 3.2 Time scale limits of mechanotransduction processes

293 Mechanical stimuli can trigger a variety of responses in cells. In their recent review, Ambattu and Yeo
294 proposed intracellular calcium mobilization and the cell membrane as universal key players in the
295 mechanotransduction process of surface acoustic wave stimulation [14]. If the membrane tension is
296 altered by high-frequency mechanical pressure or shear forces generated by acoustic streaming, cells
297 can form vacuole/vesicle-like dilations (VLDs) to counteract these deformations and activate
298 transmembrane proteins like piezo channels [34]. This can help regulating the transmission of the
299 mechanic force through the cell [35]. As a second messenger, the mechanic compression can drive the
300 influx of Ca^{2+} [36], whereas Ca^{2+} mobilization is dependent on the SAW frequencies and exposure times
301 and can evoke a variety of other signal cascades [14].

302 Meanwhile, the force transmission in the cell occurs via the cytoskeleton. In this context, actin fibres
303 and the formation and disassembly of focal adhesions play a key role for cell migration [37,38].
304 However, the formation of focal adhesions occurs over longer time scales than the here employed
305 SAW pulse widths: For example, focal adhesions in protrusive regions of fibroblasts form over the
306 course of minutes [37], so that it is unlikely that, in case of the pulsed SAW signals, the switch between
307 no stimulation and significant stimulation around $\tau_c = 100$ ms is directly caused by these formation
308 mechanisms. However, there are cytoskeletal mechanisms that can occur on shorter time scales:
309 Mazrahi et al. showed that cytoskeleton fluidization, a disruption of the cytoskeleton, and its
310 remodeling, can result from acoustic stimulation with low intensity pulsed ultrasound in human airway
311 smooth muscle (HASM) cells over the course of seconds [39]. The resulting accelerated cytoskeleton
312 re-solidification is known to contribute to healing processes [40]. More detailed studies on the effects
313 of SAW on the cytoskeletal structures are needed to illuminate if this phenomenon also plays a role in
314 SAW-stimulated epithelial wound healing.

315 All studies on SAW stimulation reviewed by Ambattu and Yeo have relatively long exposure times to
316 the SAW signal in the range of minutes to days [14]. Based on our results, it could be possible that the
317 here mentioned underlying mechanisms of SAW stimulation are only activated by longer exposures to
318 SAW. On the one hand, pulse durations shorter than $\tau_c = 100$ ms may not yet be able to evoke any
319 permanent responses in the cells. This would be a contradiction to Ambattu and Yeo's suggestion that
320 the underlying mechanism of SAW stimulation is independent of the SAW signal's characteristics [14],
321 because our results show a so far unknown limit of signal parameters for dynamically modulated
322 signals with a critical pulse width as lower limit.

323 On the other hand, it is interesting that the absolute wound healing velocity significantly increases in
324 the whole SAW-treated sample for most pulse widths $\tau < \tau_c$ (SI, Fig 2c and d). In contrast, for $\tau > \tau_c$ only
325 the cells in front of the aperture grow faster compared to non-treated samples. Although the non-
326 treated samples cannot serve as a control for internal characteristics of a sample (like, e.g., differences
327 between the SiO coatings), they still reflect differences in cell behaviour and manual handling between
328 experiments. Therefore, the observed significant increase of the absolute velocities is not necessarily
329 an artifact due to sample deviations but could also be the cause of a SAW-induced effect that is not
330 visible from the normalized data in Fig 4b. This would mean that SAW treatment with lower pulse
331 widths $\tau < \tau_c$ can evoke some sort of secondary stimulation effect in the whole wound. We assume
332 that, in this case, the mechanotransduction or a secondary signalling process from the aperture region
333 must be activated or accelerated, enhancing cell growth in the internal control regions indirectly,
334 where no direct mechanical vibration can affect the cells. To further investigate and prove this
335 assumption, more detailed studies with focus on mechanotransduction and signalling pathways are
336 needed.

