


Extreme Field Sensitivity of Magnetic Tunneling in Fe-Doped Li₃NM. Fix,¹ J. H. Atkinson,² P. C. Canfield,^{3,4} E. del Barco,² and A. Jesche^{1,*}¹*EP VI, Center for Electronic Correlations and Magnetism, Institute of Physics, University of Augsburg, D-86159 Augsburg, Germany*²*Department of Physics, University of Central Florida, Orlando, Florida 32816, USA*³*The Ames Laboratory, Iowa State University, Ames, Iowa 50011, USA*⁴*Department of Physics and Astronomy, Iowa State University, Ames, Iowa 50011, USA* (Received 9 November 2017; revised manuscript received 29 January 2018; published 4 April 2018)

The magnetic properties of dilute Li₂(Li_{1-x}Fe_x)N with $x \sim 0.001$ are dominated by the spin of single, isolated Fe atoms. Below $T = 10$ K the spin-relaxation times become temperature independent indicating a crossover from thermal excitations to the quantum tunneling regime. We report on a strong increase of the spin-flip probability in *transverse* magnetic fields that proves the resonant character of this tunneling process. *Longitudinal* fields, on the other hand, lift the ground-state degeneracy and destroy the tunneling condition. An increase of the relaxation time by 4 orders of magnitude in applied fields of only a few milliTesla reveals exceptionally sharp tunneling resonances. Li₂(Li_{1-x}Fe_x)N represents a comparatively simple and clean model system that opens the possibility to study quantum tunneling of the magnetization at liquid helium temperatures.

DOI: [10.1103/PhysRevLett.120.147202](https://doi.org/10.1103/PhysRevLett.120.147202)

The understanding of quantum tunneling of the magnetization (QTM) in nanoscale systems experienced a tremendous advance after the discovery of single-molecule magnets (SMMs) [1], with the observation of benchmark effects such as resonant QTM [2–5] and topological quantum interference [6], followed by numerous studies of the quantum dynamics of the spin in these molecular systems (see Ref. [7] for a review). Aside of the advance in fundamental understanding, SMMs have been proposed for exciting technological applications, including quantum computation [8,9], magnetic data storage or operation [10], and magnetic field sensing [11]. The latter is based on the unique magnetic field dependence of the tunneling splittings between spin levels in these molecules, which can be finely tuned with small field variations [6,12–16].

Mononuclear SMMs, where the magnetism arises from a single magnetic ion within the molecule, have taken the scene in recent years [17–22]. This is partly due to a decreased number of degrees of freedom in the system due to the absence of exchange-coupled spins, where spin-orbit interaction of an isolated spin with the molecular crystal field governs the magnetic properties of the molecule, giving rise to high local symmetries. This results in record-high magnetic anisotropy barriers against magnetization reversal and, consequently, magnetic bistability at high temperatures.

QTM has also been observed in inorganic materials with diluted magnetic atoms at subKelvin temperatures, with Ho-doped LiYF₄ as a prime example [23,24]. Their similarity to SMMs led these systems to be considered “single atom magnets” [25,26]. Only recently, large magnetic anisotropy and magnetic stability were found in a new

single-atom magnet based on atomically doped, insulating bulk system Li₂(Li_{1-x}Fe_x)N [27,28] at temperatures comparable to lanthanide-based mononuclear SMMs, and over 2 orders of magnitude higher than in previous single-atom magnets. There is good agreement between the magnetic anisotropy observed experimentally on single crystals (13–27 meV [27,29]) and theoretical predictions based on local density approximation [30–32], a Green’s function method [33], and quantum cluster calculations [34]. Strong deviation of the relaxation time from Arrhenius behavior at low temperatures, steps in isothermal M - H loops, and blocking of the relaxation by applied magnetic fields [27] pointed to single-atom magnet behavior. However, there has not been direct evidence so far for resonant QTM as the source of the observed magnetic relaxation.

In this Letter we report on the effects of transverse and longitudinal magnetic fields on the spin relaxation in Li₂(Li_{1-x}Fe_x)N with small Fe concentrations of $x \sim 0.001$. We find not only a clear increase of the relaxation in applied transverse magnetic fields, demonstrating QTM, but also an extraordinary effect of minuscule longitudinal magnetic fields on the spin reversal process.

For the basic characterization of the QTM behavior of this system at low temperature, a $\sim 1 \times 0.2 \times 0.2$ mm³ single crystal of Li₂(Li_{0.994}Fe_{0.006})N was placed directly on top of the sensing area of a high-sensitivity two-dimensional electron gas micro-Hall effect magnetometer. Figure 1(a) shows sections of $\mu_0 H_z$ -hysteresis loops obtained at $T = 4.2$ K in transverse fields of $\mu_0 H_x = 0$ –40 mT ($H_x \perp c$). The longitudinal field was applied along the easy axis, that is $H \parallel c$, and swept at a rate of

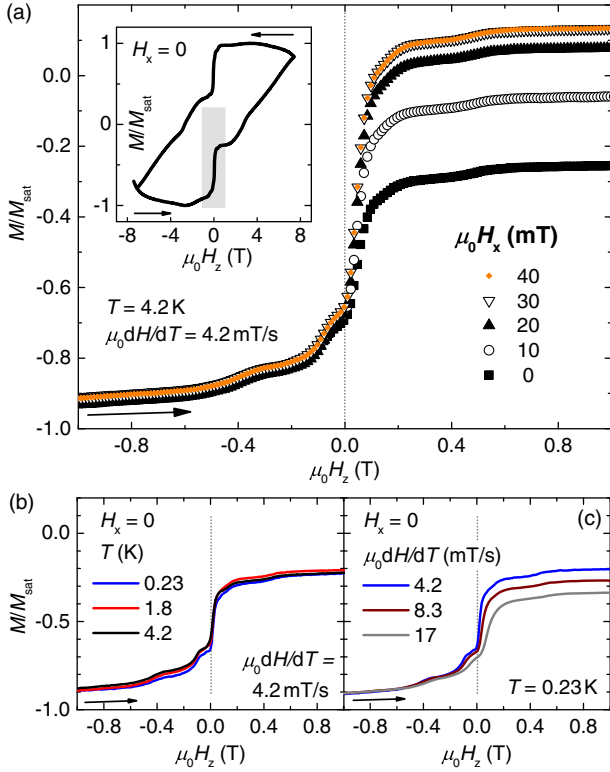


FIG. 1. Spin reversal in transverse fields for $\text{Li}_2(\text{Li}_{0.994}\text{Fe}_{0.006})\text{N}$ ($M \parallel H_z \parallel c$). Shown are sections of isothermal $M-H$ half loops. (a) The step in M at $H_z \approx 0$ roughly doubles its size in a transverse field of $\mu_0 H_x = 30$ mT. A full $M-H$ loop is given as inset. Compared to an applied transverse field, the effects of temperature and sweep rate on the step-size are small as shown in (b) and (c), respectively.

$\mu_0 dH_z/dt = 4.2$ mT/s (the gray area in the inset marks the section plotted in the main panel). In this work we focus on the main jump at $H \approx 0$ and the spin reversal in small fields $\mu_0 H_z < 10$ mT which is significantly below the first additional step at $\mu_0 H_z \sim 120$ mT.

The zero-field jump quickly increases upon application of a small transverse field ($\mu_0 H_x = 10$ mT), saturating by $\mu_0 H_x \sim 30$ mT (see Supplemental Material in Ref. [35]). The saturation of the zero-field jump is due to a narrow quantum tunneling resonance, with spins tunneling at zero longitudinal field towards a local zero magnetization saturation. When the longitudinal field increases, the system gets out of resonance and spins cannot tunnel any longer, with the magnetization remaining near $M = 0$ until phonons equilibrate the system at higher longitudinal fields, as indicated by the subsequent monotonic increase of M vs H_z . The rapid change in the tunneling rate with the magnitude of the applied transverse field makes this system distinct from SMMs, where usually transverse fields at least one order of magnitude larger (e.g., < 0.5 T for Mn12 [14]) are necessary to achieve magnetization saturation at a QTM resonance. One can estimate a ground tunneling splitting of $\Delta_{k=0} = 0.1$ neV [35] from the change in magnetization in

the zero field jump using the Landau-Zener-Stueckelberg formalism [40]. This value should be taken as an upper-bound estimate, since reshuffling fields may cause the system to cross the resonance multiple times during the field sweep, particularly at low sweep rates. Similar $M-H$ loops were recorded for temperatures as low as $T = 0.23$ K and revealed no appreciable temperature dependence [Fig. 1(b)]. Increasing the sweep rate by a factor of 4 also causes weaker changes in $M-H$ than those caused by $\mu_0 H_x = 20$ mT [Fig. 1(c)].