337 3.3 Viscoelastic limits of the cell layer

338 Since the wavelength of the surface acoustic wave is on the order of magnitude of a whole cell, we
339 think that it is unlikely that the mechanical stimulus targets relatively small structures like focal
340 adhesions or other surface proteins directly. Alternative explanations for the cellular response to SAW
341 stimulation observed in our study, involving more complex mechanotransduction mechanisms, were
342 already discussed in 3.2. We here suggest one other possible aspect related to physical properties of
343 the cells, which is that the stimulation tackles the entire collective layer of migrating cells and its
344 viscoelastic properties. This assumption is supported by previous works on wound healing stimulation,
345 where stimulation effects on non-collectively migrating cells like SaOs-2 cells have been reported, but
346 they were significantly smaller than for collectively migrating MDCK-II cells [11]. The pulse width
347 dependency of the wound healing stimulation (Fig 4b) is a strong indicator that viscoelastic properties
348 of the cell layer might set the limits of the stimulation effect. In literature, the frequency dependency
349 of the elastic and viscous moduli G' and G'' of cells has been demonstrated in multiple studies using
350 methods like optical tweezers, microrheology, magnetic twisting cytometry (MTC) and AFM. For
351 example, Ayala et al. showed in optical tweezers experiments that both G' and G'' of fibroblasts
352 increase in a frequency range between $f = 1$ to 14 Hz, where the elastic and viscous moduli stay in a
353 range between 10-100 Pa [41]. Fabry et al. (2003) investigated the viscoelastic behaviour of five
354 different cell lines (i.e. epithelial-like F9 and HBE cells) employing MTC, where magnetic beads are
355 directly coupled to the cytoskeleton via integrins [42]. Up to $f = 10$ Hz, both G' and G'' follow the weak
356 force law (or structural damping equation [43]). However, for $f > 10$ Hz, G'' exhibits a stronger
357 frequency-dependence and approaches a Newtonian fluid-like behaviour for very high frequencies
358 [42]. Our results from Fig 4 revealed a critical frequency of the square wave for wound healing
359 stimulation of $f_c = 10$ Hz ($\tau_c = 100$ ms). The comparison with the data from Fabry et al. could confirm
360 that there is a turning point in cellular behaviour around this distinct frequency. If the SAW pulse
361 treatment evokes the same response as MTC, the resulting dominating viscous behaviour of the cells
362 might not be advantageous for migration for square wave frequencies $f > 10$ Hz ($\tau < 100$ ms). This
363 assumption is supported by the work of Kole et al. (2005), who performed intracellular microrheology
364 experiments on migrating and quiescent fibroblasts [44]. Migrating cells exhibited a higher elasticity
365 of the cytoskeleton than quiescent cells and showed a viscoelastic-liquid behaviour from a frequency
366 limit $\tau > 200$ ms, which is in the same order of magnitude as our critical pulse width. Another
367 interpretation could be that the overall higher absolute wound healing velocities for $\tau < 100$ ms are a
368 result of the frequency dependent viscous properties of cells. For small pulse widths, and in turn higher
369 frequencies, the increased viscosity of the confluent cell layer might convey the stimulus in front of
370 the aperture to the internal control regions.

371 Many studies point out local differences in cells and suggest that the viscoelastic behaviour is
372 composed of the contribution of the cytoskeleton and of the nuclei. While the cytoskeleton can be
373 treated as a soft-glassy material in the viscoelastic context [45], micropipet aspiration measurements
374 of isolated nuclei showed that nuclei behave more like a viscolastic solid and exhibit three to four times
375 greater elastic moduli G' than intact cells [46]. In this context, Flormann et al. showed that the nucleus
376 and perinucleus of retinal pigmented epithelium cells respond differently to oscillatory microrheology
377 at frequencies from $f = 1$ to 300 Hz [47]. They indent the cells with an AFM cantilever in the nanometer
378 range and trace back the observed differences to actin bundles in the perinucleus region. Based on
379 these studies, we assume that there are different contributions of nuclei and the cytoskeleton to the
380 SAW stimulation effect, which would be an interesting investigation topic for future studies.

381 In vivo, cell stimulation becomes even more complex. Transitioning from a 2D wound healing model
382 to cell migration in a 3D matrix, changes in cellular mechanics must be considered. Amongst others,
383 the role of focal adhesion proteins and their modulation of cell motility become more prominent in 3D

384 models [48]. In vivo, cells additionally do not migrate on solid surfaces, but in an extracellular matrix
385 surrounded by other cells [49]. The application of bulk acoustic waves (BAW) is also a common
386 alternative method to stimulate cells in in vivo systems. Pulsed ultrasound-stimulated wound healing
387 has been proven in animal models: For example, wound healing in female rats was stimulated using
388 low-intensity pulsed ultrasound [6]. Even in human patients, low-intensity pulsed ultrasound can
389 stimulate tibial fracture healing [50], which shows that acoustic stimulation methods can be applied
390 to both in vitro and in vivo systems.

391

392 4. CONCLUSION

393 We here showed that pulsed surface acoustic wave stimulation of MDCK-II cells at high SAW powers
394 can accelerate wound healing up to a stimulation efficacy of $E = 201\%$. While the stimulation effect is
395 conserved under the condition that the product of the duty cycle D and the SAW power P_{in} (the mean
396 energy) is constant, we did not observe any significant increase of the stimulation efficacy for SAW
397 pulses below a critical pulse width limit $\tau < \tau_c$ with $\tau_c = 100$ ms. By studying these limits of SAW-
398 stimulated wound healing, we hope to contribute to the identification of the underlying mechanisms
399 of the stimulation effect in a phenomenological way. We ascribed the stimulation effect to the
400 mechanical part of the SAW and propose especially the viscoelasticity of the cell layer as the most
401 plausible underlying key mechanism of the here discovered pulse width limit. Time scales of
402 mechanoresponse and mechanotransduction processes like calcium mobilization, the formation of
403 focal adhesions and membrane tension may also play a role. We believe that it is important to reveal
404 further limits like the one found here to further understand the stimulation mechanism and to take
405 them into consideration for possible future medical applications in vivo. Meanwhile, future studies are
406 needed to further illuminate the effects of SAW on intracellular mechanisms like the cytoskeleton,
407 focal adhesions, and other membrane proteins to completely understand and improve wound healing
408 stimulation.