To further investigate the nature of QTM of the isolated Fe centers in this system, relaxation experiments have been performed on $\text{Li}_2(\text{Li}_{1-x}\text{Fe}_x)\text{N}$ single crystals with an even lower Fe concentration of $x = 0.001$. Measuring the decrease of the magnetization from saturation after an applied field is removed has been widely used in order to study spin reversal in various SMM systems. The temperature independence of the spin relaxation—a hallmark of QTM—is directly observable in the time dependence of the magnetization [41]. Figure 2(a) shows the magnetization of

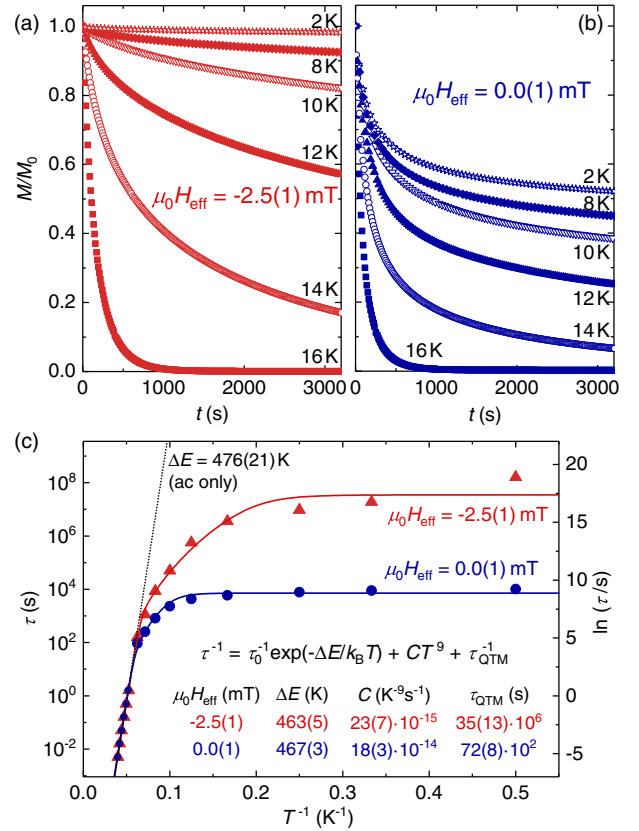


FIG. 2. Spin reversal in $\text{Li}_2(\text{Li}_{0.999}\text{Fe}_{0.001})\text{N}$ in $H \approx 0$ ($M \parallel c$). Time dependence of the magnetization after ramping the applied field from $\mu_0 H = 7$ T to (a) -2.5 mT and (b) $0.0(1)$ mT. (c) Relaxation times τ were determined by fitting a stretched exponential function to $M(t)$ and are shown in the form of an Arrhenius plot ($T \leq 16$ K). The solid lines are fits to the equation given in the plot. For $T > 20$ K, τ was determined from ac susceptibility (dotted line).

$\text{Li}_2(\text{Li}_{0.999}\text{Fe}_{0.001})\text{N}$ along the crystallographic c direction as a function of time in (nominal) zero field. Prior to the measurement, the sample was cooled in an applied magnetic field of $\mu_0 H = 7$ T ($H \parallel c$) to the temperature given, followed by ramping the field to zero with a rate of 70 mT/s. After 1 h the magnetization remains at 98% of the initial value at $T = 2$ K. The relaxation changes only slightly when increasing the temperature to $T = 8$ K. For $T \geq 10$ K, however, the magnetization decays at significantly higher rates and vanishes at $T = 16$ K already after $\sim 1/2$ h. When the field dependence of the relaxation process was investigated, we found that even the comparatively small remnant field of the magnet has an extreme effect on the relaxation. Measurements on superconducting indium reproducibly revealed a remnant field of $\mu_0 H_{\text{eff}} = -2.5(1)$ mT after the magnet was set from $\mu_0 H = +7$ T to nominal zero. Compensating the remnant field [35] leads to significantly enhanced relaxation rates as shown in Fig. 2(b) ($H_{\text{eff}} = 0$). Now the magnetization at $T = 2$ K decreases within 1 h to roughly 50% of its initial value.

The relaxation times τ were determined by fitting a stretched exponential function to the time-dependent magnetization:

$$M(t) = M_{\text{eq}} + [M(0) - M_{\text{eq}}] \exp\{-(t/\tau)^\beta\}. \quad (1)$$

The obtained values for τ are depicted in Fig. 2(c) in the form of an Arrhenius plot ($M_{\text{eq}} = 0$, see Ref. [35]). In $H_{\text{eff}} = 0$ the relaxation time for $T < 10$ K is reduced by up to 4 orders of magnitude compared to $\mu_0 H_{\text{eff}} = -2.5(1)$ mT, an effect that is most likely a direct consequence of destroying the tunneling condition by lifting the degeneracy of the ground state doublet [34]. A pronounced field dependence had been also observed in samples with larger Fe concentration [27]; however, the crucial effect of the remnant field of the magnet was not taken into account in Ref. [27] and the extreme influence of sub-mT fields (see below) remained elusive at that time.

An increase of τ in applied longitudinal fields is expected in the (thermally assisted) tunneling regime and has been observed in several systems. However, we are not aware of any material that demonstrates a field sensitivity comparable to the one found for $\text{Li}_2(\text{Li}_{1-x}\text{Fe}_x)\text{N}$. The well investigated SMM Fe_8 , for example, does show a change of τ by a factor of $\sim 10^4$ [41], however, that required a field of $\mu_0 H = -100$ mT and cooling the sample to $T < 400$ mK. Note that the field dependence at $T = 100$ mK shown in Fig. 4 of Ref. [41] is weaker than the one shown in Fig. 2. A longitudinal applied field in the order of ~ 0.1 T typically causes an increase of τ by a factor of 1–10, e.g., Refs. [5,42–46].

For higher temperatures $T > 16$ K alternating-current susceptibility measurements were employed to determine τ . The observed Arrhenius behavior [$\tau_{\text{Orbach}} = \tau_0 \exp\{\Delta E/T\}$, dotted line in Fig. 2(c)] indicates thermally activated relaxation that is driven by an Orbach process [47] in

stark contrast to the temperature-independent behavior for $T < 10$ K. An effective energy barrier of $\Delta E = 476(21)$ K and a preexponential factor of $\tau_0 \approx 5 \times 10^{-11}$ s were found for the Arrhenius regime. Similar and even larger effective energy barriers were demonstrated in other mononuclear SMMs, e.g., $\Delta E = 331$ K in the lanthanide double-decker $[\text{Pc}_2\text{Tb}]^-\text{TBA}^+$ [17], $\Delta E = 469$ K in an Fe(I) complex [20], or $\Delta E > 1000$ K in a Dy(III) based SMM [22]. Like $\text{Li}_2(\text{Li}_{1-x}\text{Fe}_x)\text{N}$, these compounds show the crossover from thermally activated behavior to QTM at temperatures of $T_{\text{cr}} \sim 10$ K, however, with τ being in the range of seconds in contrast to $\tau \sim 10^4$ seconds found for $\text{Li}_2(\text{Li}_{1-x}\text{Fe}_x)\text{N}$.

We associate the small slope of $\tau(T)$ observed at low temperatures, when the field is applied [red, solid triangles in Fig. 2(c)], to contributions from Raman processes which give rise to $\tau_{\text{Raman}}^{-1} = CT^n$ with $n = 9$ for a doublet ground state [48]. The overall temperature dependence of τ is well described over 10 orders of magnitude by a sum of Orbach, Raman, and QTM contributions: $\tau^{-1} = \tau_{\text{Orbach}}^{-1} + \tau_{\text{Raman}}^{-1} + \tau_{\text{QT}}^{-1}$ [solid lines in Fig. 2(c)]. For the sake of simplicity and in order to keep the number of free parameters low, we kept $\tau_0 = 5 \times 10^{-11}$ s fixed and neglect further possible contributions from direct processes ($\tau = AH^2T$ [48]). The obtained values are summarized in Fig. 2(c).