409

410 5. MATERIALS AND METHODS

411 The SAW experiments were performed on LiNbO₃ 128° rot XY-cut substrates generating Rayleigh
412 waves via an interdigital transducer (IDT). All chips were produced in the clean room employing photo
413 lithography and the IDT layers were applied using electron beam evaporation. The IDT structure
414 consists of thin gold and titan layers ($d(\text{Ti}/\text{Au}/\text{Ti}) = 10/50/10$ nm) and an SiO₂ layer ($d(\text{SiO}_2) = 200$ nm)
415 was applied on top of the chip via thermal evaporation to ensure biocompatibility and to protect the
416 electrode structures. The complete experimental setup for SAW-stimulated wound healing assays is
417 visible in Fig 1a. We used culture inserts (Ibidi® GmbH) to create artificial wounds on the chips and a
418 polydimethylsiloxane chamber (Sylgard 184 Silicone Elastomer, Dow Corning) to contain the cell
419 medium (dimensions: $l = b = 2.2$ cm, wall thickness $d = 0.5$ cm). The setup was sterilized under UV light
420 for $t = 30$ min before the experiment. The MDCK-II cells (ECACC Cat.No.: 00062107, Sigma Aldrich)
421 were detached from the culture flask using $V = 1$ ml Trypsin-EDTA solution ($c = 0.25\%$, ATCC®),
422 centrifuged at $a = 200$ g and seeded into the culture inserts at a density of 800000 cells/ml. After $t =$
423 20 h of incubation at $T = 37$ °C and $c(\text{CO}_2) = 5\%$, the culture inserts were removed, the cells were rinsed
424 with PBS (w/o Ca²⁺, Mg²⁺, Bio&Sell GmbH) and $V = 1$ ml fresh culture medium was added (MEM with
425 Earle's Salts and 2.2 g/l NaHCO₃, stable glutamine, Bio&Sell GmbH) containing 10 % fetal bovine serum
426 (FBS Superior stabil®, Bio&Sell GmbH) and 1 % Pen/Strep solution (10000 units penicillin, 10 mg
427 streptomycin per ml, Sigma Aldrich®).

428 We then performed live cell imaging experiments using a phase contrast microscope (Zeiss Axiovert
429 200 M) with a digital camera (Orca 5G, Hamamatsu) and a stage top CO₂/O₂ incubator (Ibidi® GmbH)
430 at $T = 37\text{ °C}$ and $c(\text{CO}_2) = 5\%$. To ensure uniform contrast in the images along the wound, we added
431 anti-evaporation oil (Ibidi® GmbH) to the PDMS chambers on top of the culture medium. Phase
432 contrast scans of the wounds were recorded using a 10x objective over at least $t_{\text{WH}} = 20\text{ h}$ ($\Delta t_{\text{Scan}} = 30$
433 min) until complete wound closure. In all experiments, we measured control samples as well as SAW-
434 treated samples. In the SAW-treated samples, the signal was generated using a frequency generator
435 (SML 01 by Rhode & Schwarz) with an amplifier (Gain = 30 dB; AMP590033H-T; Becker
436 Nachrichtentechnik GmbH) at a resonance frequency of $f_{\text{SAW}} \approx 160\text{ MHz}$.

437 The phase contrast scans were binarized using the deep learning algorithm NeuCED (Neural Cell Edge
438 Detector) to determine the stimulation efficacies E of the samples, as visualized by Fig 2a. NeuCED is
439 based on the SegFormer architecture. It consists of (1) the hierarchically structured Transformer
440 encoder module which generates multiscale features and (2) the MLP (multilayer perceptron) decoder
441 which fuses these multi-level features and outputs a 2D segmentation mask. First, a given input image
442 is divided into patches of size 4x4. These patches are then the input to the hierarchical Transformer
443 (Transformer blocks 1-4 in Fig. 2a) encoder to obtain multi-level features at $\frac{1}{4}$, $\frac{1}{8}$, $\frac{1}{16}$, $\frac{1}{32}$ of the
444 original input image size (Transformer block 1: $\frac{1}{4}$, Transformer block 2: $\frac{1}{8}$, Transformer block 3: $\frac{1}{16}$,
445 Transformer block 4: $\frac{1}{32}$). In the decoder phase (named MLP decoder in Fig 2a) the segmentation
446 mask is then predicted out of the multi-level features. For a detailed description of SegFormer and its
447 encoding and decoding see Xie et al. [19].

448 For the particle image velocimetry (PIV) experiments a Photron high speed camera was used to analyze
449 the flow of 10 μm polystyrene microbeads, as reported earlier [51]. The analysis was performed using
450 a *MATlab* script based on the open source *PIVlab* software by Thielicke [52].

451

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458

459 Data Availability Statement

460 The data that support the findings of this study are available upon request from the authors.

461

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