Analyzing the decay of the magnetization after field removal in order to extract $\tau = \tau(T, H)$ as performed in the previous section could suffer from the finite time required to ramp the field to zero as well as from significant changes of internal fields during the process [42]. Therefore, we have applied a second method to determine τ based on the increase of $M(t)$ in response to applying small fields ($\mu_0 H < 10$ mT). Prior to the measurement the sample was cooled in zero-field ($H_{\text{eff}} \approx 0$ was ensured by quenching the magnet before the first run and oscillating H to zero after every following one). Figures 3(a) and 3(b) show the time-dependent magnetization obtained for $\text{Li}_2(\text{Li}_{0.999}\text{Fe}_{0.001})\text{N}$ at $T = 2$ K and $T = 15$ K, respectively, for $H \parallel M \parallel c$. Applying the field antiparallel to c reveals basically symmetric $M(t)$ curves for $|\mu_0 H| > 0.3$ mT [35] and indicates well-defined H values close to the nominal ones given in the right-hand side of Figs. 3(a) and 3(b). Whereas $M(t)$ at $T = 15$ K shows the expected monotonic increase with H , we observe a remarkable field dependence at $T = 2$ K: $M(t)$ increases stronger in smaller H . In fact, $M(t)$ in $\mu_0 H = 0.5$ mT remains significantly larger than in $\mu_0 H = 1.5$ and 5.0 mT even though the driving force is lower.

Again, we employed Eq. (1) to estimate τ . In order to keep the number of free parameters low, M_{eq} was calculated assuming a two-level system with $\mu_z = \pm 5\mu_B$ [27,34] and $M_{\text{eq}} = 5\mu_B \tanh[(5\mu_B B)/(k_B T)]$. With $M(0)$ fixed to zero and an offset to account for small systematic shifts there are three free parameters left [35]. The relaxation times obtained for $T = 2, 8,$ and 15 K are plotted in Fig. 3(c). In

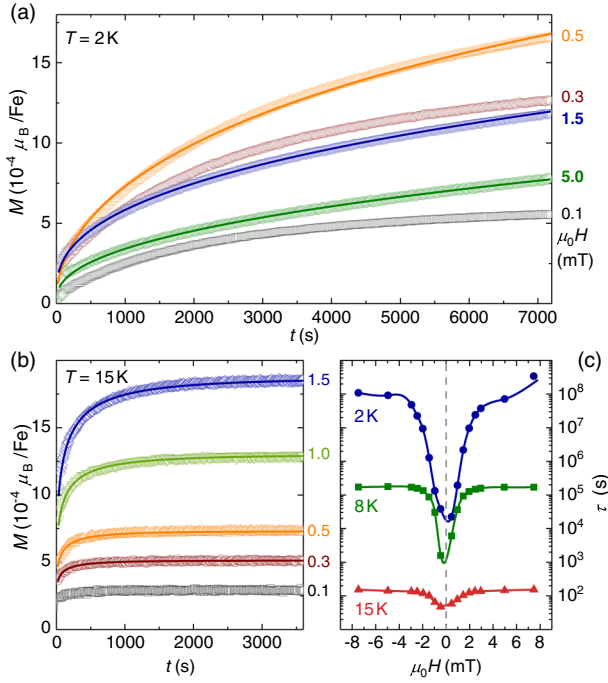


FIG. 3. Time-dependent magnetization of $\text{Li}_2(\text{Li}_{0.999}\text{Fe}_{0.001})\text{N}$ as response to a longitudinal applied field ($H\parallel c$). (a) Increasing the applied field to above ~ 0.5 mT leads to decreasing magnetization in the tunneling regime. (b) At higher temperatures the magnetization shows the expected monotonic increase with H . The lines are fits to a stretched exponential function. (c) Field-dependent relaxation times $\tau(H)$ at different temperatures (lines are guides to the eye).

accordance with the field-cooled decay measurements presented in the previous section, τ decreases by 4 orders of magnitude already in small applied fields of $\mu_0H \approx 3$ mT at $T = 2$ K. For larger T the field dependence decreases; however, a clear peaklike anomaly remains in $\tau(H)$ even at $T = 15$ K. For the archetypal Mn_{12} acetate, relaxation times were estimated by a similar approach. The data presented in Refs. [42,49] indicate that an applied field in the range of $\mu_0H \approx 3$ mT has no measurable effect on the spin reversal.

So, why is the field dependence of τ in $\text{Li}_2(\text{Li}_{1-x}\text{Fe}_x)\text{N}$ by orders of magnitude larger than in SMMs despite similar energy barriers and crossover temperatures? And most importantly, why does this single-atom magnet based on a transition metal ion present magnetic bistability at temperatures 2 orders of magnitude larger than those of previously reported single-atom magnets based on rare earths, with substantially larger spin-orbit coupling? Although we cannot provide a definite answer to either of these two questions with the data in hand, we can provide potential scenarios addressing the former according to the experimental observations in this work. Further experimentation and modeling will be needed to address the latter, in particular since an appropriate, effective spin Hamiltonian has not been formulated so far. The main

difficulties are given by the presence of unquenched orbital moments (that give rise to the large magnetic anisotropy [27,30,31]), their coupling to the spin (characterizing the ground state by four doublets that are best characterized by the quantum numbers $m_J = \{\pm 7/2, \pm 5/2, \pm 3/2, \pm 1/2\}$ [20,34] appears reasonable but has not been rigorously proven), and the presence of Fe $3d-4s$ hybridization [30,31]. These characteristics make this system particularly special, since they provide a novel source of hysteretic behavior distinct from those purely coming from spin-orbit coupling in other d - and f -electron systems.

Qualitatively, a single Fe center embedded in the insulating Li_3N matrix is more isolated (average Fe-Fe distance ~ 36 Å) and less coupled to any magnetic or nonmagnetic degrees of freedom than the magnetic centers in cluster SMM systems. The Fe-Fe dipolar coupling at average distance amounts to only ~ 0.06 μeV (along the c axis, and half of this value in-plane). This is substantially smaller than the typical dipolar field values found in SMMs (e.g., ~ 20 – 30 μeV in Fe_8 or Mn_{12} [50]), and still smaller than the average dipolar broadening (~ 2 – 3 μeV [23]) observed in Ho-based single-atom magnets. Furthermore, the defect concentration in the rather simple binary Li_3N is expected to be lower than in solids that are build from large organic molecules, and as such the dispersion of transverse terms caused by dislocation-induced strain [51] results less critical in our system. In particular, a smaller presence of defects in our crystals would minimize tilts of the ions' easy axis (that gives rise to varying internal fields). Accordingly, the distribution of relaxation times is less broad and the tunneling resonance sharper. It remains to be seen if this is also reflected in large coherence times that allowed for the observation of Rabi oscillations in other single-atom magnets [52,53] and are essential for potential applications in quantum computing [54].

It is therefore the narrow width of the resonance what causes the strong observed field dependence. Given that 3 mT are sufficient to lift the zero-field degeneracy by Zeeman splitting, as indicated by the peak width in Fig. 3(c), we obtain an energy width of 1.7 μeV for the ground state (which is assumed an effective $J = \pm 7/2$ doublet with $\mu_z = \pm 5\mu_B$ [34]). The smaller magnetization in larger applied fields is a direct consequence of destroying this sharp resonance condition and manifests a unique example for a “larger cause but smaller effect scenario”.

To summarize, Fe-doped Li_3N allows the study of resonant quantum tunneling of the magnetization in a comparatively simple and clean system. The Fe atoms behave like a SMM and can be considered a single-atom magnet. The marked monodispersity degree and the ability to tune the concentration of spins places this system as an ideal candidate to study the quantum dynamics of anisotropic spins. This, together with the strong field dependence of the spin reversal allows us to create stable ($\mu_0H = 3$ mT) but switchable ($H = 0$) states that could act as a “quantum bit” at elevated temperatures.

We thank Michael L. Baker, Jonathan R. Friedman, Liviu Hozoi, and Hans-Henning Klauss for fruitful discussions. This work was supported by the Deutsche Forschungsgemeinschaft (DFG, German Research Foundation)—Grant No. JE748/1 and the U.S. Department of Energy, Office of Basic Energy Science, Division of Materials Sciences and Engineering; part of the research was performed at the Ames Laboratory. Ames Laboratory is operated for the U.S. Department of Energy by Iowa State University [Contract No. DE-AC02-07CH11358]. J. H. A. and E. d. B. acknowledge support from the U.S. National Science Foundation under Grants No. DMR-1503627 and No. DMR-1630174.

* anton.jesche@physik.uni-augsburg.de

- [1] T. Lis, *Acta Crystallogr. Sect. B* **36**, 2042 (1980).
- [2] R. Sessoli, D. Gatteschi, A. Caneschi, and M. A. Novak, *Nature (London)* **365**, 141 (1993).
- [3] B. Barbara, W. Wernsdorfer, L. Sampaio, J. Park, C. Paulsen, M. Novak, R. Ferré, D. Maily, R. Sessoli, A. Caneschi, K. Hasselbach, A. Benoit, and L. Thomas, *J. Magn. Magn. Mater.* **140–144**, 1825 (1995).
- [4] J. R. Friedman, M. P. Sarachik, J. Tejada, and R. Ziolo, *Phys. Rev. Lett.* **76**, 3830 (1996).
- [5] L. Thomas, F. Lioni, R. Ballou, D. Gatteschi, R. Sessoli, and B. Barbara, *Nature (London)* **383**, 145 (1996).
- [6] W. Wernsdorfer and R. Sessoli, *Science* **284**, 133 (1999).
- [7] E. M. Chudnovsky and J. Tejada, *Macroscopic Quantum Tunneling of Magnetic Moment* (Cambridge University Press, Cambridge, England, 1998).
- [8] M. N. Leuenberger and D. Loss, *Nature (London)* **410**, 789 (2001).
- [9] J. Tejada, E. M. Chudnovsky, E. del Barco, J. M. Hernandez, and T. P. Spiller, *Nanotechnology* **12**, 181 (2001).
- [10] C. Timm and F. Elste, *Phys. Rev. B* **73**, 235304 (2006).
- [11] M. N. Leuenberger and E. R. Mucciolo, *Phys. Rev. Lett.* **97**, 126601 (2006).
- [12] D. Loss, D. P. DiVincenzo, and G. Grinstein, *Phys. Rev. Lett.* **69**, 3232 (1992).
- [13] J. von Delft and C. L. Henley, *Phys. Rev. Lett.* **69**, 3236 (1992).
- [14] E. del Barco, A. D. Kent, E. M. Rumberger, D. N. Hendrickson, and G. Christou, *Phys. Rev. Lett.* **91**, 047203 (2003).
- [15] M. S. Foss-Feig and J. R. Friedman, *Europhys. Lett.* **86**, 27002 (2009).
- [16] J. H. Atkinson, R. Inglis, E. del Barco, and E. K. Brechin, *Phys. Rev. Lett.* **113**, 087201 (2014).
- [17] N. Ishikawa, M. Sugita, T. Ishikawa, S. Koshihara, and Y. Kaizu, *J. Am. Chem. Soc.* **125**, 8694 (2003).
- [18] M. S. Alam, V. Dremov, P. Müller, A. V. Postnikov, S. S. Mal, F. Hussain, and U. Kortz, *Inorg. Chem.* **45**, 2866 (2006).
- [19] M. A. AlDamen, J. M. Clemente-Juan, E. Coronado, C. Martí-Gastaldo, and A. Gaita-Ariño, *J. Am. Chem. Soc.* **130**, 8874 (2008).
- [20] J. M. Zadrozny, D. J. Xiao, M. Atanasov, G. J. Long, F. Grandjean, F. Neese, and J. R. Long, *Nat. Chem.* **5**, 577 (2013).
- [21] P. E. Kazin, M. A. Zykin, W. Schnelle, C. Felser, and M. Jansen, *Chem. Commun. (Cambridge)* **50**, 9325 (2014).
- [22] J. Liu, Y.-C. Chen, J.-L. Liu, V. Vieru, L. Ungur, J.-H. Jia, L. F. Chibotaru, Y. Lan, W. Wernsdorfer, S. Gao, X.-M. Chen, and M.-L. Tong, *J. Am. Chem. Soc.* **138**, 5441 (2016).
- [23] R. Giraud, W. Wernsdorfer, A. M. Tkachuk, D. Maily, and B. Barbara, *Phys. Rev. Lett.* **87**, 057203 (2001).
- [24] B. Barbara, R. Giraud, W. Wernsdorfer, D. Maily, P. Lejay, A. Tkachuk, and H. Suzuki, *J. Magn. Magn. Mater.* **272–276**, 1024 (2004).
- [25] R. Giraud, A. M. Tkachuk, and B. Barbara, *Phys. Rev. Lett.* **91**, 257204 (2003).
- [26] S. Bertaina, B. Barbara, R. Giraud, B. Z. Malkin, M. V. Vanuynin, A. I. Pominov, A. L. Stolov, and A. M. Tkachuk, *Phys. Rev. B* **74**, 184421 (2006).
- [27] A. Jesche, R. W. McCallum, S. Thimmaiah, J. L. Jacobs, V. Taufour, A. Kreyssig, R. S. Houk, S. L. Bud'ko, and P. C. Canfield, *Nat. Commun.* **5**, 3333 (2014).
- [28] M. Fix, A. Jesche, S. G. Jantz, S. A. Bräuningner, H.-H. Klauss, R. S. Manna, I. M. Pietsch, H. A. Höpfe, and P. C. Canfield, *Phys. Rev. B* **97**, 064419 (2018).
- [29] A. Jesche, L. Ke, J. L. Jacobs, B. Harmon, R. S. Houk, and P. C. Canfield, *Phys. Rev. B* **91**, 180403 (2015).
- [30] J. Klatyk, W. Schnelle, F. R. Wagner, R. Niewa, P. Novák, R. Kniep, M. Waldeck, V. Ksenofontov, and P. Gütlich, *Phys. Rev. Lett.* **88**, 207202 (2002).
- [31] P. Novák and F. R. Wagner, *Phys. Rev. B* **66**, 184434 (2002).
- [32] V. P. Antropov and V. N. Antonov, *Phys. Rev. B* **90**, 094406 (2014).
- [33] L. Ke and M. van Schilfgaarde, *Phys. Rev. B* **92**, 014423 (2015).
- [34] L. Xu, Z. Zangeneh, R. Yadav, S. Avdoshenko, J. van den Brink, A. Jesche, and L. Hozoi, *Nanoscale* **9**, 10596 (2017).
- [35] See Supplemental Material at <http://link.aps.org/supplemental/10.1103/PhysRevLett.120.147202> for further details on transverse measurements, the remnant field of the MPMS3 magnet, magnetic ac susceptibility data, analysis of the time-dependent magnetization, and crystal growth, which includes Refs. [36–39].
- [36] L. D. Jennings and C. A. Swenson, *Phys. Rev.* **112**, 31 (1958).
- [37] J. Banhart, H. Ebert, J. Voithländer, and H. Winter, *J. Magn. Magn. Mater.* **61**, 221 (1986).
- [38] P. Höhn, S. Hoffmann, J. Hunger, S. Leoni, F. Nitsche, W. Schnelle, and R. Kniep, *Chem. Eur. J.* **15**, 3419 (2009).
- [39] A. Jesche and P. C. Canfield, *Philos. Mag.* **94**, 2372 (2014).
- [40] C. Zener, *Proc. R. Soc. A* **137**, 696 (1932).
- [41] C. Sangregorio, T. Ohm, C. Paulsen, R. Sessoli, and D. Gatteschi, *Phys. Rev. Lett.* **78**, 4645 (1997).
- [42] J. R. Friedman, M. P. Sarachik, and R. Ziolo, *Phys. Rev. B* **58**, R14729 (1998).
- [43] A. Fort, A. Rettori, J. Villain, D. Gatteschi, and R. Sessoli, *Phys. Rev. Lett.* **80**, 612 (1998).
- [44] F. Fominaya, J. Villain, T. Fournier, P. Gandit, J. Chaussy, A. Fort, and A. Caneschi, *Phys. Rev. B* **59**, 519 (1999).

- [45] D. E. Freedman, W. H. Harman, T. D. Harris, G. J. Long, C. J. Chang, and J. R. Long, *J. Am. Chem. Soc.* **132**, 1224 (2010).
- [46] M. S. Fataftah, J. M. Zadrozny, D. M. Rogers, and D. E. Freedman, *Inorg. Chem.* **53**, 10716 (2014).
- [47] R. Orbach, *Proc. R. Soc. A* **264**, 458 (1961).
- [48] R. L. Carlin, *Magnetochemistry* (Springer Verlag, Berlin, Heidelberg, 1986).
- [49] Y. Zhong, M. P. Sarachik, J. Yoo, and D. N. Hendrickson, *Phys. Rev. B* **62**, R9256 (2000).
- [50] S. McHugh, R. Jaafar, M. P. Sarachik, Y. Myasoedov, H. Shtrikman, E. Zeldov, R. Bagai, and G. Christou, *Phys. Rev. B* **79**, 052404 (2009).
- [51] E. M. Chudnovsky and D. A. Garanin, *Phys. Rev. Lett.* **87**, 187203 (2001).
- [52] S. Bertaina, J. H. Shim, S. Gambarelli, B. Z. Malkin, and B. Barbara, *Phys. Rev. Lett.* **103**, 226402 (2009).
- [53] R. M. Rakhmatullin, I. N. Kurkin, G. V. Mamin, S. B. Orlinskii, M. R. Gafurov, E. I. Baibekov, B. Z. Malkin, S. Gambarelli, S. Bertaina, and B. Barbara, *Phys. Rev. B* **79**, 172408 (2009).
- [54] S. Bertaina, S. Gambarelli, A. Tkachuk, I. N. Kurkin, B. Malkin, A. Stepanov, and B. Barbara, *Nat. Nanotechnol.* **2**, 39 (2007).